Word of God

The Right Kind of Prayer

A selection of godly proclamations received through the 'Inner Word' by Bertha Dudde

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Please take special notice of the fact that God's Words addressed to us are non-denominational. The contents of this publication by no means intends to attract members of any Christian religious affiliation nor to recruit members into any other religious affiliation. Its sole purpose is to make the present-day Word of God accessible to all people.

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God's blessing should be requested....

B.D. No. **7603** May 20th 1960

Don't fail to appeal for My blessing in whatever you start, for thereby you demonstrate that you have chosen Me as your leader, that you don't want to do anything without Me, that you thus want to be in contact with Me.... And this assures you of My blessing and My guidance wherever you go.... And believe that you need not fear any setbacks if you have appealed for My blessing beforehand, that this request will truly protect you from failure.... for even what you possibly consider failure will then, in truth, only benefit your soul. You should only ever think of Me, that is all I expect of you; but you often exclude Me from your thoughts, and then you always run the risk that My adversary will intrude and influence you unfavourably.

I want to caution you of this, otherwise you make your earthly path more difficult, because you can have a far easier life if I Am and remain your constant companion.... And time and again you have to request My assistance, for the bond with Me is necessary in order to be protected from My adversary who will not stop bothering you. He has much power during the last days before the end which only you can reduce, for your will and thoughts when they are turned towards Me are a substantial shield in the battle against him, it is the best weapon you can use to oppose him, since then you will call Me to you, from Whom he takes flight and thus lets go of you too.

He causes much confusion even amongst My Own, because he will put everyone belonging to Me under extreme pressure by squeezing between people and turning them against each other. And then you only need to make contact with Me and he will set you free. For you and your will are the decisive factors as to whether he can take possession of you. This is why you don't need to be afraid of him, because he is completely powerless if your will applies to Me and thus you give yourselves to Me with complete confidence and appeal for My protection. But he has great power over you if you walk alone, without Me and My illuminating guidance. Then he can be effective in his domain, and he does so in truly satanic style.

This is why I keep telling you, do not start anything without first appealing for My blessing, and thereby proving to Me your resolve to be connected with **Me**, and you truly will finish your day's work with My blessing, it will be successful, you will walk along calmly and with inner peace, you will no longer be a target for him, for I will be walking by your side, and he will take flight from Me, because he cannot bear the bright radiance of My light that surrounds you now....

Amen

Means of grace.... Prayer....

B.D. No. **6321** July 29th 1955

V ou humans make too little use of the blessings which flow to you. For I constantly approach you I with gifts of grace, I offer them to you but you walk past them.... Why don't you call upon Me when you are in trouble.... why don't you use the prayer.... and why do you keep My Word unheeded which is conveyed to you from above through My servants on earth?.... You should believe that all adversity is merely a means I use in order to help you.... thus a grace from Me. You should believe that even the prayer is an unmerited grace, that I listen to you when you speak to Me, and that My Word is the most valuable gift of grace because it signifies the greatest help for you if you listen to what I have to say to you and to what helps you attain everlasting bliss.... Every means I use in order to help you from the abyss to the light is a gift of grace for you, because your negative attitude towards Me does not merit that My love permanently cares for you.... During the last days gifts of grace truly flow to you in abundance and no-one needs to go without, everyone can take as much as he likes, and he only needs to want to be helped in spiritual adversity and he will certainly receive help. Yet no gift of grace works without your willingness to make use of it Therefore I cannot change you, instead you must do this yourselves, your resolve must strive for spiritual progress and helpful steps will become visible everywhere which you can use in order to climb up. But you humans have a wrong concept of the word 'grace'.... You believe that these 'means' can already give you possession of strength and maturity of soul, you believe that formal traditions are 'means of grace' and are unaware of the actual meaning of grace....

