

# Word of God

Jesus Says.... "Watch And Pray!"

A selection of godly proclamations received  
through the 'Inner Word' by Bertha Dudde

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## Table of Contents

4595 Presence of God.... voice of the father.... right children.....	3
8467 Where do the temptations go out?.....	4
1580 Influence by the prince of lies on people's thinking.....	5
3191 The adversary's mask.....	6
3369 Striving of the adversary of God to alienate people from Him.....	7
5677 False Christs and prophets.... Satan's mask.....	8
6639 Soft light.... Deceptive light.... (Sensationalism.... ).....	9
7315 The adversary's temptations by means of worldly enticements.....	10
4684 Power of satan.... "Watch and pray....".....	10
7056 Jesus' battle against temptations.....	11
5459 "Watch and pray....".....	12
2895 Temptations, inner struggles.... testing the will.....	13
3290 Temptations of the world.....	13
3684 Temptations.....	14
3696 Violation of eternal law.... Temptations.....	15
5663 Mental disorders - temptations.... patience.....	15
5701 'Test the spirits....' False Christs and prophets.....	16
8290 False Christs and prophets.....	17
6545 Spiritual strivers are particularly harassed.....	18
5297 Watch and pray.... God's protection against evil forces.....	19
6118 The spirit of love protects against temptations and God's adversary.....	19
8520 God's protection from the adversary's temptations.....	20
0954 "Watch and pray...." temptations.....	21
1368 "And lead us not into temptation...." our father.....	21
3285 Prayer and deeds of love are weapons against temptations.....	22
4344 Temptations of satan.... God's protection.....	23
4985 'Deliver us from evil...!.....	23
6959 Increasing temptations.... intimate prayer.... power of the word.....	24
6972 Call of Jesus Christ in temptations and hardships through the adversary.....	25
4662 'Watch and pray, lest ye enter into temptation...!.....	25

### Presence of God.... voice of the father.... right children....

B.D. No. 4595

March 24th 1949

I am with you if you hear My voice mentally or also audibly, as your maturity of soul allows. And you must feel My presence, otherwise it is not a living connection which you have entered into with Me through prayer. And thus you will also gain the conviction that you are in divine care, that nothing bad can approach you and that you are therefore My charges. Anyone who is not aware of this doubts My presence and thus My direct working on and in you, he also has no part in Me, he is distant from Me due to his resistance which results from his unbelief. Anyone who desires Me also possesses Me, anyone who doubts Me prevents Me Myself from approaching him. Thus you humans create for yourselves the relationship in which I stand with you. The God of love is always ready for you if you

grant Him access into your heart and if you thus want to receive Me you need never fear that My adversary will intrude, thus you yourselves determine through your will who will take possession of you. And you will by no means be able to be satan's prey as long as you strive towards Me and are willing to serve Me. Humanity is spiritually blind, it does not grasp the miracle which takes place where My word is conveyed from above to earth. And where I therefore work the world steps in and wants to extinguish the light from the heavens, it cannot bear the radiant shine and seeks to darken it. Where I work My adversary lurks there for the opportunity to cast shadows on the light, and the human being's will encourages him. They shun the right light but chase after the will-o'-the-wisps, and soon they are unable to distinguish a right light from a will-o'-the-wisp. My spirit would enlighten them if they only paid attention to what the heart tells them. But they only let their intellect speak and it leads them wrongly. And thus only he will reach his aim who allows himself to be instructed by Me through his heart, who believes like a child and thus also recognizes the father's voice, whether it sounds to him directly or through messengers.... it is always My word which wants to inform people and testifies of Me. Anyone who does not recognize this word of Mine is not Mine, he does not have Me as his father but the one who works against Me, who wants to push the children away from the father's heart and who also has great power if the child isolates itself from the father, if it becomes apostate to Him. Don't fall prey to him, otherwise your will will be weakened and you can only be helped through heartfelt contact, through conscious striving for My presence and unconditional submission of your will. Then My adversary's activity will become apparent to you and My love will be victorious, for it applies to you as long as you live on earth and also in eternity....

Amen

Translation handled by Doris Boekers

## Where do the temptations go out?....

B.D. No. 8467

April 14th 1963

**M**uch is offered to you because My love for you is boundless, and do you believe that I will leave a request unfulfilled which is for the benefit of the soul? But the soul will derive the greatest advantage if I instruct it in truth, for then it will learn to recognize and love Me, and then its goal is also guaranteed, that it will unite with Me through love.... You humans shall still experience much through My teachings, you shall penetrate ever deeper into an area which can only be made accessible to you spiritually, and therefore I will reveal Myself to you time and again, through My spirit I will impart knowledge to you which shall make you happy and help you achieve perfection. And it is important that you know how you are made up and why you are made up the way you are as a human being on earth. You have to pass your last test of will on this earth, it is a matter of accomplishing the reshaping to your original being, which means as much as that you change everything negative, which still clings to you, into the positive and become the perfect beings again, which you were in the beginning. Your imperfection consists in the fact that your free will, which was able to develop in all directions, turned around, that it strived for the opposite of what corresponded to My will, that is, it was lawful order. It stepped out of the law of eternal order, it misused its will and thus turned its nature into the opposite.... But now, through the endlessly long process of return, it has again become able to make a decision of its will again.... which it could not do before in the state of bound will.... This process has already been explained to you in detail.... But now, at the beginning of its embodiment as a human being, the being is still far from perfection because it has many negative things in itself which it first has to overcome in earthly life.... For the being is still entirely under the power of the one who caused its fall into the abyss.... And since the beings once voluntarily followed him to the abyss, he also still has a right to the souls.... But I also have a right, because all My creatures came forth from My strength.... Now the soul itself has to make the decision to which lord it wants to submit itself, and both I and My adversary fight for its **will** during earthly life.... Thus My adversary also has the right to influence the human being's will, and therefore he also does everything in order to win him over.... Since the human being.... the embodied once fallen creature.... has much negativity in him, i.e. characteristics and urges which mark his affiliation to My adversary, the human

being must now wage a battle against these characteristics and urges.... He must overcome himself, reject everything negative and change his nature again by adopting divine qualities.... by finding a just measure for all instincts which are naturally inherent in him as a human being, so that he can test himself and wage a battle against himself, i.e. against the thoughts, actions and senses of the human being which have been brought into disorder by the adversary.... and which, as a result of the former fall, have completely perverted the nature, i.e. violate the law of eternal order.... The battle for the human being's will between Me and My adversary constantly takes place during earthly life, and the adversary will use his arts of seduction at all times, he will always encourage the human being to act contrary to law, thus to violate My order of eternity.... And time and again the human being will have to muster the will **himself** to resist these temptations but will always receive the strength to do so if only he asks Me for it.... The temptations always originate from My adversary, whereas I only want to be called upon to protect the human being from falling. Whatever it may be.... in which way the human being is tempted.... **it is always the work of My adversary**. Such temptation never emanates from **Me**, but I Am always willing to **help** you humans to resist temptation. It is a matter of you humans **detaching** yourselves from My adversary who fights for you by repeatedly trying to tie you down and bring you down.... I will never **lead** you into such temptations in the same way but seek to **deliver** you from them.... But I cannot dispute My adversary's right to fight for you who have become his kin in free will.... And likewise, **I** did not place these wrong urges in you, so that they could pull you down by natural law.... but your free will must set the limits itself, you must find the just measure, then you will never sin.... My adversary, however, will always try to induce you to transgress the just measure.... thus to turn everything good into the opposite, to abuse all natural law instincts within you and thereby drive you to sin.... He will never cease to tempt you until the end of your life, but you can overcome him with My grace and My strength.... However, the fact that I allow all these temptations does not mean that **I Myself** "lead you into temptation".... but I **lead** you **out** of temptation and deliver you from all evil.... if you ask Me for it.... Nothing negative can be claimed by Me, I Myself cannot have put anything negative into a human being either, but I can only ever create perfection, which, however, the being itself can turn into the opposite in free will through the influence of My adversary.... But in earthly life you should test yourselves as to whether you are willing to fight against everything ungodly in you, and I will help you to do so in every way.... For I want you to reach perfection, but I Myself will not increase your spiritual adversity by adding to your possibilities of defeat.... For I love you and want to make you blissfully happy forever....

Amen

Translation handled by Doris Boekers

## Influence by the prince of lies on people's thinking....

B.D. No. 1580

August 24th 1940

**L**ook at humanity's conduct. It is dominated by the spirit of lies and this is causing indescribable confusion. Human thinking will distance itself ever further from the truth, for the human being mentally accepts the lie and has no way of recognising it as such, and thus the person's emotional life will be led astray as well. It is therefore understandable that the layer around the human soul continues to thicken, thus the person distances himself more and more from the truth since the spirit in him cannot express itself, i.e. the soul is incapable of receiving spiritual truths. As soon as a person's thinking takes the wrong direction the voice of the spirit gradually subsides until, in the end, it is no longer heard. The result is a human race which lives in complete ignorance, which strives towards completely different goals than they were originally supposed to achieve. Hence, earthly life is entirely unsuccessful, because as long as the human being lives in error he turns to the power from which he should separate himself. The God-opposing power subsequently makes use of this inclined will and determines the being to commit God-opposing actions in order to destroy all ties and to subjugate the being completely. And this state among mankind can now clearly be recognised.... Earthly life is lived totally independently from God, people only rarely think of the One from Whom everything emerged.... or every thought relating to spiritual matters is anxiously kept secret. God is no

longer publicly professed, providing He is at all thought of. All these are visible signs of powers which are hostile to God, for their influence grows stronger the weaker the human being becomes. And since the human being keeps distancing himself ever further from the eternal Deity, his strength to resist the evil influence grows constantly weaker. Instead, he receives the strength from the God-opposing power which supports him in all earthly undertakings. Thus earthly success is always guaranteed through this said strength and the earthly success, in turn, contributes towards a complete separation from God, for the human being no longer needs divine strength, consequently he no longer calls upon God either but denies Him.... And it is the adversary's intention to alienate the human being completely from thoughts of God, for then he will have absolute control over him. He has become a victor over the being which had the choice to whom it wanted to concede victory.

