

# Word of God

Acquiring The Virtues

A selection of godly proclamations received  
through the 'Inner Word' by Bertha Dudde

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Please take special notice of the fact that God's Words addressed to us are non-denominational. The contents of this publication by no means intends to attract members of any Christian religious affiliation nor to recruit members into any other religious affiliation. Its sole purpose is to make the present-day Word of God accessible to all people.

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## God's address is a great grace....

B.D. No. 7777

December 20th 1960

**T**he grace you receive is immeasurably great when you hear My direct address from above, when you are called to hear the father's voice Who wants to testify to His love for His children.... This grace is immeasurably great, for all of you humans are still far too distant from that degree of love which justifies such an address, which makes you worthy to hear Me Myself.... But My love for you is also immeasurably great, and it expresses itself because it cannot help but give itself away, but to make the one happy who is still in adversity and misery. And you humans are in this adversity, you are in danger of getting lost, i.e. of languishing at a distance from Me for an infinitely long time again, when you have already come so close to Me that you only need to cover a short distance in order to reach Me. Yet this knowledge is alien to you if you are not informed of it through My love.... And whether you then believe it is still a matter of your own free will.... For you yourselves determine the path you take until the end of your earthly life. But whatever I can do to guide you onto the right path I will truly still do so that you will not get lost. And therefore My love is constantly concerned about you, and it expresses this concern in the direct address.... The father does not cease to admonish and warn His children, to instruct them and to make His love known to them in every way. For I don't want you to get lost, I want you to be blessed and only ever increase your bliss.... I want to win My children for Myself who were already eternally distant from Me. Yet this is difficult because **free will** must remain with you, otherwise My **might** would have reached its aim long ago but then you would never be able to attain the perfection which free will can achieve.... And thus I want to tell you that My love will never stop helping you to walk the path to perfection.... I want to tell you that My love is too great to give you up.... And if I don't achieve it in one redemption period, then I will certainly achieve it in several, but I will reach the aim of once being able to draw you to My heart as My 'children' in all perfection.... But to you, My living creations, I want to shorten the duration of your return to Me, because you will have to travel difficult, thorny paths until you have reached the aim if you misuse your will again and disregard My great gift of grace.... you **cannot** be lost if you make use of My grace.... You cannot go astray if you let yourselves be addressed by Me, if you willingly listen to Me, if you let My words go to your heart and then lead your way of life according to My word. Then I will recognize your good will and I can take care of you Myself and be your rightful guide on your earthly path. I want to grant you every help, I want to guide your thinking correctly, I want to create all opportunities for you to serve with love.... I will provide you with spiritual nourishment so that you will muster the strength to ascend. And thus I manifest Myself to you in an unusual way, I truly bring you bread from heaven, I Myself descend to you in the word, I make My presence so clear to you, and your faith could become so alive through it if only you lived in love at the same time and were thereby receptive to My direct address.... But I want to prove Myself to you, for you need such powerful aids in your spiritual adversity, and I truly do not hold back because I want you to recognize Me, because I want you to experience My love, wisdom and might, which will be revealed to you at any time if only you **want** Me to reveal Myself to you. Just believe that you were created by a 'power' and try to make contact with this power.... and truly, It will reveal Itself to you and you will also be allowed to experience Its love and wisdom, for I want My living creations to learn to love Me, because then they will also strive towards Me and I will then certainly achieve My aim that they will reach perfection and return to Me as My children, from Whom they once originated....

## The soul's realisation what it once had been....

B.D. No. 8401

February 3rd 1963

I only ever want you to think about the fact that you are of divine origin.... and that you therefore should regard yourselves as sparks which were emanated by Me Myself, which will eternally remain that which they had been.... divine living creations of the same fundamental substance as I Am, even if they changed their own nature and turned into beings who deprived themselves of all divine characteristics. However, this state will not go on forever but will also change again, so that their fundamental nature will surface.... so that they will create and work like Me in all perfection again, so that they will develop into My image again and remain that way forever. If you consider the fact that I Myself Am your origin.... that the highest and most perfect Being created you through its love, then you should tremble and have no other desire but to become again what you were in the beginning.... And your subsequently recognised imperfection and weakness should make you feel profoundly humble and motivate you into sincerely praying to Me for help to become the same again so that you will be able to join Me.... And truly, you will receive an abundance of blessings, for this resolve will open your heart to Me and I will be able to permeate it with My strength of love, which will enable you to change yourselves and to adopt your fundamental nature once more. You should only ever remember that you came forth from Me Myself.... that you are and will remain My Own, because I never relinquish that which belongs to Me.... Even if it voluntarily turned away from Me and remains opposed to Me.... you are and remain My strength of love which once flowed forth from Me and which will irrevocably flow back to Me again one day, because this is the law of eternity.... Nevertheless, your own realisation of your origin would shorten your path of return, for once you recognise yourselves as divine living creations you will have taken the first step of coming back to Me, for in the past you did **not** want to acknowledge Me as your God and Creator, and that was your downfall.

It was pride which made you assume that you can do without My flow of strength and which therefore caused your state of unhappiness.... If, in earthly life, you are aware of your divine origin then you will also know that only in association with Me can you receive strength and light again, that you can only regain your divine characteristics through being illuminated by My light of love and that it is not impossible to re-enter your original state, that you can truly become as gods, as you were intended to be in the very beginning. If, however, you only look upon yourselves as people living on earth without a purpose and goal, as creatures which, like other creations, populate the world and are transient, then you are spiritually utterly unenlightened and the path of your final return to your starting point, to your God and Father of eternity, will still be infinitely long, then you will not recognise any meaning or purpose of earthly life, you will only be earthly-minded and you manifest this completely wrong nature yourselves through your wrong attitude towards Me, your God and Creator. Recognise only yourselves and ask yourselves every so often what might form the basis of your human existence.... Think about what you are and where you came from.... Don't consider yourselves so inferior that you will vanish again into nothingness when your body dies.... For then you will even deem yourselves less than an animal which is **unable to think**, since you don't use the intellect given to you. And your free will and your intellect alone should be proof to you of a Power Which created you and Whose creations testify to supreme wisdom.... And this Power will truly not externalise from Itself something that is imperfect but beings of utmost perfection; yet you humans are not aware of the fact that you are these beings which fell away from Me, and therefore I keep informing you of this apostasy and My loving care to encourage your voluntary return.... And therefore I only try to stimulate you to think about yourselves, as to what you are and why you live on earth. You should consider what a wonderful work of creation you are, how intricately your body is structured and how supremely wisely its functions are arranged; by this alone you would have to recognise that you are of divine origin, that your Creator must be a supremely perfect Being Who

externalised living beings from within Himself with the ability to think and want and which therefore must be destined to be something else than to just live as a human being on earth and to comply with earthly demands only to cease to exist again afterwards.... And if only it made you realise that your life on earth must have meaning and purpose, then you would make an effort to discover it, so therefore your ascent would also be assured, for then you would live responsibly and one divine characteristic after another would emerge in you again, because your fundamental substance is divine strength which strives to manifest itself.... In that case you will also look for unity with Me and thus offer Me the opportunity to illuminate you with My strength of love once more, and then you will be that again which you were in the beginning....

Amen

Translation handled by Heidi Hanna

## **The human being is not a product of coincidence by a Creative Power....**

B.D. No. 8943

February 25th 1965

**T**he human being with all his vices, flaws and afflictions is easily inclined to believe that he was created like this by God, if he believes at all to have originated from Him. Yet this Creator would have to be denied all love and wisdom which motivated Him to create humans (beings); for in this case every person would merely be the product of a Being which is imperfect itself, which created the human being (the being) as a whim but which cannot be accredited with supreme perfection. Someone who is able to entertain such thoughts at any time is utterly unenlightened; he has formed a completely wrong concept of his Creator, for the existence as a 'human being' is only the stage of an infinitely long process of development but, at the same time, it is the most important stage, for during this time the being has to make its final decision of will in order to achieve its original state again in which it was once created.... You all need to know that your origin from the supremely perfect Being had likewise been a state of supreme perfection.... and that the state you are in **now** was created by yourselves, which was therefore **not** the **work** of your Creator of eternity.... You all need to know that it is only an intermediate state which you caused yourselves as a result of reversing your will but which you can change again into your original state if your will is likewise prepared to change. And therefore you have to fight against all your vices and flaws, you must try to change yourselves and create a state in which you transform all your flaws into virtues, in which your God-opposing relationship undergoes a change which will bring you close to Him and you approach the original state once more in which you once emerged from Him. You cannot look upon your human existence as a concluded life, you must always know that there was a 'before' and that there will also be an 'after' but that you, during your life as a human being, must make a decision as to whether you want to be free from every form or whether you want to fall back again into a stage which you had already overcome a long time ago.

But don't believe that you are a product of coincidence by a Creative Power Which arbitrarily externalised beings from within Itself which are more or less tainted by various flaws and vices.... believe that this Creative Power has to be accredited with love and wisdom of highest perfection and that It created you for a purpose.... to radiate Itself, that is, Its love, into Its created beings which, however, was prevented by these beings themselves.... thus, they rejected this love and thereby changed into the opposite.... into the beings which you are now as humans.... yet always with the goal to achieve your past nature again. And thus you should consider your time on earth merely as a passageway, consider it as a divinely planned designated return into your actual state, since you emerged in supreme perfection from the Creative Power. And you should know that you must make every effort during your earthly life in order to fight against all bad habits which prevent you from entering into unity again with your Creator of eternity, Who wants to be your Father, but that you will be infinitely happy if you succeed in changing, if you allow this change into love and by doing so may take possession of your Father's ray of love again, Who bestows this bliss upon you. For this is your only goal, to once again become what you were in the beginning.... supremely perfect beings, as they were when they came forth from God....

Amen

Translation handled by Heidi Hanna

## Divine attributes

### God's essence is love....

B.D. No. 5511

October 19th 1952

I want to win your love because then I will have won you completely for eternity.... But you will only love a being Which you know and learn to recognize as lovable, Which appears perfect to you and Which inclines Itself towards you in love. And therefore I try to convey a true image of Me to you, I try to awaken your faith in My greater than great love for you, I try to enlighten you about the fact that you once came forth from Me, that I am therefore your creator and father from eternity. I seek to impart knowledge to you in order to stimulate your will to act and strive in accordance with this knowledge, for without certain knowledge you cannot become active yourselves. Only the knowledge of your outcome and your aim determines your will and your thoughts. But I do not only want to be acknowledged as that Which I am, but I want to be loved.... Obedience out of a sense of duty is not enough for Me, because only the union in love triggers beatitude and therefore I always and constantly court your love. If you now recognize Me in My perfection, which signifies love, wisdom, power, mercy, patience, justice in the highest degree, love for Me will also flare up in you, for as once divine beings yourselves all these qualities are within you, albeit still unresolved, since you pushed them back of your own free will due to your former fall into sin. But if knowledge is imparted to you, knowledge which gives you information about your actual relationship with Me, your God and creator of eternity, then you will also learn to recognize Me as **God....** But as soon as love flares up in you, you will recognize Me as **father** and come to Me of your own accord with great desire. And I want to gain this love in order to make you eternally happy with My infinite love. For this reason I do not leave out any person on earth and approach everyone.... I want to direct his thoughts to the one to Whom he owes his existence, and then I want to influence his thoughts and will with My love, I want to draw him to Me and yet not touch his free will. And thus I will speak to him and My word shall bring him knowledge if he only listens to Me willingly. My word teaches him love for Me and his neighbour. He often cannot muster love for Me as long as he does not know Me well; but he knows his neighbour and should give his love to him.... I want to encourage him to do so, and if he complies with My suggestion love for Me will come of its own accord, for then he will already feel Me, Whom he has not yet recognized correctly, within himself, his thinking will be clear and in accordance with the truth as a result of love for his neighbour, and through correct thinking he will then also gain a correct image of Me and turn to Me without reluctance, he will mature in knowledge and thus also mature in love.... And I have now won him over for Me, for he who has once recognized Me will not let Me go, just as I will not give up on him who has taken a step towards Me of his own accord.... I long for My children's love and will never cease to woo them, for the father's love wants to give, the father's love wants to constantly make people happy, but it has to be reciprocated in order to be perceived as happiness.