I love all people, even those who are still distant from Me, and I want to help all people to reach higher spheres.... This is why My care first concerns those who are entirely without contact to Me.... so that they will first of all speak to Me.... And therefore I will bring them into situations in which they should call upon Me in their adversity and suffering.... because this call will have a beneficial effect. Thus My love constantly creates new means in order to turn My apostatised living creations back to Me. And all means which are suitable to establish the bond between the human being and Me are means of grace, because they are undeserved gifts. And as soon as a person takes refuge in prayer he is asking for My grace, and then he will receive it without limit.... I will so evidently manifest Myself in his life that he will be able to gain a convinced faith, for through his prayer he has demonstrated his willingness to make use of My blessings, in which case they can also abundantly flow to him and be effective.... which always requires the person's free will.... And during the last days everyone can find the path to Me providing he wants to.... during the last days all people will be so evidently referred to their God and Creator, to a Guide and Helper.... And everyone can turn to this God and Helper of his own accord.... Every person can make contact with Me directly and derive incredible benefit from it....

yet he must be willing to do so, otherwise all gifts of grace remain ineffective and then the person will be hopelessly lost when the last day has come....

Amen

Call upon Me in times of need.... Depth of faith....

B.D. No. **3681** February 9th 1946

In your hours of need you only have to call Me trustingly and I will be closer to you than ever. All mental contact with Me results in My closeness to you because I Am a spirit Whose smallest element is within yourselves. And if your call to Me comes from the bottom of your heart, the spiritual spark within you, which is inseparable from Me, will strive towards Me, the eternal spirit of the Father, and will thus draw Me to itself. Although I Am, in fact, always close to you, I Am only perceptively close when your will consciously strives towards Me and you request My presence. You will feel My closeness by an inner calm taking hold of you which is the result of your firm faith in Me and My help. Call upon Me in times of need and I will hear you.... And if you believe that I exist and that I love you, that nothing is impossible for My power and My will, then you will also call upon Me with your heart and await the fulfilment of your request, My help, without any doubt. And you will be helped....

But every disbelief weakens the strength of faith, you make the working of the spirit within yourselves impossible, you yourselves prevent it from striving towards Me, the Father-Spirit, and it cannot give you the strength which flows from Me to you through the spiritual spark. I truly want believing children to call My Own who utterly trust the Father's Word, who abandon themselves to Him in every adversity and danger, who do not fear and become fainthearted, because they know themselves to be safe in the protection of the loving Father. This depth of faith makes you outstandingly strong in spirit; it banishes every earthly and spiritual adversity because a firm faith allows My unrestricted action and constantly perceptible presence. Then I will also be able to work visibly, I will be able to accomplish what appears to be impossible, because the abundance of strength is the result of profound faith by which the human being himself, or the spiritual strength on his behalf, becomes the master of all his worries.

Have faith and you will always receive help, by your faith let yourselves be filled with My strength and let the spirit within you give you calmness and certainty. Your increased strength originates from Me, it is an emanation of Myself, and hence I Am in and with you Myself, depending on the intensity of your faith and the sincerity of your call to Me. As long as you are on earth you will never be able to understand that I Myself, the spiritual spark within you, love, strength and light, are One, that I Am therefore always present where the spirit can work in you, where love is practised, and I Am recognisable as strength and light.... If you could understand this you would no longer doubt. But you should try to understand it and should ask the spirit within you to inform you and to shed light on what is yet inexplicable to you, on what you don't understand.... And the spirit within you will teach you.... And again, it is Me Who teaches you, Who wants to draw you to Him and give you truth so that you can find Me, so that your senses are directed towards the spirit and you desire to contact the Father-Spirit. Then your faith will become ever more profound and stronger, you will always and forever know Me, you will feel My constant presence and with complete calm submit yourselves to My guidance, and truly, you will be guided well on this earth, you will take the right path which leads to your eternal home and safely reach your destination....

Amen

God.... Father....

B.D. No. **5481** September 6th 1952

On't let Me be the distant God for you, to Whom you only pray for help at a specific time when humanly decreed instructions require you to do so, but call Me to you at any time, always let Me

be close to you.... regard Me as the Father Who longs for His children with tender love, and speak to Me like a child speaks to its father.... fearlessly, trustingly and simple, so that My heart will take pleasure in the children's stammering. Only when you humans stop searching for Me in the distance, only when you sense My presence, will the right bond with Me have been established with the result.... that My love will take effect in you, who are My children and who should also avail yourselves of your childship. Then you will no longer walk alone on earth, then you will have the most loyal friend and helper by your side, then you will learn to think correctly and also make correct use of your earthly life, because then I will give you instructions which you will receive mentally and you will also act accordingly, for a true child carries out what its Father asks it to do....