It has chosen God's adversary and thus walked its earthly path in an entirely wrong direction....

Yet God will not let these beings fall.... He will provide them with the evidence that everything earthly worth striving for is also subject to His power.... that He can destroy it if it corresponds to His will. He by no means haphazardly destroys what the human being deems desirable, but this work of destruction will, from a spiritual point of view, also be of greatest advantage for countless entities. Yet people who do not recognise its profound significance will be sorely affected by it, for they will lose everything which, until now, signified their whole life. And once again they are facing the decision.... to strive for the same again or to recognise the transience of it and to gather everlasting possessions for themselves. For at the moment of destruction the adversary loses power, and if the person recognises the impotence of the latter the possibility is given that he might recognise a different Lord above himself and turn to Him. Earthly possession is the share of the evil power for it contains unredeemed spiritual substances, and the human being should not desire what was his place of abode for an infinitely long time before.... he should not strive towards something which took him endless times to overcome.... And thus the obvious worthlessness of it has to be proven to him, so that he will turn away from it and towards that which will come after him, after his life on earth. He must relinquish earthly matter and desire spiritual things, then he will also overcome the final form and liberate himself from every chain. However, spiritual things continue to exist and therefore belong in the realm of truth.... Worldly things, however, are transient, thus they belong to the realm of darkness, to untruth, for it only shelters immature spiritual substance which did not recognise the truth and therefore were banished. Consequently, the human being can never know the truth as long as he desires earthly goods and, precisely because of this desire, concedes power to the prince of lies. And as long as he strives for earthly possessions he will be dominated by the lie, and his thinking has to be misguided, for the prince of lies tries to influence the person's thoughts first and to completely distance him from the truth. Therefore, the state of people is extremely alarming and can only be remedied if God Himself breaks the adversary's power by destroying earthly possessions....

Amen

Translation handled by Heidi Hanna

## The adversary's mask....

B.D. No. 3191

July 16th 1944

**P**eople allow themselves to become beguiled by the adversary's mask and do not recognise his game of deceit. For this reason he is gaining ground everywhere since God does not set him a limit as long as the human being himself grants him power over his will. But he is using this power in every respect by means of increasingly bigger works of deception in order to mislead people. They could certainly see through it if they were striving for righteousness and justice.... But such endeavour is the last thing on their mind, everyone is merely interested in themselves and their advantage and no-one questions to what extent the next person has the same right. It is selfish love by which the human being delivers himself to the opponent and which also blinds and disables him to become conscious of his activity. But if the human being himself does not resist he will fall prey to this control and all clarity of thought will be lost to him. Because the goal of God's opponent is to confuse people's

thoughts so that they will increasingly fall away from God and become unable to withdraw from his lure by themselves, that he will rage and unreservedly pull them into ruin without meeting any resistance, because only the human will is decisive and this is too weak. (Because) The adversary represents the world and therefore is a friend of those who are attached to the world.

But he is approaching under the cover of piety, and thus people allow themselves to be beguiled by him. He feigns goodness to them but his actions are evil, since he propels people into heartlessness, into self interest, into pursuit of earthly wealth, into increased physical comfort, and all this is a decline of the soul's development, it is a disregard for the real purpose of earthly life, the maturing of the soul. And people do not recognise it because they are enslaved by the power which aims to separate them from God. Yet even this enemy of souls takes the name of God in his mouth, he wears this cloak in order to remain unknown, and his cunning is successful and puts untold people under his spell. But woe unto them when his cunning is revealed, when the mask drops and his true face appears.... Then they can only save themselves from his power with great difficulty, for they had left Him, Who is Lord of all creation, Who can redeem the human being whose will is willing to be redeemed. But the enemy's cunning consists of first removing a person's belief in the help of the divine Redeemer as well as in His Divinity Itself. And those who are spiritually blind will follow his banner and voluntarily separate themselves from their soul's Saviour. Humanity, however, does not recognise the dark power's activity, it sees light where there is utmost darkness, because making believe that there is light even though it is darkest night is also an act of Satan's deception. And they flee the true light and do not accept the cautions and warnings which are given to them by the appointed messengers.... They worship an idol whose power in fact merely consists of weakening the human will but who is powerless when this will turns towards God.

And you will recognise this idol by the fact that he will not do anything to increase your faith in a loving, wise and all-powerful God. That the name of God will indeed come forth from his mouth, but he will not give him authority by deliberately calling on Him, that he will ignore love and for this reason is far removed from God, the eternal love, that he will not acknowledge Jesus Christ, the divine Redeemer, and thus he is an obvious opponent of Him, who will put humanity, which is in need of redemption, into bondage once again if it follows him and puts itself under his banner...

Amen

Translation handled by Heidi Hanna

## **Striving of the adversary of God to alienate people from Him....**

B.D. No. 3369

December 16th 1944

**S**piritual development is so extremely important in earthly life and yet is mostly disregarded, and this is the work of God's adversary whose endeavour is to prevent people as much as possible from thinking about their actual purpose in life. Only active reflection leads people to the aim, it brings them to recognize their task in a short time. But as soon as the demands of the world approach him in such a way that they fully occupy his thinking, God's adversary will have achieved his aim of dissuading him from every spiritual thought, and then the human being will not do the slightest for his soul because he is not aware of its hardship. For in order to work on his soul he has to know that it is in a defective state, he has to imagine the cause of it, he also has to know about the consequences and recognize the former in a wrong earthly living.... Only then will he strive to change himself and thus tackle the work on his soul. But God's adversary tries to prevent all this by placing earthly life in the foreground and using every opportunity to entice the human being with what belongs to the world. And the human being all too willingly accepts worldly temptations, he allows himself to be lured and follows him by striving for the pleasures and goods of the world, by allowing himself to be completely captivated by the world. A person who still enjoys the world will never seriously think about the meaning and purpose of his earthly life, he will never care for his inner life but only ever pay attention to the external; he will enjoy life to the fullest and not miss any opportunity to help the body to enjoy itself while he will not think about his soul at all, and therefore he can never develop ascendancy as

soon as he pays too much attention to the world, for it is part of him who wants to ruin the soul, who believes he can diminish God's might and strength and therefore also seeks to distance the human being from God. And humanity willingly follows him, it does not resist, it does not refuse but does everything God's adversary demands, and he believes himself to be over-strong in his power. People's will itself increases this power, the human being hands himself over to God's opposing power where he should offer resistance and can do so if he raises his thoughts to God and requests the strength from Him. For often enough it is held up to him what he should do and what he should refrain from doing, often enough his own task in life is presented to him and he is stimulated to think about it.... If he does not do so, it is his fault, for God truly does not lack opportunities where the human being can come to recognize his purpose in life. If he lets these opportunities pass he will have to answer for them, just as, conversely, he will receive grace upon grace if he strives to fulfil his task in life of his own accord and raises his thoughts to God. For God takes hold of every outstretched hand which appeals to Him, but just as He never forces the human being's will to incline towards Him if he strives towards His adversary....

Amen

Translation handled by Doris Boekers

### **False Christs and prophets.... Satan's mask....**

B.D. No. 5677

May 16th 1953

**Y**ou must not get caught in Satan's nets of lies who wants to win you over for himself by trying to confuse your thoughts, by apparently speaking in My name and yet, being far away from the truth himself, only presenting you falsehood. False Christs and false prophets shall arise.... remember these Words of Mine and don't believe every spirit who speaks My Word, for even an evil spirit makes use of My Words if thereby he can draw you into this camp.... Many a person will allow himself to become confused in the last days, but only because he is half-hearted himself and fails to take refuge in Me in order to attain the truth. And My adversary knows how best to win people over who are not yet entirely devoted to Me.... He does not shy away from influencing them under the mask of piety; his goal is to distort My image, to alienate people from Me; his goal is to make it more difficult for them to recognise Me, and therefore he uses words which can have various meanings and subsequently interprets them such that they will be misunderstood and lead away from true belief in Me and from love since due to his interpretation I cannot be properly recognised.... Thus My adversary influences weak and not entirely firm people to interpret My Words in this way, thereby apparently speaking **in support of Me** and yet **against Me**, because it is not the pure truth which he is spreading. The sincere will to work for Me and My kingdom will eliminate this danger; but how many have not yet attained a living faith and profound love for Me and their neighbours themselves as to be enlightened by My spirit. And they likewise have reached a point in life when My Word shall be proclaimed, hence they make an intellectual effort to give people the interpretation, intellect, however, is subject to the adversary's influence who wants to confuse the latter in order to work against Me.