Amen

Translation handled by Doris Boekers

### God's infinite love and patience....

B.D. No. 6572

June 14th 1956

I must have infinite patience towards you humans, for you do not reward My great love for you in such a manner that you live according to My will.... You constantly oppose My eternal order, you violate My commandments of love, you do nothing to earn My pleasure. You live completely wrongly on this earth, you do not make use of the short earthly life in order to change, and you constantly obey



the wishes of the one who is My adversary.... And if I wanted to be just then I would have to leave you to your fate, which you have chosen voluntarily.... But My love is infinite and so is My patience with you, who are wretched and would remain so forever if My love and patience did not take pity on you and thus not look at the length of time when you resist Me. Therefore I permit of your activity and do not annihilate you, for you are My share.... My love created you and My love will not let you cease to exist again for ever.... And what I fail to do in a certain redemption period, because your free will is decisive, I will nevertheless succeed to achieve one day, for in My patience I always create new opportunities for you to mature, and no matter how depraved you are.... even if you are still devoted to My adversary with all your senses, I am not angry, but you only move Me to pity, I only see your weakness and inability to free yourselves from that one by your own strength, and I come to your aid.... Only I cannot snatch you from him **against** your will, but I will not slacken to influence this will without using force. And this is an undertaking which requires utmost patience and perseverance.... You often put My love and patience to a hard test, yet I am Love Itself, I cannot condemn you because you are Mine and because the counteracting force still determines you too much to contradictions, for My adversary does not leave you to Me without a fight, and therefore you still succumb to his influence too easily. You certainly did not need to fall into the abyss, for once you possessed strength and also light, i.e. realisation, and you voluntarily turned away from Me.... And this sin weighs upon you, but even this great sin has not diminished My love for you, but it is the cause of your present unhappiness.... it is the cause of your weakness.... And therefore I brought you redemption from this guilt for the first time.... which, however, requires your free will again. You can never return to Me again unredeemed, yet My adversary has lost all power over you as soon as you only want to become free **yourselves** and call upon the One Who redeemed you: Jesus Christ, Who died for you on the cross.... But as long as you reject Him, you remain under the sway of the adversary.... For this reason his mind is constantly directed towards presenting Jesus Christ's act of Salvation to you humans as implausible, to deny Him Himself, thus to prevent you from taking the path to Him.... And you humans willingly follow His influence, you defy Me through your behaviour, you keep adding more and more sins to the great sin of old, because you live completely contrary to My order from eternity, because you disregard the commandments of love which the man Jesus taught you in order to help you rise from the depth to the height.... As long as you reject Jesus Christ and His act of Salvation there is no will in you to turn back and take the path to Me, and despite greatest love and patience I cannot save you from the abyss.... precisely because you do not call upon Me in Jesus Christ.... nevertheless I do not relinquish you, even if eternal periods of time pass by, for I do not repay evil with evil, I do not strike the fallen with eternal darkness, I do not condemn but seek to redeem.... I want to fill the unhappy with bliss, I want to give light and strength to those who are weak and darkened in spirit, I want to free those who are bound.... But you yourselves decide upon the time when this is possible.... You cannot be forced to love, to return to Me, therefore I solicit your love with untiring patience, and I will never slacken to pursue you with My love until one day you voluntarily turn away from My adversary and take the path to Me, until I can draw you to My heart, until you have given up all resistance and want to be and remain Mine forever....

Amen

Translation handled by Christian Taffertshofer

## God's mercy....

B.D. No. 6352

September 11th 1955

**Y**ou all experience God's kindness and mercy, for His love is never-ending and applies to all His living creations which suffer hardship but still resist Him and therefore would actually have no right to be loved by Him.... on account of which God's mercy remembers them in their distress. He cannot be angry but only be willing to love, forgive and help.... No sin is so great that His love would not want to absolve it and only His righteousness has to maintain a certain order, in view of which God cannot make His creatures blissfully happy as long as they still openly oppose Him.... However, He does whatever it takes to overcome their antagonism, in order to then be able to give Himself in

abundance.... Thus God does not condemn, even if the measure of sin is overflowing, but full of compassion He looks upon the sinner and pours endless blessings upon him, so that he will change and voluntarily turn to Him in order to find complete forgiveness with Him. For God Himself is Love, and love cannot be angry as it only ever tries to give happiness. God is a merciful Judge to every soul, i.e., forgiveness can always be expected from His side.... because His love is never-ending. Only if the soul itself objects to it then it will challenge God's righteousness.... because it is the law of eternal order that opposition renders God's love ineffective and also makes every act of compassion futile. And therefore God's greatest care only ever applies to the human being's change of will, which subsequently enables His mercy to intervene when a soul has fallen and is unable to lift itself up again on its own.... Then it will receive help which, admittedly, it does not deserve but which it will not reject either.... Then it can become blessed due to grace.... for the merciful love draws towards all wretched beings. But only He is compassionate Who knows about the endless misery of those who languish in the abyss.... And only the person who knows the fate of the fallen souls can feel compassionate, even if he is emotionally unable to assess it. Yet the knowledge of the fallen beings' wretchedness can also awaken profound compassion in him, and if he thus, in merciful love, supports these souls which are far away from God.... if he appeals to God to help these unhappy souls, then his merciful call for help can overcome the resistance in these souls, because they feel the petitioner's love and become more compliant....

For merciful love is valued very highly on God's part, it is, after all, a sign of the soul's higher maturity, a sign of a human being's true love, which can never remain ineffective. God takes pity on every soul, and everything would truly be redeemed from the abyss already were His merciful love unhesitatingly accepted.... Yet it remains ineffective as soon as it meets with resistance. Hence every state of adversity, every misery has not been imposed on the being by God but was aspired to in free will, against which even God's mercy cannot undertake anything but merely continue influencing the person's will so that he will change and clear the path for the merciful love, so that the being will allow itself to be seized and lifted up by it. Every act of Salvation is an act of compassion, because the being shall be redeemed from self-inflicted adversity.... where righteousness should impose punishment were mercy not to express itself first and make a final attempt to break the opposition.... Nevertheless, in the case of opposition even mercy will be to no avail, and then justice will consider the being according to its resistance.... God's love will never end, and this love tries to save all wretched beings, and His mercy will time and again draw down to earth and gather those who let themselves be seized by it, and no being will be able to resist His greater than great love forever, for it is very strong, and one day even the hardest heart will be melted by this strength of love, and it will voluntarily surrender to Him in free will and be eternally happy....

Amen

Translation handled by Heidi Hanna

## God is good and righteous....

B.D. No. 5212

September 15th 1951

**I** Am a good and righteous God, and time and again My kindness and mercy will be experienced by you humans if you have done wrong, although I cannot disregard anything sinful.... yet I take all your weaknesses into account, I do not judge you humans as I **once** judged you when you had been perfect; for now you are imperfect creatures without correct realisation and of weak will. Nevertheless, I must urge you to regain your perfection. I must reproach you for your sins, I must inform you of what is right and what is wrong, what corresponds to My will and what you should do in order to become perfect again. And therefore I cannot ignore any transgressions either, although I look upon them through the eyes of clemency and mercy. For you **need** not sin even if you are weak, because you can use My strength and grace which is at your disposal. Thus I have to remind you to always request My strength, to appeal for My gifts of grace and not to go through life without imploring Me for support. I Am good and righteous.... therefore I cannot abide you acting wrongly but have to confront you with injustice until you have recognised it as injustice and endeavour to think

and act righteously. You must recognise sin in order to avoid it and I want to help you in this, for I Am a good God, a God of love and not a God of wrath Who punishes when His living creation has transgressed....

I Am a Father of My children, and a father wants to win his children over with love. All the same, He cannot overlook the injustice due to false love, because this will not lead the child to perfection; perfection, however, is the human being's ultimate goal on earth. Let yourselves be drawn and educated by Me, also humbly accept a reprimand, for it is just a means of making you realise a wrong action in order to subsequently avoid it. And always keep to My commandment of love.... Then you will also conduct yourselves in a good and right way.... be kind and merciful yourselves and don't judge heartlessly; try to emulate Me in everything, My patience, gentleness, humility and peacefulness, and if you are at risk of failing call upon Me for help, for strength and grace. And you will receive it whenever you appeal to Me for it. Only I know your weakness, your spiritual hardship and also your will.... I Am a God of love, I Am a Judge Who is full of forbearance and tries everything in order to change you before His judgment of you.... You only need to direct your will towards Me so that I can help you if you become weak.... Then I will always let kindness and mercy prevail, even when you have done wrong....

Amen

Translation handled by Heidi Hanna

# Recovery of the divine attributes

Divine qualities in man.... Proof through Jesus Christ....

B.D. No. 5501

October 6th 1952

**H**idden powers rest within you which you only needed to bring to light in order to be able to create and work in an unusual way. You are of divine origin but you no longer know anything about it, you gave up all your divine attributes when you fell away from Me in time immemorial. But your original nature is divine and only needs to emerge again, which alone is given into your power and into your will. Your will remains free, and it can mean both abundance of strength as well as lack of strength for you, for your will determines your attitude towards Me, and thus also towards the love within you. Love releases all bound forces in you; love lets all divine attributes in you emerge again; love is strength and light in itself; and therefore, all lack of strength and all darkness will depart from you humans, and you will be able to work with strength and wisdom. There are limits to the human being's ability as long as he is only what he was at the beginning of his earthly existence.... a being closely connected to matter, which is still completely in the darkness of spirit. His abilities can develop naturally, they can also become particularly prominent in connection with lower forces, if a person obviously surrenders to satanic influence.... But they can also take a striking upswing through connection with the good spiritual world, powers can unfold that far surpass human natural abilities. And yet it is particularly that state which would only be **natural**, because the primal abilities which characterize your own being, the divine origin, come to the fore.... Everything will then be possible for a human being, he can work **beyond** human strength, he can right everything that is wrong.... he can heal the sick, work miracles, speak in wisdom, he can look into the realm of spirits, connect with them in the most natural way, he can place himself wherever he wants at any time, he can see through people, past, present and future are visible to him.... he can do everything that is only possible for a God, for he is My child, he is a divine creature who harbors **all** abilities within himself.... And all these divine qualities lie buried in the human being. He torments himself and struggles during his earthly life, he is blind in spirit, he does not know what he is capable of with the right attitude towards Me, with a way of life in love.... The man Jesus has certainly shown mankind what a person is capable of, who brings love to its highest development within himself. Yet, how few take Him as an example, how few follow Him.... how few therefore transcend the boundaries of the natural and can work supernaturally in supreme bliss.... These powers lie dormant in all of you and want to be awakened; you can all unearth treasures that make you happy, you could all change the pitiful state of your human existence into a supernatural.... For you all could work and create like gods, if you only wanted to do one thing: to shape your heart into love.... For love is proof of God, love deifies everything, love is the strength which makes everything possible for you, which unites you with Me so that you can make use of **My** strength, for which nothing is impossible.... But without love you are bound, without love you are blind in spirit; thus, without love, you are without strength and light, and therefore ungodly. Yet you are beings in possession of free will, and therefore you yourselves determine your state, you yourselves decide to whom you turn: to the prince of darkness, who makes you wretched, or to Him from Whom you emerged in light and strength....