Learn to recognise the Father in Me.... For I want to be loved by you and not just feared as God.... Then you will also pray such that I can grant your prayer, because thereby you will be expressing your love and faith....However, you will never speak as intimately and trustingly to **God** as you will be able to speak to the Father. For then you will only speak the words you learned traditionally, as laid down by ecclesiastical faith which can only too easily remain a formality, a prayer which is not sent up to Me in spirit and in truth. I do not grant lip-prayers, I want to be addressed as Father by My children, I want to hear your heart speaking, then I will also lovingly draw close to it and grant its prayer. Admittedly, you humans first have to learn to recognise a God and Creator of eternity in order to awaken faith in you, but then this faith must come alive through love.... you must learn to love God as your Father, then the relationship between us will not be a dead or formal one, then you will establish a heartfelt bond with Me, which I expect of you so that I will be able to embrace you with all My love. Then you will have taken a big step forward on the path to perfection, and then I will never ever let go of you again and My devoted Fatherly love will guide you towards the goal.... You will enter the eternal home, your Father's house, as My true children.... you will come into the Father's inheritance.... You will be able to work and create in light and strength like Me and in accordance with My will, and you will be indescribably happy....

Amen

The right kind of prayer.... Relationship of a child with the Father....

B.D. No. **5720** July 10th 1953

You humans should believe that you can get anything you want from Me if only you pray to Me in the right way.... And an earthly father will not deny his child anything if it trustingly asks him for something, an earthly father cannot refuse anything to the child because he loves it with all his heart and also wants to possess the child's love. An earthly father, however, is a person with weaknesses and shortcomings compared to your Father in heaven, Whose love is far deeper for His children, whose love He desired from the beginning. It is My children's will which separated them from Me, which turned them towards My adversary and which I desire to have. And I accept that this will applies to Me if a person calls upon Me in prayer, if it is the right kind of prayer which demonstrates the child's call for the Father. Then the human being will be on the path of return to Me, then I will already have won My child back, and then My love shall be willing to give what it takes in order to also win My child's love, so that it will never ever turn away from Me again.

But people's prayers are rarely what they should be.... they might still pray to their God but not to the Father, and their prayers have no strength for they lack childlike trust as well as the faith that I will answer their prayer.... And this is not a sign of the right relationship between a child and its Father, they are still too distant from Me, they merely try and then are even more unbelieving when their prayer was in vain.... First learn to recognise the Father in Me and then speak to Me, then you will find out for yourselves how much more effective your prayer can be. Your adversity is intended to make you aware of the fact that you are unable to achieve anything with your own strength and that, in your helplessness, you should and are able to turn to the One who is powerful, Who can and also wants to help you because He loves you.... In this awareness you will feel yourselves as His children and then in humble and heartfelt prayer present your adversity to Him and He will help you, keeping true to His promise: Ask, and it shall be given you.... knock, and it shall be opened unto you....

Amen

Granting prayers....The right relationship of a child with itsB.D. No. 8073Father....January 6th 1962

Oh, why don't you recognise your Father's love Who only wants the best for you.... Let yourselves be stopped on the path which leads into ruin, listen to the coaxing calls of your shepherd and turn around.... Return to Me and let yourselves be guided by Me, for if you stay away from Me you will be at the mercy of the enemy who ruthlessly pulls you into the abyss, who scatters My flock and with the greatest of ease leads it into his domain if it does not take refuge in Me, where he cannot follow. And you humans should know that he constantly lies in wait for you, that he will not miss any opportunity to pull you into his trap and that he is very successful because you rely on your own strength when, in fact, you can only be victorious with My support. And I see your fate, I see the danger you are in and even if I want to help you.... you don't accept My help because you turn away from Me in view of the fact that your will is not directed towards Me as yet. Your thinking cannot forcibly be changed, a voluntary transformation towards Me has to take place, only then will I be able to take you by your hand, only then will you be able to receive My evident help. And in order to achieve this voluntary focus on Me I have to let adversity come upon you, and you will find it difficult again to believe in a God of **love**, but the adversity intends to encourage you to take the path to Me and to appeal to Me for help....