And again I emphasize the fact that only the human being's will to hear truth or to pass it on is decisive as to whether he will receive truth or pass it on. The human being first has to be imbued by the desire for the pure truth, then he can be certain that truth will be imparted to him, that he will truthfully understand and interpret My Word. My adversary is eagerly working at undermining the truth, and he will be successful where the will for truth is not strong enough so that I Myself, as the Provider of truth, can safeguard it, because the human being's will alone determines the spiritual knowledge he receives. Therefore, don't let yourselves be deceived by pious words which My adversary can also use where he finds the right ground for it. For not the Word itself is Mine but the spirit I placed into My Words.... The Word itself, without My spirit, can certainly be changed, and therefore it can also be used by My adversary in order to achieve his goal of separating you from Me and the truth.... The spirit, however, is My share, and if you therefore search for the spirit within the Word My spirit will enlighten you, but differently than the interpretation of the one who avails himself of My Word without being imbued by My spirit. These are the last days, when My adversary causes



much confusion among people.... Therefore beware and test all things, and if you do so with an appeal for My support, you will know and only ever keep what is good....

Amen

Translation handled by Heidi Hanna

### **Soft light.... Deceptive light.... (Sensationalism.... )**

B.D. No. 6639

September 8th 1956

**D**ue to the fact that people are moving increasingly further away from the truth their spiritual adversity is steadily increasing. They are no longer capable of discernment, error and lies seem more believable to them than pure truth so that conveying truth to them is becoming ever more difficult, precisely because their thoughts are confused due to the influence of the one who opposes the truth, because he opposes God and thus will do anything to keep people's thoughts confused. You can truly call it spiritual chaos, and if truth is to prevail again it can only be brought about by people who receive the light of truth from God and thus, as bearers of light, try to pass it on. But even these bearers of light will find it difficult to be accepted, because the places where they want to work are particularly besieged by opposing elements, who more or less counteract them such that they apparently represent the same, in order to confuse even those who are willing to accept the truth. You humans have no idea about the battle of darkness against light during the last days before the end. Yet people would not need to fall victim to this battle, for anyone who desires truth from the bottom of his heart truly need not fear wrong thinking, and he will always notice when the adversary has infiltrated the spiritual knowledge that is offered to people. Thus he will also recognise where truth is to be found, and he will join the bearers of light and gladly accept the truth of God from them.

The truth is glowing but it is not a deceptive light.... and a deceptive light is anything that affects the eye as dazzling as lightening, rendering it unable to recognise the true light, which only emits a soft light that is soothing to the eye....

If you now consider Christ's plain and simple teaching and the powerful effect of the pure Word of God.... and compare them with the restlessness, tension and sensationalism people are subjected to through reports, which pretend to be of spiritual origin but make a person insensitive to Christ's simple teaching, so that he only ever wants to see the unusual, exciting.... then you also know what is meant by 'deceptive lights' and that they cannot benefit your soul. If you turn to God you will also be looked after by God.... but if you turn to the powers in the universe whose actions you are unable to judge, you can also expect flashing deceptive lights from the universe, and then you humans will become confused, which is to be expected, since God's adversary has found a suitable ground where he can establish himself.

As long as people are offered alternative nourishment to the 'divine Word', which appeals more to the senses than to the heart.... as long as activities of the spiritual world are associated with appearances of a mysterious nature.... thus, as long as 'sensations' are sought or feigned which, however, do not result in any ennobling influence on people's souls, it is not God Who is at work but His adversary in disguise, in order to gain people for himself, in order to destroy their appreciation for the light from above, for the pure Word of God. And he is succeeding at this to an alarming degree as long as a person's mind does not exclusively belong to God, as long as the world is not entirely overcome by those who believe that they have been called to improve the world and its people.... who are not satisfied with the soft shine of the divine light of love but prefer the dazzling glare of lightening and become blinded by it....

Amen

Translation handled by Heidi Hanna

If you are craving the world and its pleasures then you will know that you are approached by the tempter who wants to win you over again for the world which you endeavour to escape from. The realm of earthly joy and pleasure is his domain and he truly governs it in a way that many people fall prey to it, for they all crave earthly and physical joys and pleasures and they will all get what they want if they pay homage to the world and accept all enticements he presents before their eyes. He cannot beguile people by any other means than through the world, for once they have chosen the spiritual kingdom they will truly not comply with his will and turn their thoughts towards him.... In that case, however, he will come to meet them through the world and its attractions and a person must be very strong-willed indeed in order to resist the temptations.... Therefore, take note that when you seek to gain worldly pleasures you are at risk of succumbing to his artful temptations and forearm yourselves to resist him. Turn your attention towards the spiritual world again with increased vigour; hold yourselves to account as to what extent you bear up against such temptations, which you can be certain to be the adversary's work who wants to turn you against God and His kingdom and therefore will not shy away from using any means to achieve this goal. Admittedly, he will not be able to achieve much with a serious aspirant apart from the fact that the human being fulfils the requirements of life he has to fulfil, since he lives in the midst of the world and should prove himself in it. Nevertheless, the decisive factor remains the feeling of the heart, for it shall not allow itself to be captivated by desiring earthly joys and pleasures, since it depends on the heart's desire as to how far the human being will distance himself from the spiritual kingdom and return to the earthly world again. The temptations by God's adversary will not stop, he will also fight for the souls he is in danger of losing until the end, he will not let up until the end from pushing the spiritual kingdom aside in favour of the material world, and thus the soul must remain determined and resist. And the more progress it has made in its striving, the easier it can defend itself and the lesser will be the risk of complying with his will again, for the spiritual kingdom will also captivate the soul and not let go of it again, if its will is inclined towards God and thus no longer belongs to the adversary but releases itself increasingly more from him.... Then the human being will no longer be affected by temptations, the world will have lost its attraction and only the spiritual kingdom will be desirable for him, the unity with God will be the soul's only and highest goal and it will certainly attain this goal....

Amen

Translation handled by Heidi Hanna

**Power of satan.... "Watch and pray...."**

B.D. No. 4684

July 8th 1949

Great is the power of him who wants to destroy you. He does not shy away from any means and wraps the cloak of righteousness around himself, he tries to confuse your thoughts so that you are no longer able to distinguish right from wrong. He wants to overthrow you, he wants to bring you down so that you remain lying on the ground and can no longer rise. And he will harass you in every way, but most of all when you have chosen Me as your aim and have taken the path which leads to Me. Then he will lurk at every crossroads and want to lead you astray. He approaches you under the mask of a friend behind whom you see no falsehood, and he tries to win you over through words and deeds which, however, do not arise from love but are only appearances which you should fall prey to. Pay attention to this and always stick to Me, then I will not fail to warn you and walk invisibly next to you, I will pull you onto the right path and put the feeling of disgust into your heart if the deceiver approaches you under the cover of love. Detach yourselves from the world and you will only be exposed to a few temptations, but he lures you with the world and its pleasures and not infrequently succeeds. Give up everything the world offers you and seek Me, Who can truly give you goods which are incomparable to earthly goods. Know that behind every earthly joy lurks the tempter who wants to oust you from Me and turn towards you and who uses the pleasures of the world to win you over. His power is great, for he has many means at his disposal which are successful with people. But I only

offer you one thing.... My love which wants to help you attain beatitude. And this love expresses itself in the transmission of My word, which is why you must therefore regard My word as a gift of love which you should never ever underestimate and which you should therefore request and receive at any time if you want to increase your spiritual wealth and then also be strong in your resistance against the enemy of your soul. My word is a sure weapon against the attacker, for if you oppose him with My word he will lose all power over you and desist from his plan to win you for hell. But again and again he will approach you and try his arts on you and therefore "watch and pray, lest you fall into temptation...."

Amen

Translation handled by Doris Boekers

## Jesus' battle against temptations....

B.D. No. 7056

March 5th 1958

**M**y earthly life, too, was subjected to the same temptations and battles which you have to overcome.... I, too, had to struggle in order to bring all substances of the earthly body into the right order. I, too, knew and had to fight against cravings, for I was afflicted by the same weaknesses which cause you problems and only My inherent willpower mastered them. Hence I used force on My body, I did not allow it to gain control over My soul but prevailed over it and was able to do so by virtue of the love which flared up in Me as I lived among the enslaved human race.... I saw the adversity around Me which aggrieved people both in an earthly way as well as spiritually. And the burning desire to help them arose in Me.... For that reason I paid no attention to the body's desire in Me, I did not oblige it, for I knew, had I paid attention and satisfied My physical cravings, I would only have weakened in My willingness to help.

However, it was a difficult battle, for temptations besieged Me from all sides and the human nature in Me sought fulfilment.... But My soul turned to God, the stronger the temptations became the more it looked for the connection with the Father, and therefore it also received increasingly more strength, because this bond never remained ineffective. My life on earth was truly not an easy one until the complete unification with the Father-Spirit had taken place.... For I was as human as you and first had to do that which is also **your** task: to develop love to utmost perfection in order to thereby be able to give access in Me to the fullness of God.... the Eternal Love.... thus to find the ultimate union with Him, which is your goal on earth too. And even though My soul had come from the kingdom of light, it was nevertheless exceedingly besieged by its body of flesh, whose matter was the same as your body and thus also consisted of spiritually-immature substances which were still under the adversary's control, which he constantly impelled into all kinds of cravings and passions. The fact that I did not succumb to them as a human being was only achieved by the love in Me which strengthened My will to resist. And staying in dark and sinful surroundings also gave the external evil spirits an opportunity to besiege the body and to entice it with make-belief images which were intended to confound the senses and weaken My resistance. But I was not allowed to push these evil spirits aside.... I had to try to pacify them, I also had to let love come to the fore because I realised that they, too, were pitiful beings under the adversary's control which should also be released from him one day. And therefore I did not use force against these evil spirits but had to exercise patience and gentleness, I had to resist them and calm them down through My willingness to love until they let go of Me by themselves....