Amen

Translation handled by Sven Immecke

**Y**ou came forth from the power of the Most High.... And therefore this strength must also be present in you, because you are basically the same as He Who created you. But as human beings you are anything but powerful, you are weak, dependent beings who are subject to the laws of nature and cannot overturn these laws by yourselves. And yet you are of divine origin.... You can only believe this, for it can only be proven to you if you make an effort in faith to call upon God's strength in your weak, powerless state.... Only this is necessary in order to then also be able to perceive a constant change in your being itself, for you will then be able to recognize all signs of a divine origin in yourselves again, you will develop abilities which prove that divine origin, and your initially imperfect being will be able to achieve a perfection still on earth which is very clear evidence that you once emerged from the most perfect being. You yourselves have all those divine qualities within you but you had repressed them, they could no longer express themselves, you were deprived of all divine strength through your own fault, you became powerless, imperfect beings.... But you can also transform yourselves again into highest perfection, you can have unlimited strength at your disposal if you only strive for one thing: to re-establish the connection with the one Who created you.... With Him you are powerful and full of light, without Him you are weak and surrounded by darkness. And you got into this state due to your former turning away from Him, which is why you have to seek unification with Him again. Your creator is the original source of strength.... Union with Him therefore means being in the midst of the flow of strength which permeates everything and no longer allows any weakness to arise. If you humans are now aware of your state of weakness you should not let yourselves be idly overpowered by it but turn to Him Who has placed you out of His strength but Who also demands your union with Him in order to be able to flow through you with His strength. For your state of weakness is by no means **His** work but your own fault, and thus you must also long for strength of your own accord and desire to receive it from where it originates.... from your God and creator of eternity. You should not hesitate for a moment, for the emergence of divine attributes will make you immeasurably happy and you will not be able to understand why you held back from conscious contact with Him for so long. You resign yourselves to your weakness where you could be exceedingly powerful; you subordinate yourselves to the laws of nature where you could be master of them yourselves; you are content with your own vitality, but you do not make an effort to acquire back the former divine strength, which only requires your free will. As originally divine creatures you knew no lack, neither of light nor of strength, and you were blissful in abundance.... As human beings, however, you cannot be called blessed, precisely because you have lost strength and light.... And yet you could prepare yourselves for bliss again by only turning in free will back to where your origin was.... to God, Whose nearness irrevocably takes effect in an influx of strength which makes you divine creatures again, which you were in the beginning. But since this change back is a matter of free will you can only be informed of it, a knowledge which you can believe but also reject as unbelievable. But you can provide yourselves with the proof of this, for every human being can establish the connection with the eternal source of strength, and then all divine characteristics will emerge again, every weakness will fall away from the human being and he will be able to achieve seemingly supernatural things, yet in truth only his original nature will emerge again, for he once came forth from the original source of strength and therefore must also be strength in himself and now be able to work with this strength as soon as he has reconnected with the original source of strength.... God Himself....

Amen

Translation handled by Doris Boekers

## Way of life in peacefulness, gentleness and patience

### Admonition to unite.... Peacefulness.... Love....

B.D. No. 0548

August 16th 1938

**Y**ou, who are in contact with each other on earth, should learn to get on together.... you should respect and love each other, you should share your worries and make an effort to muster mutual understanding, all of you are, after all, your Father's children, all of you are a small part of the eternal Deity and therefore you are all the same living creations of His love.... And if you deem yourselves entitled to consider yourselves better than another you will hardly be pleasing to God, for it will become a stumbling block for you on your path to perfection. You must establish a relationship with each other which corresponds to God's will.... You will truly reap far more love where you sow love, and every heart you meet with love will lovingly turn to you. It may mean overcoming yourself each time, yet the advantage for your soul is extremely valuable. Neighbourly love should be cultivated and never be neglected or even disregarded, for your own strength will grow to the same extent as you consider your neighbour. Therefore, don't let discord arise between you, live in love and strive to balance everything with love, and don't offer the other person any reason for unkindness. Your whole nature should become pure love; hence, you must also take care to always give love in order to receive even more. And judge not, so that you will not be judged.... Time and again you should bear these few Words in mind if you run the danger of making judgments about your fellow human beings.... Everyone has faults and weaknesses, and many don't even recognise themselves and therefore treat others arrogantly, yet anyone who practices gentleness will also approach such fellow human beings with the greatest patience and peacefulness and leave the responsibility of judgment to the Lord, for He alone will make sure that these, too, will recognise His power and bear the last burden of their lives with profound humility.... Yet you yourselves only ever ought to fulfil your task with greatest love, which consists of uniting with each other.... of overlooking another person's flaws and only aiming to serve the Lord in everything you do, so that you will establish a relationship which only serves the purpose of proclaiming the kingdom of God to your fellow human beings.... and all your efforts will be successful if you only ever make true love your driving force. If you make an effort to give love, it will fall on good ground and awaken love in turn.... yet love can never thrive in discord but provide the evil power with ever more influence.... For that reason, try to abstain from all unkindness if you want to unite yourselves with the One Who is true Love Himself....

Amen

Translation handled by Heidi Hanna

### Gentleness and patience.... effect on fellow human beings....

B.D. No. 1910

May 10th 1941

**I**n order to educate himself to gentleness and patience, the human being should visualize his fellow human being's soul, which is in dire straits due to the human being's wrong will; and he should now be willing to help this soul. You humans should always imagine the soul's imprisonment, then you will face these people full of compassion and try to influence them with all love and patience in order to cause their will to loosen the soul's fetters and thus give it greater freedom. Impatience and vehemence, however, strengthen the wrong will and the soul gets into ever greater trouble. For good and loving endeavours always awaken good impulses in a fellow human being, and only in this way can he be helped in the distress of his soul. And the soul thanks all those who help it to loosen the fetters, for it now becomes increasingly easier for it to determine the will for good, while the shell around the soul thickens if the fellow human being meets it in unkindness, because such only causes

obduracy and likewise unkindness. If the soul feels a slight loosening of its fetters, its resistance to that which is good also diminishes. For the shackle is the power of the adversary, but it can be weakened by the will to do good. If a person is shown love and patience, his will will also turn towards the good, for everything that has love as its cause is good for him, only he must also recognize love as such. Impatience and vehemence will never suggest love and therefore likewise trigger agitation in the fellow human being. This causes great distress to the soul. But you have the opportunity to remedy such hardship and, through your nature, through love, kindness, patience and gentleness, to trigger soft emotions, thus contributing to the soul's liberation from evil violence....

Amen

Translation handled by Doris Boekers

### **Patiently bearing the cross....**

B.D. No. 6149

December 30th 1954

**E**very person receives the cross he needs to help him attain full maturity of soul.... But it is truly not My will that you should be burdened too much, nevertheless, its weight corresponds to your free will. You can make it more difficult for yourselves if you oppose My will or easier as soon as you follow it. As soon as you carry your cross patiently, its weight will begin to seem less; if, however, you rebel against it, it will seem even more of a burden to you. Taking the path of the cross on earth is necessary for your soul until it's willingness to love no longer lets it feel suffering.... until it is even grateful for the small cross I have imposed on it and which it recognises as a Godsend and thus carries it patiently and without complaining.... Keep in mind that I Am aware of everything that burdens you, hence I also know what is appropriate for your soul's maturing.... And humbly accept that which is yet to come upon you and which must come upon you because the end is approaching and only little time remains left for your soul's perfection.... Bear your cross humbly, for it is an assured path towards ascent, and you can ease your own burden if you entrust yourselves to Jesus, the bearer of the cross, and appeal to Him for support.... Whatever I impose upon you is not so heavy that you will break down under it.... For I do not burden anyone with more than he can carry, but whether he wants to endure it determines how heavy he deems his cross to be.... The end is near, and that means that every human being's life comes to an end when the last day has come. But many are still far behind in their maturity of soul, and yet they can still reach perfection in a short time if only they seriously want it.... Their souls can still be purified through suffering and hardship, and everyone is offered this opportunity where there is the slightest prospect that it will be successful.... And I take their destiny into My hand and through suffering and sorrow lead them to the goal as long as they merely allow themselves to be led.... as long as they don't offer resistance, thus rebelling against their fate and distancing themselves from Me even further.... Bear your cross with patience, all of you, for it is simply the means used by My love in order to help you, in order to protect you from death, in order to be able to bestow life upon you.... Gratefully accept everything as coming from My hand, for nothing happens without My will, without My permission, and everything that is imposed upon you shall merely lead you to the One Who can help you.... Everything shall lead you to Me, I Am your Father of eternity and thus will also help My children as a Father in every adversity....

Amen

Translation handled by Heidi Hanna

### **Trials in old age.... Love and patience....**

B.D. No. 7217

November 29th 1958

**I** quite often have to admonish you to persevere with love and patience until the end of your life. These trials cannot be prevented if you want to reach the final pinnacle. And you consciously started your course of life with the resolve to complete it in order to achieve a degree of light which will turn you into blissfully happy beings. And as long as this path has not come to an end the trials will not end either, the triumph over each one signifies time and again yet another step of ascent. But

you don't have to be at all afraid of the last stage of your earthly progress, for you have formed a bond with Me and that means that I always walk beside you, even though you occasionally think that you are alone and abandoned by Me, Who is nevertheless even closer to you the more desperate the situation is in which you find yourselves.

And therefore you should always remember that love and patience have to be practiced by you at all times, that deeds of love give you the strength to achieve or overcome even the most difficult situation, that patience will give you inner strength, that it is a solid defence against the adversary who above all wants to unsettle your patience in order to create conflict and agitation in you.... a state in which he can then work more easily and successfully. Remember that you can master everything with patience, then you will be his master, and then you will also very soon sense My presence, although I had never left you.

If, however, your life proceeded completely uneventfully, without any tests, without any upheaval, your development would come to a halt and the remainder of your earthly life would be a waste of time, which you would regret one day in the kingdom of the beyond. For every person will naturally find it more difficult towards the end of life, consequently their spiritual achievements will be far more valued, after all, they require greater will and effort than is the case with more robust people who are still in the midst of their vitality.... And remember that every day that is still granted to you on earth is a blessing, for you can work towards your salvation and will only be able to appreciate its value when you have entered the kingdom of the beyond. I surely know that it is an effort for you, and I will certainly also reimburse you with the just reward.... whereas you could not expect anything special if your earthly life proceeded uneventfully and did not require you to use your will or to demonstrate your faith. And when the last day comes you will thank Me that I granted you the blessing of a long earthly life, for then you can also assess the wealth you had been able to gather, providing you used the time on earth well. No matter what happens to you, I Am close to you.... Always remember this, then love and patience will prevail in you when you are tested by suffering and have to prove yourselves. But do not give your soul's enemy the right to control you by inwardly objecting and losing your patience.... for that is his weapon, to deprive you of your composure and to influence you, frequently with success. But if you stay calm and full of patience and humbly accept your fate then he cannot touch you, but I can be even more effective and truly will not leave you in hardship and distress, providing you always pass such tests and hand yourselves over to Me in complete trust of My help....

Amen

Translation handled by Heidi Hanna

## Frugality....

B.D. No. 7401

August 30th 1959

**Y**ou should already live a frugal life from an early age, since you will find it easier to overcome matter; you will not hanker after earthly pleasures and won't find it difficult to abstain from them for the sake of spiritual gain. But the more the greed for earthly pleasure is aroused the more the soul will have to combat it, for its cravings will always prevent its striving for spiritual values because it captivates its senses and they cannot easily detach themselves from material things which merely provide the body with a feeling of well-being but which are and will remain detrimental for the soul. Therefore, it is indeed advisable to suggest a certain amount of 'fasting' to people, but this fasting only consists of limiting everything that the senses avidly desire. The human being is not entirely forbidden from enjoying things, it is just that through excess pleasure he can damage himself by rendering these very senses unsuitable for receiving spiritual knowledge, while a 'conqueror', someone who can control himself and is satisfied with little, can easily be open-minded for possessions of a spiritual nature, because he is no longer hampered by matter but has subjugated it through his will. Frugality can never be damaging but can always be of use.... whereas an excessive amount is always harmful



and no person will ever take possession of spiritual goods who only satisfies his body's needs and cannot find the right measure.