All I want to achieve is for you to find the path to Me, that you listen to your shepherd's coaxing call, that you take refuge in Him when you are in difficulty.... And you will truly find help; however, your call to Me must come from your heart.... You are often surprised at the fact that your prayers are not answered, yet you do not give account to yourselves as to what kind of prayer you send to Me.... If I don't feel that your heartfelt prayer was sent to Me in spirit and in truth I do not hear you, for such prayers rise up to Me every day a thousand fold, but they are soullessly recited, they are formal prayers which I cannot grant because they don't yet testify to the bond, to the relationship of an appealing child to its Father, Who then will certainly help with anything.... for nothing is impossible for Me.... If, however, a prayer lacks depth of feeling it will not reach My ear and then it will not be granted either.... not due to insufficient love on My part but due to insufficient lack of childlike trust in Me, which is the assured guarantee that every request will be granted.... If only you were able to believe in My inconceivable love for you.... which only ever wants to give itself away, which does not want to let you suffer. Yet your conduct forces Me to use means which make you question My love.... And yet, I only want to help you.... And blessed is he who lays claim to these final means of help, who still finds the path to Me and calls upon Me in his distress.... For he will truly receive My help and may visibly experience Me, and he will believe in Me and not go astray....

Amen

What kind of prayer will be granted?....

B.D. No. **8738** January 28th 1964

I Am available to you whenever you call for Me.... Every heartfelt, pleading thought gets through to Me, every sound the heart utters is heard by Me and I will always turn towards you, for the child's voice penetrates and will always reach the Father's ear. And then I will be ready at all times to help if you need it, or I will provide you with spiritual strength if you ask for it.... I draw close to you and listen to your plea, because I rejoice in pleasing My living creations, in providing My children with what they need and request from Me. No call to Me in spirit and in truth will ever go unheeded and remain unanswered, every heartfelt prayer to Me will benefit you, and your souls will mature. Your call to Me should not just be a mere empty prayer.... And precisely this requirement is often lacking, for people were taught a kind of prayer that will never be able to penetrate My ear.... They often pray

together reciting words they were taught and which never express the feelings of their hearts but which are and remain empty words that had better remained unspoken.

A heartfelt prayer has to rise up to Me from the heart and must be the result of an intimate union with Me, so that the child will then speak with Me as with its Father.... And even if it only stammers without using well-formulated words I will nevertheless understand this stammering and value it as a child's loving call to the Father, and I will listen and respond to it.... A prayer to Me is a bridge you can cross any time, yet this path is rarely taken.... because 'prayer' has become a mere formality, a recital of words whose meaning are not considered and which usually also obstruct deep devotion.... heartfelt thoughts.... of Me. Thereby the human being deprives himself of a great blessing, because he does not utilise the strength of prayer.... since no strength can flow to him if he does not make intimate contact with Me which, however, does not need many words, it just needs an utterly receptive heart for Me....

In prayer the door of you heart should be wide open so that I can enter it Myself and permeate you with light and grace. Hence you have to be with Me in thought with all your love, your heart has to be completely devoid of all other thoughts, and then you should enter into a silent dialogue with Me and entrust all your cares and wishes to Me or if you don't come to Me with worries you should assure Me of your love, and for this you truly need no prayer events, no organised campaigns, no mass prayers.... unless a special request causes several people to ask for My help together, but even then it should take place silently and inwardly, for every external expression disturbs the inner contact, and the person will be unable to turn inwards such as to completely feel My presence....Time and again I have to draw your attention to the fact that your customary prayers will not achieve much with Me, because I only take notice of the feelings in your heart and not the words voiced by your mouth, regardless how many people participate in such prayer.... This will always be abhorrent to Me, because it merely demonstrates your lack of sincerity to speak with your eternal Father, and because you even expect help from such prayers which, however, you will never receive, and thus you will start to doubt the love and might of a God again when you don't feel any help. You can achieve so much with a silent and sincere prayer arising from your heart, because I will never fail to hear it but rather take pleasure in it and will always be ready to respond and prove to you that the Father's love and might wants to make you happy. You cannot show your intimate dedication to Me better than by your heart's silent dialogue with Me, for you are unable to do this thoughtlessly.... as a mere formality. And then every word you say to Me will sound child-like and trusting, you will, in truth, establish a child's relationship with its father, and the child will achieve everything, because the father's love does not deny itself and constantly wants to please the child. But as long as people believe that their formal prayers will persuade Me to help them they will have little success and therefore, time and again, also doubt a God Who, in His love, is always ready and, by virtue of His power, able to help.... This faith, however, is a prerequisite for Me in pouring out the abundance of My grace over all people, and this faith also requires a living union with Me which will only ever be entered into by love, and therefore a loving person will achieve everything with Me....