I was a human being and had to fight and suffer like a human, because all this was part of the act of Salvation I wanted to accomplish for My fallen brothers.... For at the same time I also wanted to show people how they can master their weaknesses and cravings, I wanted to exemplify to them the life which should help them gain freedom and achieve unification with the eternal Father.... I wanted to prove to them that it is possible to resist all temptation with the strength of love, that love is the first and last condition in order to live earthly life successfully, to become perfect and to unite with God.... The love in Me made Me, as a human being, realise the cause of the wretched state, just as you humans can only gain the right understanding through love. And the love in Me also gave me the

strong will to carry out the act of Salvation on account of which My soul had embodied itself on earth.... As a human being I knew that I would only be able to accomplish this act with the strength of God's love, and therefore I called for 'Love', I beseeched It to give Itself to Me, and thus also shaped Myself appropriately to receive God's strength of love in Me.... I tried to resist all cravings, I denied entry to all impure thoughts the adversary wanted to awaken in Me, time and again I confronted him with My love from which he had to flee, and thus soon only love filled My heart. I formed an increasingly more heartfelt bond with the Eternal Love Which gave Itself to Me and thus also made Me become increasingly stronger, so that I approached the final goal of My earthly existence with a firm will. Yet the adversary did not stop besieging My body time and again with ever fiercer temptations as My intention became more evident to him.... And I had to fight him until My end.... time and again My human nature emerged in Me so that, in My weakness, I prayed to the Father 'If Thou be willing, remove this cup from Me....' But the bond with the Father was stronger and I utterly succumbed to His will.... I foresaw humanity's boundless misery and the love which constantly grew more powerful was ready for humanity's rescue mission.... A human being suffered and died the death on the cross, yet this human being was merely a shell for Me Myself, I was able to take abode in Him, and it was **Love** which accomplished the act of Salvation, it was **Love** which redeemed humanity's guilt of sin and this Love was I Myself....

Amen

Translation handled by Heidi Hanna

## "Watch and pray...."

B.D. No. 5459

August 11th 1952

**W**ords of love also have the divine spirit in them. That is why you may accept everything as good which lets you recognise love. However, you must nevertheless scrutinise the origin of these words and not blindly assume a divine origin, since such a belief can easily lead to error. Therefore test everything and keep the best, and ask your heart what it says about it, for the heart will not deceive you if you earnestly desire to stand in the truth:

You will certainly also receive admonitions from the kingdom on the other side, because the beings of light regard you as their co-workers and the souls you want to help also take an interest in your fate on earth, for even more mature souls are able to foresee and urge you to pay attention in order to avert disaster for you at the same time, yet they do not know the day and hour since their concept of time is unclear to them. Yet they will not deliberately misinform you, for they love you and only want to do you good. That is why they will not be hindered when they want to warn you because their will is good. But you humans should always be vigilant, you should not walk blindly and you should remain connected to God.... But then you will also go your way peacefully despite earthly hardship, for it will affect you less the more you are connected to the One Who alone can help you. Furthermore, it is good for you if you pay attention to everything that can cause you unrest.... Watch and pray.... For you are always in danger of being oppressed by the tempter. But to watch means to always be on the lookout to see if the enemy is approaching you, to be vigilant means not to put yourselves in danger, to recognise the danger in good time and to avoid it.... Something often seems insignificant and yet can have serious consequences; it can be a real danger for you if you do not watch and pray for protection and help. For the enemy of your soul lays snares to catch you, and the unwary, the gullible and the reckless fall into them and become his prey.... Therefore watch and pray, lest you **fall** into temptation.... Satan's power is great, but God's love is even greater, and it applies to all those who are sincere and of good will and humbly ask for His Mercy. Then no disaster will happen, He will protect them earthly and spiritually and save them from temporal and eternal destruction, and the beings in the beyond will also intervene to help if they know that their protégés are in need....

Amen

Translation handled by Sven Immecke

**I**n order to be able to perfect himself the human being has to go through difficult inner battles because he has to test his strength of resistance in them. Spiritual maturity can only be attained through a correctly applied will, and therefore this must be tested time and again, and this requires soul struggles; the human being must be confronted by temptations which only have the one purpose of being overcome so that the spirit becomes increasingly freer. The giving up of one's own physical desires has to be achieved and only the soul is to unfold, and therefore the will has to be strong, and a perpetual struggle against oneself is a necessity which necessitates the maturing of the soul. It is not an easy task, yet the fulfillment, the victory over oneself, is a reward, a success which is worth all efforts and overcoming, for the free spiritual state is so blissful that the human being has truly given up nothing but is only the recipient, for what he gives is of no lasting value, but the freedom of spirit remains with him eternally. People cannot be spared these struggles, for only through constant struggle does the soul purify and steel itself, and only then is it suitable for the free spiritual state, which presupposes a complete overcoming of matter, of earthly desires and cravings. And therefore the temptation has to approach the human being time and again so that he proves his power of resistance, so that he seriously works on himself and lets his will become active.... All spiritual progress consists of overcoming oneself, be it by giving up one's own desires towards God or one's neighbor, if the human being overcomes his desire for the sake of the latter and makes a sacrifice. He must always put his ego aside, he must strive upwards, he must strive for spiritual good and renounce every earthly pleasure, then he consciously strives for the perfection of his soul, then it will become easier and easier for him to withstand every temptation; desires and cravings will become weaker and weaker the more he has become victorious over himself. And the spirit within him will become freer and freer, for nothing will hold him back and he will be able to strive upwards unhindered. Temptations of all kinds are cliffs and obstacles that must be overcome if the right path is to be continued, which leads to the goal. And the world will still provide the human being with manifold incentives to test his will, inner battles of the soul will have to be fought again and again if earthly life is to bring constant progress, if the soul is to be able to mature through its own resistance. The goal cannot be achieved without a fight, the human being must always be prepared to face his adversary who, in all the temptations of the world, approaches him time and again and tries to make him fall.... Man must constantly be on his guard lest he succumb, and therefore he must fight without ceasing until he has defeated himself....

amen

Translation handled by Doris Boekers

**Temptations of the world....**

B.D. No. 3290

October 12th 1944

**Y**ou will have to be careful not to fall prey to the temptations of the world if you are not yet strong enough in faith. For the hostilities of the world are especially directed towards you, it seeks to win you over and to persuade you to fall away from God, and therefore you must arm yourselves with the shield of faith and steel it beforehand so that it will stand firm. Anyone who is still weak should struggle for strength of faith, he should not stop asking for strength and grace and his will should always be turned towards God; he should practice love because strength will flow into him and he will then be able to withstand all temptations by the world. So love is always the first.... incessantly being active in love will let you grow in realization, you will attain convinced faith and this will have an unshakeable strength, love is a weapon which overcomes everything and forces the strongest enemy to the ground, because God Himself is active in the loving human being. And again and again it has to be pointed out that the coming time will bring you abundant opportunities to practice neighbourly love, and that you must not fail then if you want to survive the horrors of the time, if you want to go through this last battle unharmed in body and soul. Nothing else can replace the strength of love and nothing else can earn you this strength than active neighbourly love, as energetic care for the soul and

body of your fellow human being. If you practice this, the time of tribulation need not frighten you, for then you will have the strength within you to master all opposition. But as soon as you lack love you will also waver in faith, because faith without love is dead and a dead faith is without conviction and without strength. Then the world will easily succeed in making you inclined towards its temptations; earthly life will seem incomparably more appealing to you, for you have nothing more blissful to offer it.... the delights of a profound bond with God through love.... Then you will fall away and be lost for eternity, for the final decision is upon you and you will only be able to make it correctly if you believe deeply and steadfastly. And therefore God warns you urgently of the temptations of the world, and again and again He admonishes you to love.... He constantly shows you the path you have to take in order to emerge victoriously from the last time of battle; yet there is only one path, the path of love.... And if you walk this path you need not fear anything, no matter what may come. But without love the path is difficult or, if you leave it, dangerous for your soul.... And prayer is always at your disposal. If you are in danger of becoming weak, call upon God for His help, present your adversity to Him and appeal to Him for grace and strength, and He will truly not let your prayer go unheard if you fear for your soul's salvation and take refuge in Him. And you will receive the strength to be lovingly active and then use it in the right way.... Always bear in mind that you cannot become blessed without love but that in love you will find the fullest substitute for everything the world can offer you. For it is only pseudo goods which you desire.... for their sake don't give up the goods of eternity which make you deeply happy and turn you into free, blissful beings. Therefore fight the short battle with God, i.e. remain in constant contact with God in love for your neighbour, and you will emerge victorious from this battle and eternally enjoy your victory....