As long as a person is in control of himself he can also be expected to open himself to spiritual influx; if, however, the body is excessively considered.... which means the fulfilment of all cravings.... then the person will close himself to spiritual influx, because there is no possibility for both since matter excludes the spirit, because two different realms offer their share and the heart cannot respond to both **at the same time**. Nevertheless, the human being has been granted a certain measure, for whatever the body needs for continued existence may be desired by the person and taken possession of.... Yet the less use is made of this measure the greater will be the soul's advantage, insofar as it will receive an abundance of possessions, which alone are of value, because they are everlasting and will be taken over into the kingdom, which alone is real and which the soul will enter when it detaches itself from its body and passes over into the kingdom of the beyond.... Then it will receive abundantly because it had been satisfied with less than what was at its disposal on earth.... Then it will no longer have to constrain itself, it will receive whatever it desires and it will receive much pleasure in eternity....

Amen

Translation handled by Heidi Hanna

## Way of life in mercy, justice and humility

### Compassion....

B.D. No. 6017

August 6th 1954

**Y**ou expect compassion from Me and should therefore also grant it those who ask you for it.... You should consider that you are all sinful and that My mercy and compassion protects you from the fate of going astray forever.... Consider, that My death on the cross was an act of compassion of immense proportion, for I took pity upon your adversity which was caused by your own fault.... I took pity on your weakness and your darkness even though they were the just consequences of your sins.... My love for you was greater than My righteousness, My love accomplished an act of profound mercy.... it took upon itself your guilt of sin and atoned for it. Hence, **you**, too, should practise mercy, you, too, should overlook your fellow human being's **fault** and only see the immense hardship he got into and help him to rise above it again, always remembering that you, too, experienced My mercy or have to lay claim to it if you want to attain forgiveness for your sins.... Your love must be so great that you dispose of all guilt in order to help your brother. Your compassion should start where justice would like to come to the fore.... because all of you, without exception, need My mercy in order to be redeemed from your guilt. An act of compassion is the evidence of genuine neighbourly love, it is proof of a gentle and sympathetic heart which may always count on receiving mercy from Me as well, for wherever I detect pure and unselfish love My love is always willing to help. Therefore, don't harden your hearts even if a rejection seems to be justified.... Practise mercy and act as you would act towards a fellow human being who innocently incurred destitution.... Grant him love and be willing to help him in every way. Try to ease his fate and know that you thereby awaken love in return and can achieve far more.... that, spiritually, you do him a favour too; for his soul will sense your love and feel urged to respond to it.... And where love is kindled, there is also hope for redemption....

Amen

Translation handled by Heidi Hanna

### Compassion.... Sick and weak people....

B.D. No. 1032

July 31th 1939

**T**ake care of the sick and the weak, and consider that they are suffering and need your help. You should be compassionate and constantly consider the welfare of these poor people, whose physical afflictions make their life intolerable, you should try to alleviate this suffering and selflessly help them at all times. This is pleasing to God, and since you are all children of God, one shall also be concerned for the other and not allow heartlessness or indifference towards your fellow human being arise in you. How often do people pass by the sick and the weak without offering them a comforting word, it is very depressing for these sufferers. They are helpless in their state and grateful for every word granted by love.... And how often do they have to go without because no considerate word is spoken to them. They are lonely, and their soul is seized by profound sadness, for it hungers for love and is only scantily considered....

And the Lord teaches compassion.... and promises eternal bliss, for compassion presupposes love, and only a labour of love will bring salvation to the soul. Compassion is purest neighbourly love, for it wants to help and expects nothing in return.... A person can be ailing in body as well as in soul.... and bringing him help is always inexpressibly valuable.... speaking words of comfort to the physically weak and offering the psychologically sick and frail the right remedy out of kind-hearted neighbourly love.... For the body's suffering will come to an end one day but not that of the soul unless it is approached by active neighbourly love bringing it help to escape its adversity.

The weak and ailing person, however, needs twice as much support, for the body's weakness often also lets the soul descend into helplessness, and it can only be helped by selfless love which, as it were, awakens the soul from its lethargic state and thus stimulates it to take care of improving its condition. Then the human being will also bear his physical suffering with patience, if only the soul has come to the right recognition on account of its fellow human being's active help which supported it during its adversity.

Any actively compassionate person can bestow untold blessings, for the earthly child will feel this both earthly as well as spiritually, and the thus considered person will have to feel relieved and, on account of the spiritual strength which shines across with every deed of love, turn his gaze upwards. And thus will love and compassion for sick and weak people result in twice as many blessings.... It will help to improve the physical condition of the sick and weak and simultaneously be extremely beneficial for the soul, and therefore, don't forget to grant them your help and kind-hearted sympathy, lift them up physically and spiritually, and thereby also let their time of suffering become a time of spiritual maturing for them.... and the Lord will bless those who are full of compassion towards their suffering fellow human beings....

Amen

Translation handled by Heidi Hanna

### **Merciful intercession....**

B.D. No. 7132

May 27th 1958

**D**o not demand mercy from Me if you deny the same mercy to your fellow human being who has transgressed against you. For no human being is sinless, every individual is dependent on My mercy that I show it to him despite his sinfulness.... And thus I have to show mercy everywhere, just as you should do the same towards those who need help rather than harsh judgement if they are to recover in their souls. Again and again I have to emphasize that all of you humans are oppressed by My adversary.... Admittedly, every individual can defend himself against it by calling upon Me, Who certainly also has power over this adversary and also uses it when a person faithfully and trustingly appeals to Me for protection and help. But he often approaches people under such a mask that they are unable to recognize him and therefore also get caught in his nets. This is certainly also their own failure because they are of dark spirit and do nothing to kindle a small light in themselves, and they will also bitterly regret this failure one day, for they take the darkness with them into the spiritual kingdom and yet could just as well have reached the light in earthly life. But My grace and mercy will always help them, both on earth as well as in the kingdom of the beyond, I will not condemn them but only ever try to release them from their pitiful state. And you should all be mindful of this, you should act in the same way, and your fellow human beings' weaknesses should trigger a hot compassion in you, you should fear for their souls and want to help them, which is also possible for you through intercessory thoughts or prayers, through the allocation of strength of love which will beneficially touch those souls. You must wrestle with My adversary for such souls.... and you will be stronger than him as soon as love moves you to want to help the soul. And so that love flares up in you for such unhappy souls which the adversary keeps captive, you should imagine that he will not release it for a long time once it has been deprived of its body and entered the dark kingdom of the beyond where it lacks all strength to resist, where it is completely under his control. Even then a person's love can still wrest such souls from him, but as long as the human being still stays on earth the strength of intercession can still result in a change of his thinking, and he can still work on himself and come to the realization of his weaknesses and faults. And this realization alone can save him from the lot of darkness in the kingdom of the beyond. Show mercy to all those who are misguided and try to guide them onto the right path. And if you do not succeed in this, then pray for them, but do not abandon them to the enemy who brings unspeakable torment upon those souls from which you can deliver them through your loving intercession. I hear every merciful call and for the sake of your love I am also ready to help. But if such a soul is left to itself it will become ever more entangled in satan's nets without recognizing it itself, because it is completely blind in spirit and does not accept the light itself

which could shine for it on the earthly path. For it is precisely the adversary's weakness of will which he seeks to maintain, and this can only be remedied through an influx of strength which loving intercession will always give to the soul.... Do not underestimate the power of intercession.... What a good orator cannot do, loving intercession can achieve.... And therefore I urge all of you to include these souls walking in darkness in your prayers, to show them mercy, for they are poor and miserable and can only receive the gift of strength through loving remembrance. Always regard the adversary as your greatest enemy and help them to become free from him, and you have truly accomplished a work of love for which those souls will thank you forever....

Amen

Translation handled by Doris Boekers

## Justice....

B.D. No. 7326

April 5th 1959

**J**ustice will also be done to the righteous in My kingdom, for anyone who thinks and acts righteously on earth can also expect a judgment for himself from Me which will fully satisfy him. Every person should do his fellow human being fullest justice, and this means that he should treat him as a brother with whom he shares everything he has been allotted by the father.... He should treat him justly, i.e. as it is in the spirit of the father, Who loves both children equally and never wants to see one set back before the other. And this applies in particular to spiritual possessions which are necessary for people to mature their souls.... Earthly justice should also be shown to the fellow human being by never taking advantage of him or unjustly causing him harm. Yet earthly it cannot be avoided that people receive earthly goods in different ways, because this is based on My eternal plan of salvation, that the individual people's different situations in life serve to increase their mutual will to help and that voluntary giving or voluntary helping are works of unselfish neighbourly love which has to be practiced on earth for the purpose of their own perfection. Yet **spiritually**, helping one's fellow human being signifies even deeper love for him, after all, everyone shall be led back to the father, after all, every person shall find the path to Me. And therefore every person should regard the other as his brother who has the same right to be accepted again as My child, and no person should believe that he alone is entitled to this right. And everyone should help his brother to mature spiritually, even though the will first has to be ready for this. But the human being will have shown justice to his fellow human being if he first provides him with the means to reach perfection. How he then uses the evidence of his love is his own responsibility, but the reward of the righteous is certain.... he will be rewarded by Me in the same way, he will be given as he himself has given out.... And thus righteousness is a work of neighbourly love, that every person should be provided with what he does not possess himself but which is necessary for his salvation.... And the human being, who is allowed to enjoy it, should justly think of his brothers who are not in the same situation, and he should supply them spiritually and earthly, because he himself is also supplied by **Me**, Who takes pleasure in justice and blesses everyone whose thinking and actions are just, as right neighbourly love also dictates. And thus the human being in the spiritual kingdom will also be considered and blessed by Me, for righteousness belongs to My fundamental nature which you humans should conform to.... it belongs to the essence of love which you should shape yourselves into again on earth, and it is one of the virtues which were your own in the beginning, which you have to adopt again if you want to return to Me, to your father's house, as perfect again....

Amen

Translation handled by Doris Boekers

## Sense of justice.... Judging one's fellow human being....

B.D. No. 1869

March 30th 1941

**T**he human being has to have an inherent sense of justice or he would be unable to pass judgment on apparently heartless conduct. Anyone who deems himself so exalted that he will not tolerate

any objection because he believes himself infallible will never think righteously either, for he does not allow others the same rights he claims for himself. A substantial difference has to be made between people. Anyone being strictly critical of himself and his actions will also always make an effort to judge other people fairly. However, anyone who only looks for faults in his fellow human beings and believes himself without error will regard all conduct from a superior point of view, and thus his judgment is wrong.

Every human being can err; every human being can make mistakes.... Yet he has to know himself, then he can fight his faults and improve himself.... But anyone who does not recognise a fault in himself will not strive for perfection either.

When he acts unkindly he will not be aware of it, he will not hold himself to account and is incapable of judging his actions fairly. He lacks a sense of justice; he will always consider his own actions beyond reproach but try to demean his fellow human being for the least mistake. It has to be clear to the human being that he has no right to accuse a fellow human being of a degrading action as long as he does not live up to a high moral standard himself. He should always consider his own shortcomings if he wants to criticise the failings of other people.

But someone with an inherent sense of justice will not hastily judge someone else, for he will try to put himself into the same situation and then also understand the failings and faults of the other person. However, in order to be able to do so he has to be truthful, he has to see things as they are.... he should not rate himself too highly and underrate his fellow human being, for then he will apply a different standard to his own faults than to the other person's faults, and that excludes all righteous thinking and judgment.

It is exceptionally valuable to firmly call oneself to account, then the human being will stay true to himself and not do his fellow human being an injustice out of selfishness by unfairly condemning his conduct and putting himself above the other person. And thus the human being should first look at himself and his behaviour before he criticises his fellow human being and elevates himself as his judge....

Amen

Translation handled by Heidi Hanna

## **Failure to recognize injustice.... standing up for justice....**

B.D. No. 2444

August 9th 1942

**T**he blindness of people goes so far that they are no longer able to distinguish where justice ends and injustice begins. Every man judges according to his feelings, and these feelings correspond to his way of life, his inner disposition and his attitude towards God and the world. The one is the consequence of the other, it is the life of man that determines how he judges the actions of his fellow man. And consequently, injustice is no longer recognized and abhorred as such but is tolerated and approved of, for humanity no longer lives in accordance with divine will but deviates far from God's commandments, from the commandments of love. But when it is pointed out to fulfil God's commandments, even this indication is regarded as injustice, while man can practice open injustice without the disapproval of his fellow human beings. And those are condemned and publicly denounced. And that is the wrong thinking of people, the deviation from the right path.... But the right-thinking person will no longer be able to defend his right, he will have to bow down as soon as he fears earthly power. And yet he should not allow himself to be deterred, he should do and speak what his heart tells him to do, he should know that if he fights for justice and righteousness he is standing up for God, Who Himself is the most righteous being and demands the same from people. He should know that his silence is tantamount to tolerating injustice, that he must speak if he can thereby prevent injustice. Nor should he allow himself to be deterred by the threats of the world where it is necessary to protect the souls of his fellow human beings from error or false teachings. For these again result in countless wrong or unjust actions. Everything that a person can justify to God or that his conscience allows him to do with the strictest self-criticism is right.... But whoever recognizes God

Himself as the judge of his actions and thoughts will also be rightly guided by the voice of conscience, which God has placed in the heart of every human being as an admonisher and warner....

Amen

Translation handled by Doris Boekers

## Humility....

B.D. No. 5587

January 27th 1953

**A**pproach God in all humility and He will lovingly draw close to you. Listen to the voice of your heart, don't become arrogant in spirit when His love becomes obvious to you but always remain humbly devoted to Him, then the measure of grace He pours out on you will be inexhaustible, then you will truly be His children who have found the path to the father's heart.... Humility must completely fill you, and even the greatest gift of love must not let you become arrogant, for it is only His greater than great love which bestows that gift upon you but not your worthiness. What is weak is lovingly regarded by God as soon as it recognizes its weakness and humbly withholds itself from eternal love.... Then it will truly be showered with an abundance of grace which will secure you a high ascent. And thus a simple explanation is given to you humans when and how God bestows His gifts of grace; information is given to you as to what alone is necessary in order to receive a richest measure of grace.... Humility is presented as the virtue which is looked upon by God with eyes of love, which moves Him to empty Himself, to distribute an abundance of grace which surely leads the human being to the aim, to the union of the child with the father.... Just as a child approaches the father in all humility, so the human being must also feel humble towards the eternal father. But where humility fades, God also withdraws His grace. Humility, however, demands nothing for itself; humility feels so infinitely small in the face of the divinity, which it certainly suspects but does not dare to address. True humility will only produce a slur, it will not be able to express itself with words, for it does not dare to address words to the highest being, Which can already destroy with a thought what It once created.... Humility is silent and only falls down before the face of God, pleading for His mercy.... Humility waits patiently until it is raised up by His benevolent hand. And where you humans recognize this humility, there the flow of grace also flows uninterruptedly into the heart, there God's presence is evident, there the connection from earth to heaven is created, there God inclines Himself to earth and fills the vessel with His grace which is held out to Him openly, the heart which humbly surrenders itself to God in the knowledge of its unworthiness and weakness.... (27.1.1953) For humility of heart is the soul's highest adornment, it opens, as it were, the gate to the spiritual kingdom, it opens the source of grace, for where humility is there is also love for God, Whom the soul acknowledges as a supra-holy being, Whom it hardly dares to look up to but Whom it strives towards, to Whom it would like to make itself entirely its own: The soul's humble devotion to its creator and father from eternity is the shortest path to Him, for a powerful wave of love and grace carries it over all obstacles to the father's heart, Who graciously draws it to Himself because a humble soul is well pleasing to Him. True humility of heart need not be outwardly recognizable, rather it often hides behind an impenetrable nature, for true humility does not apply to people but to the God and creator from eternity, true humility does not venture forth, it walks silently, true humility does not dare to come forward, it walks quiet, solitary paths in modesty and never comes forward, it is without any self-love but always endeavours to make its fellow human beings aware of God's greatness and holiness, because it itself feels how small and miserable the human being is in comparison to His holiness. And it will find grace in abundance.... for its whole being is an abhorrence of the former sin of apostasy from God, Whom it would never ever want to offend and Who therefore grasps its will, which is fully turned towards Him, and draws the soul to Himself in the most ardent merciful love....

Amen

Translation handled by Doris Boekers

People truly fall behind in their spiritual development if they do not endeavour to show inner humility, for then they lack grace, and without grace their will to ascend is weakened. For then their nature is still arrogant and still favoured by God's adversary. Anyone who lacks inner humility will also rarely accept a divine teaching if it is imparted to him by his fellow human being, for his arrogant spirit will defend itself against it through the influence of the adversary. And divine teachings strengthen the power to resist as soon as they are willingly accepted. Consequently, that person's power of resistance is only slight. There is still too much of the spirit in him which is to be overcome, the human being still has too many shortcomings which characterize his imperfection. Nor will he be meek and patient as long as he does not want to bow down to the one Whose approach he is supposed to strive for. For God cannot unite with a being that still harbours the arrogant spirit of its creator. Man must wage a constant battle with this arrogant spirit within himself, he must educate himself to humility through service, he must strengthen his will to do what seems unfeasible to him.... to bow down and serve where he wants to rule. He must take an example from his divine saviour, Whose life was one of service in love, service in the deepest humility towards His fellow human being. If a person endeavours to follow Jesus then he will also practice inner humility, he will fight all arrogance, he will incessantly ask for God's grace to do so and the strength to carry out his plan will come to him.... he will serve and thereby develop to the heights....

Amen

Translation handled by Doris Boekers

## Humility – truth.... Arrogance – error....

B.D. No. 6558

May 30th 1956

Every person believes himself to be walking the right path, and this belief is all the stronger the further away the person is from Me, for the one who has already come close to Me is full of humility, and he will always feel deficient and never believe to live his life entirely according to My will.... he will never be satisfied with himself and therefore constantly strive for perfection. But if every person possessed this realisation of his shortcomings, then he would also have to admit that his path **can still be wrong**.... He then would not go through earthly life so **convinced** that he is on the **right** path. But most people suffer from arrogance, humility is alien to them. And their arrogant mind is expressed in not wanting to accept any teachings, advice, and hints, but considering themselves entitled to convert others to their views. Only those who have entered humility turn to Me and ask Me for instruction and help.... which, however, the others refrain from doing because they do not believe they need help and teachings and are not fully convinced of My Being either. For faith in Me as a supremely perfect Being would make them aware of their great distance from this Being.... But unbelief and arrogance are the characteristics of the one who controls **them**. And he consciously leads them wrong ways and they willingly follow him because they are of the same spirit. Yet there are also people who seek **Me** on **wrong** paths.... who do not take the path of truth but believe they are walking the path of truth. They, too, still lack the humility to entrust themselves to a guide who will lead them to the goal safely.... They, too, do not take the path directly to Me by asking Me Myself for My guidance but blindly follow those who lead them the way, who have not entered humility themselves, whom I therefore could not properly instruct where to go either.... These are therefore only to be regarded as followers who do not even wonder whether they are being guided right by their leaders, and, such a question arising, turn to Me Myself for an answer.... No-one should miss to do so who is not a unbeliever.... every one of them should call upon Me Myself for My guidance but not thoughtlessly go along and rely on leaders who are completely incompetent for this function. As long as a person believes he is walking right who has not handed himself over to Me and My guidance beforehand, he will be guided by My adversary.... And his followers are always clearly recognisable by the arrogance which characterises these people, that they do not open themselves to loving enlightenment, that they believe they do not need any instructions and that they are satisfied with

sayings and empty dogmas which, on serious examination, lack all wisdom. Humility, however, turns to Me, the humble person recognises and confesses his deficient state which he would certainly like to remedy but feels too weak to do so himself without My help.... And thus I can give to him according to his faith, I can distribute to him what he lacks and guide him because he allows himself to be guided without resistance.... And he will certainly reach the goal, for he has already proven through his humility that he has detached himself from him whose nature is arrogance.... His humility made him take refuge in My heart, and I will now also take care of him until he has reached his goal....

Amen

Translation handled by Christian Taffertshofer

### **'I bestow My grace upon the humble....'**

B.D. No. 7057

March 6th 1958

**M**y strength is made perfect in weakness .... But that does not mean that a person's faith may be weak, instead, it entirely concerns the humility of heart, so that a person recognises himself as weak and unworthy and acknowledges it before Me and that he appeals to Me for grace, which then will also flow to him in abundance. My spirit can only work in a genuinely humble person, for he will entirely hand himself over to Me, he does not request anything for himself but leaves it to Me to decide what I will give to him. And a truly humble person will indeed receive an abundance of blessings. He will make use of them and also be lovingly active of his own accord, because the side-effect of true humility is that it kindles heartfelt love for Me and his neighbour. A humble person has already released himself from My adversary's dominion whose fundamental characteristic is arrogance. Hence he will solely regard coming closer to **Me** as worth striving for and such desire will be supported on My part.... in other Words: the spiritual spark in the human being strives to unite with its eternal Father-Spirit, thus I can also pour out My spirit upon it. However, My spirit can never work where My adversary's characteristic of pride can still be found. For this would simultaneously mean My co-operation with him.... A person must have entered into humility before I can become effective in him.... But what is to be understood by true humility?....

True humility need not be visible to any person through external conduct, through facial expressions or outward behaviour towards his fellow human beings, I solely look upon the humility of heart, the inner admission of weakness and sinfulness, the inner acknowledgment of the being's unworthiness towards his God and Creator and thus also the admission of his guilt as a result of the past sin of apostasy. All beings had certainly once been in My image and, as their Creator, their radiant beauty gladdened Me .... But they did not remain as they had been.... their whole nature changed into the opposite and in this state they were no longer able to exist before My eyes. But in their delusion they even rebelled against Me, because they had adopted My adversary's nature, who was exceedingly proud. The return to Me is therefore not possible until the being has discarded its arrogance, until it has changed it into deepest humility, until it recognises its immense depravity and the vast distance from Me and subsequently stretches its hands longingly out to Me for mercy. Then I will truly not hesitate for long, I will take hold of its hands and draw the being close to Me, for in its humility it becomes My child, which the Father lovingly draws to His heart and then showers it with evidence of His love, with an abundance of blessings.... which He can also illuminate again with His spirit. Then the strength of the spirit will be able to manifest itself clearly, the person will demonstrate gifts which are seemingly supernatural but which are, in fact, only the being's original characteristics without which a perfect being is unthinkable: The person will be full of light and strength, that is, he will dispose of extraordinary knowledge as well as of abilities which a person otherwise does not possess. However, despite his obvious bond with God he will nevertheless remain profoundly humble, for humility is a divine characteristic which merely changed into the opposite as a result of the fall. And so you humans will also always have to strive for true humility if you want My spirit to become effective in you as well, for anyone who still harbours a spark of arrogance in him has not yet released himself from My adversary, and the latter will make a constant effort to keep him enchained. And the world offers him many opportunities for this, so that a person will seek increasingly more fame and



honour and look down on everything that is small and lowly. But this is also definite proof of his adherence to the adversary, whom you humans should not ignore and beware of such inner attitudes, which are truly still far removed from true humility. Nevertheless, if you want Me Myself to be powerful in you, you must also become conscious of your weakness, for I only bestow My grace upon the humble....