Amen

Translation handled by Doris Boekers

## Temptations....

B.D. No. 3684

February 12th 1946

**D**on't fall prey to the temptations which again and again approach you through My permission. The enemy of your souls constantly endeavours to win you over for himself and again and again he lays snares for you in which you shall become entangled, he tries to bring you down knowing that you can only rise with difficulty and that he can then exploit your weakness for himself. And I don't prevent his plan because I have granted him a certain power over your souls in the human stage, because you have to decide of your own free will and with My help and grace you can also escape his power. I allow his activity but constantly warn and admonish you so that you will resist and be mindful and not distance yourselves from Me.... so that I can help you at any time if you call upon Me and request My help. The strength to resist is always at your disposal, therefore make use of it, come to Me in every physical and spiritual tribulation so that I will help you and don't leave yourselves to My adversary without resistance, for only through battle will you ascend, only through battle will you become stronger and superior to the enemy. You can always accept strength from Me and use it against him, and you will remain victorious because your will turns away from My adversary. And don't become of little faith and fearful when temptations approach you, no matter how threatening. This is His weapon to make you despondent in order to weaken your resistance; but you should know that there is one Who can give you strength in abundance and that you therefore need not fear any temptation, no matter how obviously it approaches you. The will to victory should only inspire you, then you will also be victorious, but the will must be serious. You are constantly surrounded by evil forces which want to bring about your spiritual downfall, but you also constantly have helpers at your side who come from the kingdom of light and who helpfully assist you on My behalf, if only you call upon Me.... And commend yourselves to them daily, let them be your protectors through your will and your devotion to Me and to all spiritual beings full of light which are closely united with Me and thus also work according to My will. Let them take care of you and mentally transfer the burden which oppresses you to them and you will feel relief, you will no longer be timid, you will calmly and equanimously face every temptation and thus also overcome it.... You are constantly assured of My

protection and My help, for although I have granted My adversary power over you, power is nevertheless also available to you in the same measure, for I also want to win you, and My aim is truly the right.... Only because of your freedom of will do I allow the fight and temptations on the part of the adversary, for only in freedom of will can you reach the aim of becoming perfect and thus blissfully happy for all eternity....

Amen

Translation handled by Doris Boekers

### **Violation of eternal law.... Temptations....**

B.D. No. 3696

February 24th 1946

**I**f you make a very serious effort to live in accordance with My will that has been made known to you, you will always experience a condition of psychological distress if you have done wrong, if you have offended against My commandment of love. And this is your unmistakable sign that you have to return to My eternal order to find inner peace again. My order only comprises actions of love and all unkindness is contrary to it. A loving heart and one that thus fulfils My commandments is not restless or timid because it finds peace in Me and cannot step out of the eternal order, i.e. it cannot act unkindly. But it will not be without temptations either since My adversary always endeavours to bring disorder where order rules, to bring disorder to a peaceful heart and to deprive it of its strength by influencing its volition and thinking. And these temptations have to be obstinately resisted, the tempter must not triumph but the human being should triumph by not allowing himself to be driven to unkind actions, words and thoughts.... This is a difficult fight with the tempter but easily won with My help. The strength of love always has to be stronger, the fortitude of soul always has to come to light where physical weakness is apparent. With a sincere call to Me the human being must hand himself over to Me so that I represent his cause and he is relieved of all responsibility.... The human being should not forget about Me.... he must remember Me in times of spiritual and worldly distress so that I can take care of everything that disheartens him, that happens to him, and that he therefore need never succumb to the tempter. You, My servants on earth, will often be tried and have to stand firm if you want to progress. You will have to negotiate obstacles and need much strength; however, My strength is at your disposal too if you want, just don't forget about Me. Don't allow the tempter to push Me away because your will is the deciding factor as to who takes possession of you.... don't give him the prerogative but stand next to Me at all times and he will flee from you because he cannot endure My presence. But if you become weak he will have power over you and won't rest until you have committed an offence against the eternal order.... until you have fallen and then need strength again to get up. I Am not angry with you but caution you because a lot of your strength will be lost, which you either didn't ask for or didn't need to return to the previous order but which you could have used to progress had you not fallen. Therefore remain strong in spirit, don't allow the adversary to gain power over you, hold on to Me at all times and I will guide you through all temptations without damage to your soul because if you fight with Me you will win every battle....

Amen

Translation handled by Heidi Hanna

### **Mental disorders - temptations.... patience....**

B.D. No. 5663

April 30th 1953

**E**very spiritual exchange assures you spiritual protection as long as you only desire the truth. Nevertheless, you can be disturbed in such a way that you are prevented from gathering yourselves inwardly, because the forces of darkness use every opportunity to prevent the supply of truth. If they cannot influence you from the spiritual kingdom by feeding you error, they will use people on earth to prevent you, but this will only be detrimental to you if you allow yourselves to be aroused by such disturbances. Then they can certainly book a success for themselves but never endanger the spiritual exchange itself. You must regard everything as God's permission and know that

you, too, must often be tested, that you must practice patience and gentleness and that you will always have achieved victory if you always calmly and equanimously face everything that concerns you, for you will only mature if you no longer offer the enemy of the souls a point of attack.

He rejoices over every defeat of yours, which can already be regarded as an inner agitation or impatience. And He will refrain from His efforts when everything bounces off you, when you are in fullest harmony of soul and accept everything as God's will or His permission. But the spiritual exchange is not endangered by the fact that you are occasionally hindered, instead, your desire for it will increase and your spiritual work will always be carried out more eagerly where the desire for God and truth fills the human being. For no dark power can diminish or even kill this desire, because the beings of light always influence the human being such that he will not neglect to seek God and truth, and the influence of the beings of light will always be stronger than the power of darkness....

Amen

Translation handled by Doris Boekers

### **'Test the spirits....' False Christs and prophets....**

B.D. No. 5701

June 19th 1953

**T**est the spirits whether they are of God.... When you accept spiritual knowledge it is very important to seriously examine its origin.... You should and need to scrutinise it because you are responsible for your soul yourselves, which can only benefit from the truth but whose higher development is endangered by misguided spiritual information. If you are offered spiritual concepts, i.e. knowledge which cannot be earthly verified, you need to subject it to serious investigation. You should know that light and darkness fight each other, that the prince of darkness fights against pure truth, that he will try anything to lead people into wrong thinking and not even shy away from shrouding himself in the garment of an angel in order to deceive people....

But you can expose him yourselves, you can test which spirit conveys spiritual knowledge to you. And the criteria you should consider with serious examination are: that the conveyed mental information proclaims Jesus Christ as Son of God and Redeemer of the world, that its message consists of His doctrine of love and that you are reminded to follow Jesus.... Then you may unconditionally accept it and address God Himself as the source of knowledge conveyed to you, then you may endorse it as divine truth. You need not fear to be pushed into misguided thinking by the spirit of darkness, for he will never acknowledge Jesus Christ, Who has delivered the world from sin.

False Christs and false prophets will arise, and particularly during the last days before the end.... They will speak the name of Jesus Christ with their mouth and yet they will not be true messengers of His divine teaching of love, because they themselves will not do as they preach or their teachings are of a worldly nature, they will not be recognisable as true Christians. And this verbal confession is frequently a disguise which hides the enemy of truth. They will not truly believe in Jesus' Words, which He spoke on earth, in his promises, for they lack love, the sign of a true follower of Jesus....

Consequently their words will be without spirit, they will be without strength, they cannot be considered as purely divine truth and need also be seriously scrutinised. But you can make this test anytime if you, in the sincere desire for truth, ask God Himself for His help to enlighten your spirit, to guide your thoughts right and to teach you to always differentiate between truth and error, and everyone who desires the spirit of God will receive it....

Amen

Translation handled by Heidi Hanna



When I lived on earth I warned you about false Christs and false prophets, for I knew how My adversary would work against Me and the truth from Me.... And now My warning will always apply to you, too, so that you will not fall prey to these false Christs and prophets.... However, when false Christs and prophets are spoken of then genuine ones will also have to exist, and therefore you humans cannot discard everything you are offered by Me when I reveal Myself through the words of true prophets because I consider it necessary that pure truth should be conveyed to you. And you cannot reject the said wrong spiritual information simultaneously with that which is genuine, for I will reveal Myself through people who possess all the requirements in order to be addressed by Me Myself until the end and who then, as My true servants, will carry out their mission by distributing the spiritual knowledge they received from Me Myself throughout the world. How else should the truth be conveyed to earth since I Am unable to audibly address humanity from above due to their freedom of will? You all have the right as well as the duty to scrutinise what is presented to you as truth, and you will also be capable of doing so if you appeal to Me Myself, as the Eternal Truth, for support.... And by merely being of good will you shall indeed also be able to distinguish the truth from error.... Besides, I Myself indicated to you that you will receive information about Jesus Christ and His act of Salvation.... And thus you can believe every spirit who provides you with this information. People should therefore not bypass Jesus Christ, they should learn to understand the act of Salvation and know what forms the basis of this act of Salvation and the fact that I embodied Myself in the man Jesus.... And since this knowledge is extremely necessary are people to reach their goal, I will also provide them with truthful explanations, which thus happens through the revelations which I Myself convey to earth by way of suitable instruments who are capable of receiving direct revelations.... But these revelations should never be put on an equal footing with messages from the spiritual kingdom which are psychically imparted to people.... You must learn to differentiate between 'God's working within the human being' through His spirit.... and a 'working of spirits'.... messages, which are conveyed to you humans and whose origin you cannot establish.... And anyone who seriously looks into this will be told by his heart who speaks to him.... But you must carry out a serious inspection **before** you form a judgment.... For you cannot portray Me Myself as a liar since during My life on earth I Myself have promised you the working of My spirit.... I Myself assured you that 'I will send you the comforter, the spirit of truth, which will guide you into all truth....' 'Whoever has My commands and obeys them, he is the one who will be loved by Me, and I will reveal Myself to him....' 'You shall all be taught by God....' 'He that believeth in Me, as the Scripture hath said, out of his belly shall flow rivers of living water....'