Amen

Translation handled by Heidi Hanna

## Way of life in love

### The commandment of love as life's guiding principle....

B.D. No. 3755

April 29th 1946

**Y**ou are unfailingly doing My will if you learn to love.... Let My commandment of love be your guiding principle for everything you do, think and say.... Then you will gain My favour and will be blessed, spiritually as well as worldly, in a manner that benefits your soul. You should not exclude anyone from your love nor refuse to help those who need your help. Then you, too, will discover the secret of eternal love which forever fills all of infinity with its strength, thus it can fill you to excess too so that you become a likeness of Me, as it is your goal on earth. Love has to be practised and for that reason I allow the great hardship on earth because it motivates people's actions of love, because hardship leaves countless people in need of help and gives other people the opportunity to help with compassion.

Therefore don't let your hearts become hardened, be aware of the hardship surrounding you and help where and as you can. Follow My example, Who eased spiritual and earthly suffering on earth, Who helped the weak and sick, Who lifted and healed their souls and bodies, Whose loving way of life has been an example to you and Who told you to follow it. Be merciful, peaceful, gentle and patient, humble with all your heart and righteous in thought and action. Practice these virtues since they are the result of love in your hearts.... thus you have to make an effort, you have to become aware of your faults and try to remove them, you have to banish all unkindness from your heart and strive towards the highest perfection. If you lack the strength to do this then you have the prayer at your disposal, the deeply felt connection with Me, which always guarantees you a supply of strength.... because I don't ignore any human being's distress, least of all his spiritual distress, I know every person's will and give his soul strength and help in accordance with this will.

Let My commandment of love be the guiding principle of your thoughts and actions and you shall fulfil My will on earth.... Don't harden your hearts as this is the greatest danger for you since then you will be entirely without strength from Me. But if you ask for My help you won't be asking in vain because My love for you is unchanging and takes hold of everyone who longs for it.... but as I do to you also do to other people, then your way of life will correspond to My will....

Amen

Translation handled by Heidi Hanna

### Following Jesus.... A life of love and self-denial....

B.D. No. 3920

November 1st 1946

**A**nyone who is not as gentle and patient as Me, who does not practise his discipleship by discarding all attributes which conform to My adversary, who does not persistently strive for virtues that are the hallmark of a divine being, will hardly reach the goal of finding unification with the eternal Father Who is pure love Himself and Who can only unite with living creations which, like Him, have become love. My life on earth should serve you as an example, for as a human being I was subject to the same temptations as you because I had to take the only path which could lead a soul into perfection....

Like you, I had to fight against all longings of the flesh as well as against all attributes of an ungodly being or My life could not have served you as an example if I had been born without all human flaws and able to bypass the test of My will. I had to experience the depths of earthly life, i.e. I had to have the opportunity to voluntarily refrain from the same physical sins and avoid all incentives for them.... I

had to fight against carnal longings and thereby strengthen and prepare the soul in Me to unite with the spirit. The sinfulness in My surroundings often sorely tested My love and patience, yet I wanted to remain gentle and whole-heartedly humble without exalting Myself.... And I took pity on My fellow human beings' weakness for not resisting temptations, and My love intensified.... I wanted to help those on the ground unable to get up by themselves.... For being human Myself I knew a person's weakness, and this knowledge increased My kindness and patience.

Being human Myself I was at all times able to put Myself into the situation of a sinful person's soul even though I Myself was without sin, even though I Myself, by virtue of My will, had remained victorious over all temptations of body and soul. Yet I took the strength to do so from love, and every person practising love will also muster the strength and resolve to fight against his faults and weaknesses, and he will also be victorious, for love itself is strength.... And therefore, every actively loving person will also practise all virtues which denote a divine being: he will be gentle and patient, merciful, peaceable, humble and just.... For if he meets a fellow human being with love his thoughts are loving too, and he fights all weaknesses and faults with ease. Follow Me.... live a life of love and self-denial like Me and you will release yourselves from all sinful longings, you will not become subject to sin yourselves, you will bring yourselves into line with the nature of eternal love and already find union with it on earth, and the attainment of your goal will be certain for you. Hence, like Me, you too have to take the cross upon yourselves at all times, and you should not become impatient, for if you sincerely appeal for My help I will help you carry it, and the more willingly the soul carries the cross imposed on it by the Father's love for the sake of its full maturity, the sooner it will deliver itself from earthly longings.

Follow Me and take My life on earth as an example, and you will never become subject to sin again, you will release yourselves by virtue of your determination and love, you will become free and infinitely happy beings, equipped with all divine characteristics, you will be full of light and strength in the spiritual kingdom and live blissfully happy in eternity....

Amen

Translation handled by Heidi Hanna

## Charity....

B.D. No. 4706

August 7th 1949

**I**n christian neighbourly love lies the foundation of peace and harmony, both on a large and small scale, i.e., nations and states will live in peace with each other, just as people will live together in harmony among themselves if their behaviour is based on the principle of neighbourly love, if they only want to do good to each other and strive to keep suffering and worry away from their fellow human beings. Then there will truly be peace on earth.... but how far away are people from this now....? They offend each other and are full of ruthlessness, even though they don't consciously want to harm people, yet there is no sign of love for each other, and that is why the great spiritual decline is so obvious, for without love the human being cannot strive spiritually either, without love there is no spiritual progress.... people do not reach their aim.... Only a few still accept the law of love which, however, has to be fulfilled or there can be no peace. And so every individual should seriously ask himself how he behaves towards this law.... he should ask himself whether he is doing everything in his power to bring joy, to alleviate suffering and to control the hardship which becomes obvious to him and requires his help. Man should think more of others than of himself, then he will also see what is lacking and be able to remedy it. Man should avoid everything that offends his fellow human beings, but do everything that makes them happy. Seriously ask yourselves whether you could justify yourselves if such a justification were demanded of you. And you will discover many omissions which are then a sin if the fellow human being suffers or suffers as a result, be it mentally or physically. Help where you can and protect your neighbour from suffering where you can.... Never let self-love prevail, never let your neighbour go hungry if you yourselves are doing well.... This is to be understood literally and also figuratively, for even a kind word, a good look, a helpful action can refresh and

strengthen the fellow human being, therefore don't let it be lacking. Practice neighbourly love.... and your earthly life will be harmonious, there will be peace and harmony in and around you, and if all people lived according to this commandment it would truly be paradise on earth. But how does it look in the world? All bad qualities, greed, hatred, envy, discord, insincerity and self-love dominate people, they are not friends but enemies, they do not respect each other but seek to exalt themselves, they do not lay a soothing hand on wounds but inflict new ones, and thus evil becomes ever greater and plunges people into ruin. Love has grown cold among people, and that is the end.... For where love no longer exists all substance hardens, where the heart can no longer feel love all knowledge is lost, thus all life will also die, for only love alone is life.... Hence you humans can certainly still live physically but spiritually you are dead if you are devoid of all love. Again and again love will be preached to you, don't let these admonitions fall on your ears but know that they are the last calls from above; know that there is not much time left until the end but that you will be judged according to your love. Therefore take care that you do not need to fear the judgement.... Practice neighbourly love and thereby acquire eternal peace....

Amen

Translation handled by Doris Boekers

### Love for "sick souls"....

B.D. No. 7711

September 27th 1960

I have given you one commandment: that you love one another.... And this also means that one learns to bear the other's faults patiently, that he bears his weaknesses with full consideration, that he tries to reconcile in love when disputes arise.... that everyone should be a true brother to the other with whom he is naturally united by love, because you are all children of one father. You should not forget that you are **all** My creatures whom I want to educate into children and that I use all means of education on you.... and this also includes that you have to learn patience towards those whom you are not always able to show the feeling of love.... But you should learn not to condemn, not to get angry with those.... you should learn to be considerate, for their souls are still ill, and you should have compassion for these '**souls**', that they themselves are in spiritual hardship and are grateful for every little service of love you thus render to the souls. And love will always awaken love in return.... But if you abandon those people whom you believe you cannot love because of their faults and weaknesses, then it is like denying help to a sick person, for the soul **is** sick as long as it is still held captive by the one who also influences the person in an unfavourable way. You humans, you all possess My love.... Should you not also be able to love one another if you know that your father loves all His children and wants to win them over for Himself? And should you not also be able to turn your love towards weak, imperfect and often sinful people if you know that they are still strongly bound? Try to free them from their shackles but don't withdraw your love from them.... Exercise patience, as I Myself must also use it again and again towards you, all of you who are still sinful and bound by faults and weaknesses.... For you all do not live out love to the extent that you are perfect. And I also have to be patient with you and your weakness and will not let you fall.... But you shall be My children who fulfil the father's will.... you should therefore first observe the commandment of love and be of one mind among yourselves.... For discord has a bad effect by always giving birth to new discord and the enemy of your souls always successfully finds a target. And you should always bear in mind that I Myself am love and that anyone who wants to belong to Me must also remain in love.... And if unpleasant thoughts fill you, if you take offence at your fellow human beings and get angry with them, your degree of love for Me will also decrease, since I am also their father and therefore you should love them. And thus don't misjudge your earthly task: Remain in love and only ever let the spirit of love recognize you, so that you yourselves bear witness that you are united with Me. For you should sow love so that you will also reap love....

Amen

Translation handled by Doris Boekers

## Fight against human errors and weaknesses

**Admonition to exercise self-control.... Gentleness -  
Peacefulness....**

B.D. No. 1003

July 12th 1939

**L**earn to restrain yourselves and become gentle and peaceful, for your time on earth is given to you as a probationary period during which you should reach full maturity, training and shaping yourselves for the benefit of your soul. You will hardly be able to fulfil your earthly task if you don't strive for this first, for all your soul's difficulties arise from your own lack of self-control. And thus hear what the Lord Himself is proclaiming to you:

You, My children on earth, have to make an effort to treat each other with love.... You have chosen this stay on earth in the knowledge of what you are lacking; you have many opportunities to combat your weaknesses and mistakes, yet you must also have the good will to make use of the possibilities offered and, through constant self-restraint, grow stronger and overcome your mistakes. Bear in mind, My children, with how much patience I have to overlook your weaknesses again and again, and yet My love for you does not diminish.... Consider how much more reason I would have to become impatient, and how I, nevertheless, in utmost patience and mercy, embrace My children again and lovingly forgive them when they have trespassed.... consider that My life on earth demanded an abundance of patience towards sinful humanity, which nevertheless did not recognise My love and repaid all the good I did for people with ingratitude, and finally made Me suffer so indescribably....

How much did they humiliate Me and devised all sorts of torments and, without any blame, handed Me over to be crucified.... And I patiently shouldered even this most bitter injustice and nevertheless did not withdraw My mercy from those who wronged Me.... I implored the Father in heaven to forgive them their sins and did not turn away from humanity but tried to win them over with patience and love and thereby bring them redemption. And therefore you should also practise the virtue of self-denial, one should live for the other and only ever endeavour to ease each other's suffering, so that you will become perfect and will not have lived your earthly life in vain. And sacrifice all your worries and pains to Me, and you will become as gentle as doves and communicate with each other patiently and with love, and inner calm will enter your hearts.... and I will help you if you are in danger of losing yourselves.

Amen

Translation handled by Heidi Hanna

**Fight against longings and passions....**

B.D. No. 6286

June 16th 1955

**D**eaden your every longing and you will mature in the shortest possible time.... If you have the will to become perfect everything that is still pulling you down into the abyss has to be overcome.... and this concerns all longings and passions which still adhere to you from the time of your preliminary development.... and which still cause you so much trouble because My adversary influences you through these instincts and longings and thereby intends to prevent your return to Me.... But these instincts and longings are an obstacle for your union with Me, because they are ungodly attributes which a perfect being cannot have.... and which therefore first have to be overcome before the union with Me can take place.