And if I consider it necessary that the truth shall be imparted to people because they walk along in spiritual darkness then you will really not be able to stop Me.... And I will enlighten you about all correlations, about My eternal plan of Salvation and the beginning and ultimate goal of everything in existence.... But I will also inform you about the many misguided teachings brought into the world by My adversary in order to keep people in spiritual darkness and which I will correct time and again.... for I have said 'Heaven and earth shall pass away: but My Word shall not pass away....' And **My Word** can only ever be understood to be the pure truth.... However, since all spiritual knowledge coming forth from Me will always be distorted by imperfect human beings again, which I do not prevent due to their free will, I shall also take care that the **truth** will always be conveyed to people again .... I Myself spoke the Words 'My spirit will guide you into all truth....' But I had brought you the truth.... Would the 'guidance into truth' have been necessary had I not foreseen that the truth would not remain pure?!.... And thus you can indeed give credence to the direct revelations from above if they come forth from Me, which you, in turn, can recognise by the fact that My human manifestation in Jesus Christ is mentioned time and again.... And then you will also know My Word 'Though your sins be as scarlet, they shall be as white as snow....' For this is why I sacrificed My life on the cross; this is why I took the most bitter suffering and agonies **upon Myself** because I wanted to redeem the guilt on your behalf, so that you will become free of it as soon as you acknowledge My act of Salvation and appeal to Me for forgiveness of your guilt.... Yet My eternal plan of Salvation is not based on human

intellectual thought, on human logic, for I have infinite means at My disposal in order to accomplish the final goal, the return of all once fallen beings to Me.... I will never divert from My law of eternal order on which My plan of Salvation is based.... And had My act of Salvation in Jesus **not** been accomplished even a thousand lives on earth would not suffice in order to redeem or atone for the guilt.... And this is why I Myself descended to earth in order to deliver humanity from My adversary's control.... And anyone who does not lay claim to the blessings of the act of Salvation, whose earthly life will not result in deliverance from profound spiritual hardship.... anyone who does not accept the help offered to him in the spiritual kingdom either and allows himself to be led to Jesus Christ, will have to repeat the process through all creation, in which case you humans can rightfully speak of a re-incarnation on earth.... which will happen again sooner or later after an infinitely long period of time when the soul will once again have to pass its test of will as a human being on earth....

For one thing is certain, that My righteousness also demands an atonement for every offence against Me but that I also know in which way this atonement can be rendered if the guilt of sin is not consciously carried under the cross....

Amen

Translation handled by Heidi Hanna

### **Spiritual strivers are particularly harassed....**

B.D. No. 6545

May 14th 1956

**P**eople who strive to ascend are particularly exposed to My adversary's attacks and he uses a variety of means to reach his goal: to turn them away from Me again and to pull them down into the abyss. He is so deluded that he believes he will succeed because he does not know that he has already lost these souls through their will, which is meant for Me. For I will not abandon him any more who once turned to Me of his own free will.... But I cannot prevent him from temporarily turning to the world again if My adversary can achieve a sham success. Yet irrevocably the soul returns to Me, for the world can no longer captivate it, and My love draws the creature which has already found its way to Me. And therein you can also look for the explanation that spiritual strivers must wrestle with My adversary for their freedom. They will never be losers but nevertheless have to use strength, for he is persistent and his means are often not recognisable and can therefore have a harmful effect insofar as the path to Me is prolonged by temporary standstill or looking backwards.... But I cannot prevent people from being blinded by a false light.... and particularly not so when right light shone from Me and they passed by it for the sake of that delusive glare.... when their eyes are then weakened and they can no longer recognise anything.... Neither I nor My adversary will use coercion where the creatures' free decision is concerned, but nevertheless My adversary will not succeed in snatching the souls from Me again which are on their way to Me, he can only stop them and try to bring them to heel for his objects. And then free will will decide again, which will, however, certainly also find its way back to Me again, even if the human being has taken wrong paths, for whoever has once chosen Me as his goal will never give up this goal again. But the fact that it is at all possible to obey his wishes in the slightest is due to you humans yourselves.... You have loosened your bond with Me yourselves and thereby attracted **him** to you, who will seize such an opportunity. For this reason increased vigilance is always called for for everyone who strives to ascend, for even if the adversary is blind in spirit, even if his thinking is completely wrong, he nevertheless knows that he does not have much time left, that a deadline has been fixed for him, and in his darkness he believes that in this short period of time he can still achieve to dethrone Me and to accede to the throne himself. And therefore he will not shy at any means nor will he stop at anyone.... But one thing can keep him back: when you stand in My circle of light.... He cannot fight My light and therefore he tries everything to bring the light bearers down. But if you are vigilant, then you only ever turn your eyes and hearts towards Me.... then My light of love can shine into you even more intensely and My adversary will flee from it. You should watch and pray and he will not get anywhere with you....

Amen

**Watch and pray.... God's protection against evil forces....**

B.D. No. 5297

January 16th 1952

I will hold you with a firm hand, I will guide you on the right path, I will always walk with you and not let any enemy approach you, I will always protect you from danger, for I do not want you to suffer harm, just as I do not want you to go astray. Nevertheless, you will always be besieged by forces which want to harm you, which are only waiting for you to let go of My hand for once, to walk the path without Me in order to then quickly push you away from Me in order to harm you. Hence you must always be on your guard but not against him, instead you must always make sure that you don't move away from Me, for as long as you are close to Me he cannot approach you, he cannot harm you as long as your gaze is turned towards Me. You need not fear him, no matter how cleverly he thinks he can use.... I have bestowed the gift of knowledge upon you who want to serve Me, and thus he will not be able to deceive you, even though he camouflages himself and tries to win you under a mask. I am with you and know what he intends, and I truly do not hand you over to his power. I only want to constantly warn and admonish you to keep watch and pray.... that you consciously unite with Me and call upon Me for protection and help if you believe yourselves to be in danger. He will not triumph over you, yet he can still cause you inner battles through temptations but you will always remain victorious as long as you stick to Me, as long as you never leave Me out of your thoughts and prayers.... Then you will take refuge in Me, then I will protect you and he will have to leave without having reached his aim. For I am the lord even over him who wants to oppress you.... and where I am, there his activity is in vain....

Amen

**The spirit of love protects against temptations and God's adversary....**

B.D. No. 6118

November 24th 1954

Always remain in the spirit of love.... Only then will you be protected from the enemy's onslaughts, for he takes flight from love, and a person with a heart full of love will not be approached by him. However, as soon as merely a tiny spark of unkindness makes itself felt in the human heart he can slip in and will try every means to make more space for himself. He will entice him into becoming impatient, into becoming self-righteous and proud in order to stifle the love in him, in order to then have free reign and to make the human being's will compliant to him. He will never succeed where love is present, for this offers him no target, it defends itself and has the strength to repel him.... Yet time and again the human being encounters situations in which he should prove himself because he can only ascend by fighting or helping.... And thus he will have to overcome opposition, he will have to bend down to the helpless person and help him get up, thus he will have to practise helpful neighbourly love.... If he does, his battles will become less, because then the love in him will give him strength to prove himself as his resistance grows. Yet the human being must take care not to let the fire of love die down.... if he does not want to hand himself over to the tempter who is instantly prepared to help by extinguishing the fire of love entirely.... He is full of cunning and trickery and a master at setting traps into which you gullibly fall if the light of love in your hearts does not burn so brightly that you recognise him no matter how cleverly he disguises himself.... Hence, the call can only ever go out to you: Remain in the spirit of love.... for then you will be united with God and need not fear the enemy. And you can also successfully face every **temptation** with love.... regardless of its nature.... If people want to humiliate you, if they want to provoke you into becoming impatient, if they try to make you envious.... the tempter is always behind it and you will defeat him and chase him away if you remain in love.... Then all this will have no effect on you, you will only regard your fellow human beings as ailing souls who allow themselves to be used by the opponent for such temptations, and you will approach them with love and occasionally also cause them to reflect on it and stop their unfair words and actions.... For love is strength and will not remain ineffective where

it is not resisted.... For this reason you should exemplify a life of love to your fellow human beings, which is frequently more successful than words, which are not proven through an action.... Remain in love and remember that you thereby remain in the One Who is Love Himself.... and that His presence is an assured protection against all onslaughts by the enemy of your souls....

Amen

Translation handled by Heidi Hanna

## God's protection from the adversary's temptations....

B.D. No. 8520

June 6th 1963

**Y**ou can live your earthly life without worrying as soon as you have found Me.... as soon as you are united with Me through prayer and activity of love, for then you have voluntarily returned to Me and can never ever go astray again.... And even if you are confronted by temptations because My adversary keeps believing that he can win you for himself, you nevertheless need not fear these temptations because I will protect you from falling prey to them. For your voluntary dedication to Me has given Me the right to do so, but neither will I contest his entitlement to fight for the souls which are embodied as human beings in earthly life. However, you are not defencelessly at the mercy of these temptations, for from the moment you turn to Me I watch over you and protect you from falling. If you envisage your long development through the creations of earth which resulted in your embodiment as a human being in the first place, then you will also understand that I support you in every way so that you will still reach the last goal, so that you will find unification with Me.... Admittedly, this can be more or less heartfelt, it can mean total fusion with Me but also not be quite so deep and intimate at first, and yet merely your will to belong to Me is already the decisive factor for Me, for then you establish the bond with Me which is also the guarantee that I will never let go of you again and then the adversary will have no more control over you....

And this heartfelt bond can only happen when the original sin has been taken from you because of your acknowledgment of Jesus Christ and His act of Salvation, for you will never take the path to Me of your own free will while you are still burdened by the original sin, because then My adversary will still have complete control over you. Your dedication to Me proves, however, that you want to be released from My adversary, and this already gives Me the right which is no longer disputable. For then you belong to Me, because you have emerged from the strength of My love albeit also through My adversary's will who used My strength to create you.... And everything that originates from My strength of love inevitably has to return to Me, for My strength, which was externalised by creating the being, will return to its primary source again. And you humans stand just short of this goal when you live on earth.... It is the last stage of the huge process of return, when the soul .... the once fallen original spirit.... embodied in a human being, should pass the final test of will.... to return to Me or to My adversary again, from whose power I had removed it until it was able to make a decision again as a self-aware being....

This is why the earthly existence as a human being is of such great significance; after all, it decides the soul's fate.... whether it will be eternally happy or have to languish in misery and torment for eternities again. Admittedly, it will reach its goal one day, but its free will can extend endlessly for the duration of its apostasy from Me, just as it can finish it within a very short time and return to Me into the Father's house, which it once left of its own free will. Time and again you should bear this great significance of your earthly existence in mind and seriously strive to reach perfection, to return to Me, and always establish mental contact with your God and Creator of eternity, so that I then will be able to catch hold of you and draw you to Me.... For I do not influence you against your will, and neither can My adversary chain you to himself against your will.... You have to make your own choice for Me or for him, and with this decision you determine your later fate. But if you remember My love and appeal to Me for My assistance with complete trust, then you will truly not be left defenceless at My adversary's mercy, but I will always stand between you and him and keep him at bay, and his temptations will lessen because you .... if you sincerely desire Me, will be surrounded by a bright

shining light which My adversary flees because it gives evidence of My presence and he avoids Me because he is My enemy. He is no longer able to pursue you as soon as you entrust yourselves to Me with complete faith and thus unite with Me through activity of love and prayer.... as soon as you never keep Me out of your thoughts.... Then you will have passed your test of will, and you will also attain the last goal while you are still on earth, that you perfect yourselves with My help and My strength.... so that you are and will remain My Own for all eternity....

Amen

Translation handled by Heidi Hanna

### **"Watch and pray...." temptations....**

B.D. No. 0954

June 8th 1939

**W**atch and pray so that you will not fall into temptation.... You should always remember these words because you are in constant danger that your soul will be damaged through spiritual lukewarmness.... Always being alert protects you from sudden attacks by the adversary, he will always find you prepared for battle if you pray, and it will not be easy for him to attack you. For all evil in the world comes from him.... He seeks to sow the evil seeds into the hearts of men, he puts all desire into them, and where man is not careful and forgets to pray, there the adversary will find good ground, i.e. attention will only be paid too readily to what stimulates human senses.... and so such people will always succumb to the temptations because they lack the strength to defend themselves against the attacks of the enemy. And yet such great assistance is available to you, you may only want it and the lord assures you of His help.... Watch and pray.... Recognize with a clear spirit how you can escape all temptations if you turn your heart towards the divine saviour and call upon Him for help. Just don't rely on the earthly help offered to you, don't try to find a substitute for the pure divine teaching there. And pray there again so that the lord will bless you and your work on earth, but also consider how valuable it is to be spiritually awake and how every day should therefore be used to increase spiritual wealth.... consider that precisely people's indifference has brought about such immense misery.... and the adversary has an easy game if he is not seriously resisted. And therefore his greatest endeavour is to put people in a state of fatigue.... if the human being's will now gives way, then very soon everything divine in the human being will no longer be able to assert himself, and the end will be his complete apostasy from God and a constant decline in spiritual knowledge. And thus always follow our advice not to put yourself in such danger under any circumstances, whereas you have the best means in your hand to come closer to the father in heaven by only ever again commending yourself to the father in heaven in heartfelt prayer and gladly and joyfully submitting to His will. Then you will very soon master the danger that lies in wait for you and through prayer you will also be fully strengthened in the fight against the power that is hostile to God. A person can very well avoid all hostilities if only he recognizes them as such.... The more alert you are to all events around you, the sooner you will be able to avoid them and the temptations will not approach you like this.... Therefore watch and pray.... And the lord will reward your zeal and not let you be harmed in body and soul....

Amen

Translation handled by Doris Boekers

### **"And lead us not into temptation...." our father...**

B.D. No. 1368

April 2nd 1940

**A**nd lead us within {not into} temptation.... You must fear sin at all times, for it is always and constantly lurking around you. And therefore you should be vigilant and not forget to pray, you should call upon God often so that He may protect you from every danger to your soul. The enemy's cunning and deceitfulness is to be feared, he sneaks up on the earthly child in every form in order to exert his influence. And he will always organize sin in such a way that it irritates the person and he forgets all good intentions. And therefore you should watch and pray.... vigilantly so that he does not outwit you and pray for the strength to resist him. And if you take refuge in God Himself He will

reward your trust and declare Himself willing to protect you, and He will prevent the adversary from continuing his scheming against you.... And if the human being's will is strong he will lose, and this will cause him to try again under a different flag. And that is why the lord says: "Ask Me for help, I will grant it to you." The very thought you send up in prayer will erect a wall around you which the enemy cannot tear down, for God certainly leaves the adversary free to use his power in order to thereby also incite the human being's will to resist, but if the divine saviour is likewise called upon to save a human child and if you therefore raise your hands in spirit and in truth you can always be assured of His help, for He Himself has told you how you should pray.... He will strengthen you and give you strength to resist, but He will also turn away the enemy's temptations from you, for it is the father's will that you use the prayer which He Himself has taught you. It includes all petitions that are almost exclusively for the salvation of your soul. If you sincerely present these requests to the father in heaven, He will consider you according to your worthiness.... And thus endeavour to become worthy of divine grace so that it may overflow upon you and you may thus receive strength from God. And the lord promises you His help, therefore make use of it and thank the creator of heaven and earth for His infinite love and kindness which cares for every human being. And the adversary's influence will become less and less, he will tire of the constant battle and, if he does not notice any success, will let go of you.... So you will be "delivered from all evil...."

Amen

Translation handled by Doris Boekers

### **Prayer and deeds of love are weapons against temptations....**

B.D. No. 3285

October 8th 1944

**Y**ou can easily fall prey to the power of evil if you slow down in prayer and deeds of love. For he is lying in wait for every weakness in order to make you fall; he is using every opportunity to make you sinful, and he will certainly succeed if you lack the strength which you gain through prayer and deeds of love. You should therefore never allow yourselves to feel safe, for the enemy of your souls will also come to you in the disguise of a friend, he will try to win you over to have an easy game with you. And if you don't pay attention you will recognise him too late and will no longer be able to protect yourselves from his cunning and deceit. Prayer, however, will protect you from his power, for then you are establishing a connection with God, you are building an invincible barrier against evil.

This connection with God will equally be established through unselfish activities of love, which will give you the strength from God directly and then you will no longer need to fear the opponent. And this contact with God through prayer and deeds of love should never be disregarded, even if a person apparently is in no need of strength. For the enemy of souls will not easily give up his shameful plans, and what he cannot achieve today he will try tomorrow, until the constant temptations have weakened the person and he surrenders with almost no resistance, if the strength from God is not flowing to Him. But the human being can send a heartfelt prayer to God at any time, and this will always be granted, for God will not leave a human soul to his adversary just like that, for He is likewise struggling for every soul, trying to win it over for Himself. Consequently, there will be no shortage of strength from Him, providing the will of the person accepts it. But if the person has a weak will of resistance, then the adversary will have won his game.

And the Lord cautions you not to let him gain power over you, not to hand yourselves over to him through unkind actions and not to forget to make contact with God through prayer, for then you will make your earthly life more difficult for yourselves, because you will constantly have to defend yourselves and lack the strength to do so.... Life is an endless struggle, for the light is constantly fighting against the darkness, and in order to defeat the darkness the human being requires divine help, divine strength, which he will receive in abundance through prayer and actions of love. And this is why you should always be on your guard, for Satan's game of deceit is dangerous, and he will be victorious if the human being slackens in striving to ascend. Therefore, be vigilant and remain in

prayer, and God's adversary will always meet with resistance, for then you will have God Himself as your most loyal protection, Who will never ever surrender you to the enemy of your souls....

Amen

Translation handled by Heidi Hanna

### **Temptations of satan.... God's protection....**

B.D. No. 4344

June 21st 1948

**Y**ou must not allow yourselves to be drawn into satan's nets, who seeks to plunge you from the heights into the deepest abyss. He gains power over you if you do not resist him with a stronger will or, if you are weak, with heartfelt prayer to Me. He has no power over you if you do not admit it. For I have withdrawn this power from him. Therefore strive to become and remain strong-willed through the call of Jesus Christ, Who will always increase your will if only you strive for it. My adversary's aim is apostasy from Me and a way of life without love. He will achieve both if you lack My strength, My support and My grace. Everything is yours, but not against your will. If you now want Me to help you and pour My strength and grace upon you, then you must request in prayer what you lack, and again and again I must tell you how you should pray.... full of humility and devotion to Me you should ask the father like children and faithfully trust that He will grant your request. Then satan will completely leave your sight, i.e. he will no longer harass you because you are surrounded by guardian spirits whose brightness is unbearable to him and he will cease his temptations. Nevertheless, you must be on your guard, for he will come again and try to bring you down. Therefore don't give him a point of attack, escape from him and take refuge with Me.... and I will protect you,

(21.6.1948) for his power is small if I appear as his adversary, and you should secure My protection. The time of the end brings increased danger because he will once again use all his power and strength to increase his kingdom; temptations of all kinds will approach you, the world will present all its charms to you, the body will press you and harbour desires whose fulfilment is a danger for you, yet you will be able to resist everything if you stay with Me, if your heart's desire is for Me and you seriously strive for maturity of soul. Then you will make contact with Me again and again, you will listen to Me when I speak to you, and satan will truly not withstand My words, he will flee if you oppose him with My word, if you immerse yourselves in My word in hours of distress and temptation and work for Me. For My word is strength from Me, which he rejects, and that is your strength. With Me you will always defeat satan, with Me you will resist every temptation and with Me you will safely reach your aim. Time is hurrying and every day is precious, therefore use it and work for Me and My kingdom, and disregard all earthly wishes, be content with what I want to give you and I will truly not think badly of you. But don't let My adversary gain power over you, resist him and come to Me, and I will reward you for your faithfulness and give you what is beneficial for body and soul....