The human being has to fight against every craving for material things, for this always involves a greed to own something which belongs to My adversary's realm, which therefore merely serves to satisfy the senses.... regardless of what it is.... As soon as a person's physical senses delight in it they

are longings which find earthly fulfilment.... This includes everything that provides the person with a sense of physical well-being, if it is actively pursued by the person himself and therefore lacks the foundation for spiritual endeavour: the realisation that all earthly things are transient.

I will also endow people with earthly possessions and their earthly life, too, will be blessed and offer them everything, and that in abundance, as soon as I recognise their spiritual aspiration, as soon as their love applies to **Me** and I Am their first goal.... Then My love will give to them abundantly, and even their earthly life will be blessed and offer them everything because it will no longer harm them, since it will not captivate their senses. However, as soon as a human being still has a powerful desire for earthly pleasures, possessions and stimulation he has to fight it, for these longings are My adversary's weapon which frequently help him to be victorious. Nevertheless, the human being will not become unfit for life on this earth, his strength will grow but he will utilise it differently.... He will want to work spiritually and only find satisfaction therein.... yet instantly slow down if he sets his sights on the world again and sees something that he desires to own....

This is why 'the kingdom of heaven suffers violence and the violent take it by force....' Earth is the kingdom of the fallen spirits, it is My adversary's realm.... Anyone who seriously thinks about this will also know that everything desirable in the material world always requires the payment of tribute to **him** and that everyone who pays this tribute also belongs to him.... He will also know that there cannot be any compromises between Myself and him, that I want you **completely** and that a human being who still has his eye on My adversary's kingdom will hardly reach Me....

You should not allow yourselves to be captivated by the world, you have to exercise self-control with the things that still appear desirable to you, and you then seriously have to suppress your cravings for them, you ought not to give into them, but you may enjoy without reservations what I bestow upon you Myself.... You may be pleased with what you receive without having greedily aspired for it.... what My love gives to you because you belong to Me, because you have recognised the purpose of earthly life and are now willing to be of service to Me....

But be content with it and stifle every arising craving and always recognise in it a trap set by My adversary to win you back for himself.... Without an inner struggle you will not be victorious over him, but if your endeavour applies to Me then you need not fight any longer, then the world will no longer attract you, then your yearning will aim towards heaven.... then matter will have lost its power over you, then you will learn to despise it.... it will have to be of **service** to you because you will have become its master....

Amen

Translation handled by Heidi Hanna

## Warning against the enemy.... fight against him....

B.D. No. 6706

December 5th 1956

**M**y adversary's activity is unusually noticeable, for he causes discord wherever he can. He thereby leads people into spiritual and earthly distress, he tempts them into unkind actions, he creates enmity which can never give birth to good, and with a sneer he watches as people incited by him fight each other, as they try to harm each other and thereby completely fall under his control. You humans must be careful and learn to regard every bad word, every bad action as his work, and you must defend yourselves against it. For the more you give in to him the tighter the chains he puts on you will close. Where **I** can work there is peace and harmony, mutual understanding and forgiveness, because love is there which allows My working. And it is just as easy to recognize the territory where My adversary resides, for unkindness, hatred and enmity, betrayal and discord prevail in his area.... And you should avoid this area if you don't possess so much strength yourselves that you can confront the adversary, that you succeed in creating order by virtue of your love, in balancing and ousting the adversary. But he has great power in the end time which people themselves concede to him, for they mostly stand isolated in the world.... isolated from their creator and sustainer, isolated from the good spiritual world, and therefore they are good targets of My adversary's attack who, without finding

defence, can approach them and who also draws them into his domain. For there is no longer much faith and love to be found amongst humanity which alone makes My presence possible and is a strong protection against him. People are already no longer alarmed by the fact that such obviously loveless actions and speeches are recognizable.... They rather call it a just struggle to master daily life and thus to repay eye for eye, tooth for tooth, what is done to them, be it in living together with fellow human beings or also in material terms.... They don't see My adversary's work in it, instead, each one seeks to assert only himself, and any means is fine with them. But they are already under his control if they merely allow an unloving thought to arise in them, if they use harsh words or carry out actions which lack love.... And they should let themselves be warned and flee from the one who wants to captivate them, they should seek peace and tranquillity in Me, they should resist every ignoble thought, they should try to compensate with love what unkindness has caused, then they will deliver a just fight to My adversary which will also find My support, because I can intervene helpfully where I see such an attitude which is according to My will. Seek to withdraw from every impure sphere and if you are unable to live in community with people who do not deny My adversary access.... then join Me all the more closely and you will find peace and tranquillity in Me, and My messengers of love will close a circle around you which the dark world cannot break through. But be mindful and look around you how My adversary continues to be active.... Recognize him and turn away from him. Everyone will have the strength to do this who only seriously wants it. He is overpoweringly active in the last time.... But an abundance of grace makes it possible for you to withstand and not succumb to him.... Make use of this grace, call upon Me for protection and strength against him, and your call will truly not be in vain....

Amen

Translation handled by Doris Boekers

## Introspection....

B.D. No. 8064

December 16th 1961

**Y**ou too, My loyal servants, have to be admonished by Me to improve your souls more eagerly, for as long as you live on earth you all still carry immature substances within yourselves. You all more or less still have to fight against inclinations, longings and all kinds of weaknesses, and you should always remember that you ought to spiritualise these substances during your earthly life. A constant struggle will have to take place, and you should overcome them, you should try to influence the unspiritual substances with much love to let go of you, to join the desire of the spirit within you, to stop pestering your soul so that it will be able to ascend to the pinnacle with ever greater ease and without being held back. I want to make the path to happiness easier for all of you, but you also have to work on yourselves, you seriously have to examine yourselves as to what weaknesses and faults are still burdening you; you have to question yourselves whether your soul is still constrained by any cravings.... you have to fight against every impure impulse, suppress each irate motion, you must not send out any ignoble thoughts and deny any human being your love.... you have to try to put right every injustice you have inflicted on a fellow human being....

Your thinking shall always be noble and pure, which excludes every thought of hatred and vengeance.... You should avoid every unkind word and always remember that you expect love, compassion and forgiveness from Me, thus you should also grant the same to your fellow human being.... In everything you think or say you should know that I know it too, and you should ask yourselves whether you are behaving correctly in My presence?.... I know that you are all still weak, that the battle which you should wage against yourselves is indeed the most difficult.... But My strength is always at your disposal and you only need to send a pleading thought to Me and, truly, I will give you the strength and you will be victorious.... You will be able to pacify the evil spirits within yourselves. They will leave you progressively more alone, they will become modest and also comply with the soul's desire to calm down and make use of the strength for their own purification....

For they have this possibility to reach maturity themselves within the earthly body and to join the soul, because it will take all fully matured spiritual substances along into the kingdom of the beyond when it has to leave its earthly body. The soul itself still has various instincts within itself from its previous embodiments, which it is supposed to change for the better.... And it is also pestered by the body of flesh, because that is shaped from unspiritual substances.... But the human being also has the possibility to exercise a redeeming influence on these evil spirits.... if he tries to change all negative qualities to the contrary until he has become humble, gentle, peaceful, compassionate and just.... until he has become love himself, which includes all those virtues, and then the human being will also be able to enter the spiritual kingdom fully matured. And therefore you should seriously examine yourselves as to what virtues you are still missing.... investigate, whether you have changed your nature completely already.... check, what you still need and seriously work at improving yourselves....

And you most certainly will be successful if only you have the serious intention and appeal to Me to give you strength because you are too weak on your own. Call upon Me in Jesus so that I will strengthen your will, so that you will lose your weakness of will, so that I will forgive you when you have become sinful, and truly, My help is assured to you, for it is My own will that your souls shall mature, and I Am truly pleased in those who take changing their nature into love seriously.... For as soon as you are full of love all unspiritual substances within you will also become spiritualised, because they cannot resist the strength of love. But wherever these evil spirits are still active, love is not yet profound enough, in other words, I Am as yet not able to work in all fullness within you and you will have to fight to become pure so that I can take abode in you.... And then you will also have been redeemingly active within yourselves....

Amen

Translation handled by Heidi Hanna



# Change of character through conscious soul work

## Purification of the heart as the temple of God....

B.D. No. 5515

October 24th 1952

**I** want to dwell in you:.... Therefore your heart should also be such that I can dwell in it, and I can only dwell where all ungodliness has been removed beforehand, I can only be in a temple of love, in a vessel which is worthy to shelter Myself in it. And it requires a great deal of work on oneself to shape the heart in such a way that I can dwell in it.... for as soon as a piece of rubbish is removed it spreads again, and the work has to be done tirelessly until the heart is adorned with the virtues which now allow Me to take abode in it.... I am full of love and patience, thus you must also be so; I am gentle and peaceful beyond measure, and thus you must also make an effort to become like Me; I am full of forbearance and understanding for all weaknesses and demand the same from you, even if you will not reach the degree which still shapes you into a divine being on earth. I forgive those who have offended Me and repay them with all kinds of gifts of grace, and thus you should not hold any wrong against a fellow human being, you should treat those who have offended you with equanimity and kindness, and you should give them love and thus also try to win their love.... You should always take My life on earth as an example, since I, as a human being, had to struggle with the same oppositions and yet remained victorious because love gave Me strength, which you, too, can receive at any time if only you give much love. Such a purified heart will soon realize **Whom** it contains, for love attracts Me so powerfully, love adorns the heart and nothing can remain next to it which could prevent My presence. And you should not judge.... You should leave it to Me, and I truly judge justly but still differently than you, because I also love that which is still distant from Me and want to win it one day. Try to live on earth according to My example and the attempt will be rewarded to you.... For anyone who seriously wants will also receive My strength in full measure in order to be able to carry out his will. Anyone who seriously strives for inner perfection will achieve it, for he will soon feel Me as his helper within himself, and together with Me everything will become easy for him, even the attainment of a degree of maturity, which shall be the striving and aim of all of you. Your heart will become and remain a dwelling place for Me, and I Myself will be present to you for all eternity....

Amen

Translation handled by Doris Boekers

## Change of nature only from within....

B.D. No. 6158

January 8th 1955

**N**othing external has a beneficial effect on your inner life, no formalities can help your soul to mature and lead it to perfection.... Your change of nature can only be accomplished from within, this is why you humans must frequently withdraw into solitude in order to take stock of yourselves and remove whatever is spoiling you, whatever imperfections you still harbour within yourselves.... External sources can certainly draw your attention to conducting this psychological work, you can be taught how to achieve it, what you ought to observe.... what you must avoid because it is harmful and what you should do to become perfect.... but you must accomplish it yourselves and only by means of detaching yourselves from everything external even if you are in the midst of the world and forced to fulfil your duties. Yet this psychological work has to be carried out simultaneously because it is entirely independent of your occupation, for it concerns your inner nature, your faults and bad habits, it concerns the human being's inner life, his thinking, volition and conduct which.... even if it is directed in a worldly way.... ought to emanate love, otherwise a transformation of personality cannot be spoken of.

Hence your psychological work has to consist of refining your thinking and inclinations and of directing them towards divine goals; you always have to make an effort to live a life of unselfishness, selflessness, gentleness and patience, of peacefulness.... You have to develop all good qualities within yourselves and expel bad thoughts and attributes.... And all this requires the sincere will to live correctly before God.... It need not become outwardly obvious, that is, it should not be outwardly displayed.... yet a life in accordance with God's will also always affects your fellow human beings, it stimulates imitation and will always be more effective than many speeches or formal customs which do not yet vouch for an inner change of attitude.

A person can only change if he takes serious stock of himself by thinking about his shortcomings and faults and resolves to improve himself. And this inner change has to be undertaken by every person himself if he wants to reach his goal of becoming perfect. The resolve also has to be followed by the deed or the will is not in earnest.... And from this you can realise again that the attainment of beatitude is not determined by the denomination but only ever by the human being's will to kindle love within himself which totally transforms him, which turns all bad attributes into good ones and which therefore is the only means of becoming perfect.... but which can be practised by all people, irrespective of which denomination they belong to.... All denominations, however, teach love.... this is why all of them can lead to perfection, yet no denomination can guarantee this perfection.... only the human being can achieve it by the serious work of improving himself....