Amen

Translation handled by Doris Boekers

### **'Deliver us from evil....'**

B.D. No. 4985

October 19th 1950

**D**eliver us from evil.... You are often approached by temptations which are indeed permitted by Me but which are always My adversary's activity, because he also fights for every soul and therefore tries to influence the human being to oppose Me, thus to encourage him to sin. These temptations are always an obstacle for the human being which can make him fall, yet I, too, won't leave him without grace as a countermeasure against Satan. I, too, will come forward, distinctly and recognisably, when the human being is facing a crucial decision, when he is pushed off the right path by My adversary's cunning and is still uncertain. Then a short quick prayer is enough, a thought to Me: Deliver us from evil.... I will clearly step forward by revealing the right path to him, and I will show him the darkness of the other path he was in danger of taking.... I will assist every person who merely sends a questioning and imploring thought to Me. I will certainly allow temptations to take

place, for the adversary is also entitled to exert his influence, after all, it concerns the free decision of will, and for this the human being must be subjected to both influences, the good as well as the evil. Yet he need not succumb defencelessly, he will always be able to give resistance, because I will help him once he has taken the path to Me. And then I will show him very clearly which power wants to harm him.... I want to deliver you humans from all evil, I want to liberate you from the control of the one who caused your constrained state, it is My will that you shall become happy, that you shall no longer feel pressurised by the one who intends to ruin you, who entices you to fall and who spares no means in doing so. He will even appear to you as an angel of light if he thinks that this will be successful, he wants to possess you and uses cunning and trickery. And yet he will find his Master in Me, for once a soul has chosen Me it will never again fall prey to him. But woe to the person who is enslaved by him.... For he will hold him tightly until the latter beseeches Me for help, which will surely be granted to him. Deliver us from evil.... Often voice these words in your heart and you will always feel My help, for with this appeal you testify to Me, because you call upon Me to help you against the one who is My adversary and your enemy....

Amen

Translation handled by Heidi Hanna

### **Increasing temptations.... intimate prayer.... power of the word....**

B.D. No. 6959

November 1st 1957

**Y**ou will still often find yourselves in spiritual distress, for My adversary will do everything in his power to win you back whom he fears to lose. And his means are only ever those which cause you severe distress, mentally or physically, so that you should doubt Me.... in a God Who promised you His help, Who said to you: Ask and it will be given to you, knock and it will be opened to you. If he succeeds in causing such doubts to arise in you then he has already taken you one step back, but you yourselves are decisive, for he cannot force you to follow the thoughts which he tries to transfer to you. You can immediately ward off every such thought as soon as it touches you if you are always aware that it originates from My adversary who wants to tempt you. You, who strive towards Me, need only ever fully consciously reject My adversary, you need only **want** not to fall prey to him and his temptations will bounce off you, for this will of yours gives you the strength to do so. You need not doubt My love for you, and even if your fate in life depresses you, you must still firmly believe that this, too, is only for the salvation of your soul and that one day you will thank Me, Who truly knows what is good for you. But again and again My adversary will also try to intervene and want to exploit every weak moment for himself and his plans. But the fact that you acknowledge Me and turn to Me is an abomination to him, and it is his greatest endeavour to prevent this, to tear you back from Me again. And therefore he tries to cast doubts into your hearts about a God Who loves you and helps you at all times, as He has promised. And whenever such quiet doubts arise in you, then remember that **he** is at work and resist him, and know that you are My children whose well-being is close to the father's heart and from whom He never withdraws His love. And then take everything upon yourselves with submission, for it will only benefit your soul. His activity in the last days, however, will assume devastating proportions and it requires strong faith to resist him. For this reason I repeatedly draw your attention to the fact that you should not cease to struggle for a strong faith; that you should pray for strength and grace which I can then also supply to you in great measure; that you also acquire the strength for yourselves through a life of love and that your faith will then also increase.... and that you again and again hold heartfelt dialogue with Me, your God and father, from Whose love you came forth. You will be able to draw much strength from this intimate dialogue, for it can flow into you directly if you give Me the opportunity to speak to you. For My word is a source of strength which will surely supply you with what you lack.... And as soon as you immerse yourselves in My word, as soon as you give Me the opportunity to speak to you Myself, it will be completely impossible for My adversary to harass you, because then you will stand in a glow of light which he will flee, which is your best protective barrier against his attacks. And if you are therefore in spiritual or physical distress then test the strength of My word. Give yourselves to Me in humble dialogue, let My word take effect



in you and you will be equal to My adversary's every attempt, you will be able to resist, and your faith in My love and mercy, in My might and wisdom, will grow, and you will increasingly push towards Me and detach yourselves from the one who is My enemy and yours....

Amen

Translation handled by Doris Boekers

### **Call of Jesus Christ in temptations and hardships through the adversary....**

B.D. No. 6972  
November 19th 1957

**W**hen doubts creep into your hearts about the truthfulness of the divine word, when you fall into uncertainty, when it is necessary to stand up for it.... when the inner joy of working in the vineyard of the lord leaves you, then you know that you are severely harassed by God's adversary who takes advantage of every weak hour to make you incapable of your God-serving task. But you have support in Jesus Christ.... don't forget that.... If you call upon Him, He will confront the adversary and He will certainly push him back and not let your work for Him be endangered. But Jesus Christ demands one thing from you: that you completely hand yourselves over to Him, that you are willing to detach yourselves from the world and thus from your adversary, who is the lord of this world. You will understand this when you consider that the adversary still has a claim on you as long as you still take pleasure in the world, and that he can then also still exert his influence on you in the form of what your heart is still attached to. And you all still have an inclination towards this world, even if your thoughts are mainly directed towards the spiritual kingdom. But they still often stray, and God's adversary then uses this to work on you in his will in order to alienate you more and more from the spiritual kingdom. But devotion to Jesus Christ protects you from him and you will be able to resist every temptation.... For Jesus Christ is the victor over him, He has the power to push him away from you if you seriously want this. Jesus Christ is your redeemer from sin and death, He brings you salvation of the soul, He stands ready for your protection and leaves no-one in His adversary's hands who calls upon Him in the battle against him. But the adversary will also let up in his oppressions if you are at his beck and call, if you turn to him again through the desire for the world.... Then he will give you what you desire, and then you will be in serious danger of falling into his power again and turning away more and more from the spiritual kingdom. And thus only your serious will is necessary to be the property of your divine redeemer Jesus Christ. Then he will have to let go of you and you will be saved for time and eternity. These words are addressed to all people who are in physical and spiritual distress, for as soon as they endeavour to live a life according to God's will they are also exposed to constant temptations from the adversary, which are understandably particularly strong for those who have offered themselves to God for service. And so they are also often unusually harassed, but all have the one at their side Who is truly their protection and shield in every adversity. Only call upon Him in sincerity and hand yourselves over to Him will lead you out of all adversity and you will be freed from all kinds of temptations....

Amen

Translation handled by Doris Boekers

### **'Watch and pray, lest ye enter into temptation....'**

B.D. No. 4662  
June 9th 1949

**Y**ou should be vigilant and pray, so that you will not fall when you are being tempted.... My adversary's onslaught against those of you who want to remain faithful to Me will be relentless in order to estrange you from Me. He uses all means and not least of all those which intend to disable you from establishing contact with Me, so that he will have an easy game as soon as you are weak. He lies in wait for opportunities to cause your downfall and only someone with a strong will, someone who is able to send a thought up to Me for help will not succumb to him. Call upon Me in every adversity of body and soul.... this is what I call pray and watch.... direct your thoughts upwards where he cannot follow you and you will safely escape from him and place yourselves under My protection.

He will try to shackle you to earth with all his might, to that which is his share and which belongs to his realm.... he will want you to abscond from Me, from spiritual striving, he will cause you to doubt and want to confuse your thoughts through adversities and dreads, so that you won't find your way back to Me, so that you will engross yourselves in earthly things and forget about Me.... Watch and pray.... and detach yourselves from the one who is My adversary, and attach yourselves increasingly more to Me, Who is your eternal Father and Who can truly offer you more magnificent things than he can.... Watch and pray, for you are constantly surrounded by the tempter trying to catch you. A vigilant person will be able to recognise and escape from him.... And be joyful and happy in knowing that I Am your constant Protector Whom you can turn to when you are threatened by danger, for I hear the faintest call coming from your heart and will support you so that you will be victorious in your battle against him. But anyone who places too much trust in his own strength and believes that he can do without My help will succumb, for he is overestimating himself and failing to consider that the adversary's strength is greater than his. You will win with Me but succumb without Me and fall prey to every temptation. But to walk with Me means to allow My presence through prayer and kind-hearted activity.... Then you are protected against all incursions by the enemy, then he will be powerless against you, for then he would have to fight against Me and I Am far more powerful than he is. Watch and pray, then he will have lost his target, he will avoid you, because then you will be surrounded by light which emanates My presence and that is intolerable to him.... Call upon Me in every temptation and I will always be with you....

Amen

Translation handled by Heidi Hanna