Amen

Translation handled by Heidi Hanna

## Transformation requires soul work....

B.D. No. 7059

March 8th 1958

Only you yourselves can bring about the transformation of your being, because it was you yourselves who formed yourselves, because you yourselves shaped your once perfect being into imperfection. I created you perfect, for nothing imperfect can come forth from Me. And therefore I also endowed you with free will, but you misused it and therefore also gave away your perfection. What you have lost as a result you must now also try to regain yourselves.... For I cannot give you back your former perfection **against** your will, I can only ever help you to achieve it but leave it up to your will whether you accept this help. Thus the will alone determines whether and when you accomplish your change back. And that is why the transformation of every person's will is his own business, which no being can accomplish on his behalf. Every individual will has to become active and shed all signs of imperfection, and this requires the human being to work on himself. Every human being knows that he has faults and weaknesses, that he is far from being able to be called perfect.... Every human being knows that his nature is not 'divine', that he cannot show many divine signs, that his nature is rather characterized by the anti-divine, that he is not free from qualities which could call his divine origin into question if he knows nothing of his former apostasy.... And he has to try to change all these anti-divine qualities, he has to bring everything in himself back into the right order, which once filled him and from which he himself has emerged. He must seek to turn every quality clinging to him into its opposite, as he once did.... Then he will unfold all the virtues which will make him a divine being again, and then he will have accomplished the transformation and will return to his original state, which means light and strength and freedom. But how is this transformation possible?.... Only through love alone.... It was love that caused the being to abandon itself and thereby fall. Love alone can help it to ascend again, love transforms everything wrong again and makes it possible for the being to come close to Me again, love is the characteristic of the divine, and thus the being which fully develops love within itself must also attain its former divine state again. But a life of love requires the human being's will.... love must be kindled in every person's heart, and then the human being will also muster the strength to work on himself and reshape his nature, then he will fight against all faults and weaknesses. Love will change pride into humility, intolerance into patience, hard-heartedness into mercy, contentiousness into love of peace, selfishness into justice, anger into gentleness.... Every evil in the human being will have to give way to love, for

this is divine and it leads all My creatures back to Me again who once voluntarily separated themselves from Me. But you once rejected this love, therefore you must now make an effort yourselves again to let it shine upon you, which only requires your will, thus an opening of the heart.... For My love has always and constantly been for you, even though you turned away from Me and therefore rejected My love.... But now it also wants to be reciprocated by you, and therefore you must first be willing to ignite the spark of love within you.... which is My gift to every being embodied as a human being on earth.... Only then will I be able to nourish the little flame of love with the fire of My eternal love, because then your resistance against Me will have been abandoned and you will be ready to take the path back to Me. I will always let graces flow to you, I will always help you to ascend, but only your free will will let the graces become effective, only your free will will accept My assistance, and thus your free will will also have to tackle the work on the soul which is necessary for the transformation of the being. Bear this in mind so that you don't let the short time on earth pass by in inactivity of will, for no-one can do this work for you, neither a human being nor a being of light, no matter how great their love for you might be. Only loving intercession by people can help you gain strength, but you always have to accept it of your own free will and use it correctly. Therefore you should not walk along so indifferently, you should become and remain aware of your task and help the soul to attain perfection, which you can certainly achieve on earth if only you eagerly let your will become active and thus direct it to Me for the time being.... Then I will seize you and truly no longer let you fall.... then My strong arm will hold you, for the will turned towards Me also means giving up resistance, and then My illumination of love will also have an effect again and be able to kindle love in the human being, and then the human being will also do the work on his soul.... He will change again and the return to Me will also certainly take place....

Amen

Translation handled by Doris Boekers

### **Spiritual wealth in the afterlife.... power....**

B.D. No. 7379

July 5th 1959

**Y**ou will lose all earthly strength when you enter the kingdom of the beyond. Only spiritual strength remains for you, and with this alone you will be able to create and work for your own and other souls' happiness who are powerless and dependent on your support. And therefore you must acquire this spiritual strength on earth so that you will not arrive powerless and miserable on the other side when your earthly life ends and you leave your heavy body. You cannot be told often enough that in earthly life you should only think of acquiring spiritual goods, spiritual wealth, treasures which will follow you into eternity and which no one can take away from you. And acquiring these spiritual treasures only requires eager activity of love in complete unselfishness, they require constant remembrance of the one Who created you, Who is your God and father from eternity. For from Him emanates the strength which shall fill you and can only fill you in intimate union with Him, in eager activity of love.... For He is love Itself, and anyone who lives in love lives in Him and with Him, he is, as it were, united through love with Him, Who is love Itself.... And every work of love increases the treasure of spiritual possessions, every work of love bestows increased spiritual knowledge, and every work of love signifies the supply of strength from God and thus spiritual strength and wealth itself. But anyone who is devoid of all love will remain poor and powerless, and he will enter the kingdom of the beyond in his wretched state, no matter how rich he may be in goods on earth, no matter how seemingly righteous he may be.... where love is missing everything is just an illusion, and there is no righteousness without love, there are no virtues without love, everything is just an illusion before the world but cannot be concealed from God Who sees into the heart and knows the human being's innermost thoughts. You must first make an effort to love, you must know that these are the most important commandments which God Himself gave on earth through the man Jesus, and you must know that only the fulfilment of these commandments leads to eternal beatitude, because love alone **is** the **strength** and without love you will lead an unhappy life one day in the spiritual kingdom. Then you will be dependent on the help of the beings of light or the intercession of people on earth, who

alone can help you in spiritual adversity. For you cannot do anything yourselves in your powerless state, moreover, you are completely weak-willed, and therefore it is difficult to bring help to you, because you also have to accept this help voluntarily and often lack the will to do so. Therefore, make sure on earth that you acquire spiritual strength, make sure that you have at least a small spiritual wealth at your disposal which will then open the path into the kingdom of light and lead you upwards into bright heights....

Amen

Translation handled by Doris Boekers

## God's help for the purification of the soul....

B.D. No. 8377

January 11th 1963

**A**ll earthly experiences should and can contribute towards your perfection, for everything is arranged in such a way that you are forced to find the right attitude which will then also have an effect on your soul. You can humbly accept everything and recognize it as My will or My permission, but you can also rebel inwardly and then you will derive little benefit for your souls, and many events can pass you by without the effect they should have on your souls. Believe that nothing affects you 'by chance' but see My guidance and My will or My permission in everything, because I want to create opportunities for you where you can carry out diligent soul work.... where you can practise patience, gentleness and peacefulness, where your mercy shall be stimulated or your humility shall be strengthened.... where you shall practise unselfish neighbourly love and patiently accept all suffering. And this will always bring salvation to the soul which only walks across earth for the purpose that it will be purified, that all dross will fall away from it which restricts or completely prevents My illumination of love.... And the more eagerly you carry out this work on your soul the sooner all oppressions will leave you, for then you will become increasingly more active in love, and love will dissolve all dross in your soul and it will mature in a short time. If you look at all the adversities of life, all daily discomforts from this side, you will also be able to overcome them much more easily.... you will know that you still need them because you are still unfinished, and you will also know that I will help you time and again, whatever it may be.... for every means I use to guide you to higher maturity is help which My love gives to you and which you should therefore also gratefully accept.... And when nothing is able to disturb you anymore, when you calmly let all adversities of daily life pass you by.... if you bear them humbly and patiently, they will also have fulfilled their purpose, and your soul will thank Me that I bestowed this help upon it which helped it to attain perfection. You all still have much to reject during earthly life, for only rarely has a person already attained full virtue, everyone has to work on himself in order to change his vices and bad habits into the state he should attain, so that he is able to receive My ray of light of love, so that My ray of love can shine through him without being prevented by impenetrable coverings. All bad habits and vices are such coverings which hinder My ray of love, which require diligent soul work but which you can accomplish if you are willing to fulfil My will. But since the human being does not carry out this work on himself he has to be stimulated by Me, as it were, by facing many resistances and obstacles in daily life which he should and also can master with My help if only he sends a call to Me to assist him in the battle against everything unspiritual which still oppresses him.... Then he will admit his weakness for once and humility will grow in him, he will make an effort to compensate and ward off everything with love. And love is the soul's best purifier, it dissolves all coverings and My love can now radiate through it in all its strength.... Only don't let yourselves be carried away into unkindness through such resistance, for then My adversary will have won over you and you will have to make ever greater efforts in order to achieve the perfection of your soul on earth. Nothing that approaches you is pointless and futile, for My will directs your earthly course and I only want to promote your maturing but not let you fall into the abyss again.... And therefore also recognize My will or My permission in everything that concerns you and submit yourselves to it....

Amen

Translation handled by Doris Boekers

**Y**ou ought to practise patience and make an effort of cultivating a life of peacefulness and gentleness in mercy and righteousness and humility, in which case you will also always live a life of love, for love alone will shape you such that you will acquire all these virtues, that you will endeavour to treat your neighbour with love and therefore live according to My will. And precisely that which I expect of you will be lacking in you as long as you are still controlled by My adversary. And you can also recognise to whom you belong if you seriously scrutinise yourselves as to what you still need to become perfect. For you possessed these virtues in your perfect state when you still belonged to Me and were blissfully happy.... By turning away from Me you changed yourselves into the opposite, all the bad characteristics awakened in you when you accepted My adversary's nature who lacked all love.... You shall reach perfection again in earthly life and therefore must also cast off all negative attributes and adopt your fundamental nature again; you must live a life of love which will awaken all virtues in you so that you will become divine living creations again. Yet this will always require an inner battle until you discard your initial nature, for time and again you will be provoked by My adversary into impatience, contentiousness and a quick-tempered nature, time and again he will want to harden your hearts, to obscure your sense of justice and prompt you to become arrogant, for he does not want you to become perfect but keep hold of you as beings like himself whom he can dominate. Yet you will have to wage this battle, for every ascent requires force towards the one who keeps you constrained. And you can become victorious if you hand yourselves over to Me in Jesus, if you appeal to Me to help you become again what you were in the beginning.

You must always consciously work on yourselves, you must recognise when you have failed and relapsed into your old mistakes, and you must repeatedly request strength from Me for the transformation of your nature. Then I will recognise that your will is sincere and I will truly help you in reaching your goal. Most of all you must discard all arrogance, overcome all faults, because then you will also recognise them as faults once the arrogance has given way.... And as soon as you live with love this love will also encourage you to change your nature, then you won't be able to help yourselves but think righteously, to let mercy prevail, to also quietly and patiently endure your fellow human beings' failings and you will try to gently influence your neighbour if you want to help him accomplish his change of nature like yourselves.... As soon as all divine qualities break through in you again due to love you will also safely reach your goal of unification with Me, which can only take place with a similar being as Myself, because this is based on My law of eternal order.... Time and again you should exercise self-criticism as to how much control the adversary still has over you and influences you. And you should always resist him when he wants to tempt you into reverting into faults which you endeavour to discard. One thought of Me and he must let go of you and can no longer oppress you.... It is just that you have to muster the serious will of accomplishing this transformation of your soul, for you will be approached by temptations every day, often motivated by your neighbour who is impelled by the adversary to agitate you so that you fall back into your old mistakes. And time and again you will have to prove yourselves, yet as soon as you prevail, as soon as you consciously work at improving yourselves, a glorious reward will also beckon you, for earthly life does not last long but the spiritual kingdom will grant you a blissful life and you will be able to work in light and strength and freedom with Me again, for your nature will have become like My own again which will also signify an eternal unity, for you then will have become as perfect even as your Father in heaven is perfect....

Amen

Translation handled by Heidi Hanna