Amen

Prayer in spirit and in truth....

B.D. No. **4872** April 1st 1950

You should pray in spirit and in truth. This requires true belief in Me Whom you call upon in prayer and Who is to help you. Hence you must believe that I exist, that I have the power to help and My love wants to help you. This strong faith will also let you find the right words or thoughts to make contact with Me. Then you will speak to Me from your heart, it will not be an empty prayer but the right kind of communication with Me, for you entrust your worries and problems to Me and expect My reply in form of an action, thus you rely on Me to grant your prayer. If you have established this state of trust in My help you cannot pray other than in spirit and in truth and I will answer your prayer.... But how can a person pray in spirit and in truth if he uses acquired words, if he, together with other people, performs long prayers which neither testify to devotion nor depth of feeling

because the heart does not know what is voiced by the mouth? How can you humans expect Me to take pleasure in a prayer which is everything else but a trusting call of a child to the Father? Your prayer should be as simple and plain like the words of a child so that I can be present with you and you experience My grace.

Anyone who speaks to Me in that way is heard by Me and I will grant his prayer because I have promised you: Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you. But lip worship is not pleasing to Me, for I only look into the heart, which no-one can conceal from Me. I will bypass a silent heart and neither My love nor My omnipotence will provide the person with proof that I have heard him. I turn away from those who constantly pray but whose thoughts are not even partially involved in what they express with their mouths. For all those who pray like this do not recognise Me as yet, because the true recognition of Me Myself will let them become silent and reverent, whereas profound humility utters heartfelt words which I understand perfectly because they are spoken by the heart, which at all times establishes contact with Me and which will always draw Me close. Prayers in spirit and in truth only seldom rise up to Me, and therefore I can only seldom grant a prayer although there are very many praying people on Earth suffering adversity. Yet My true children pray within their heart and will therefore always be successful, for true faith guarantees the granting of their prayers since I will never disappoint true faith....

Amen

Prayer in spirit and in truth.... Pious gestures....

B.D. No. **5069** February 22nd 1951

I take no notice of pious gestures; they are, after all, merely outer ostentatious covers which are intended to conceal the heart from onlookers. Anyone who truly sincerely thinks of Me and speaks to Me with simple, unembellished words considers every ceremony, every external movement or gesture to be strange; the heart does not need it, it takes the straight path to Me and exclaims its distress or its love and adoration of Me and I hear every thought which rises up to Me from the heart. But where an inner feeling is meant to be outwardly recognisable too much value is placed on other people's opinion, since I Myself have no need of such external testimonies and without them a person's heart lies openly before Me. In that case you only want to convince your fellow human beings of an apparently intimate relationship with Me, and thus you don't approach Me with an undivided mind but place too much importance on other people's judgment. But, in addition, your prayer will also lack depth of feeling, for **heartfelt** contact with Me lets you forget everything around you but also makes every external gesture seem absurd and derisive.

Therefore, as long as you still outwardly portray what should only move you within you still have not found heartfelt union with Me in your thoughts, which does not allow for external actions, because then you will be so completely seized by Me that you will forget the world around you, that you will be true children of your Father whose love for the Father leaves no space for anything else. You should certainly not forget your fellow human being and always have an open eye and ear for his problems, you should not carelessly ignore him if he comes to you full of grief; you should not neglect him, not be arrogant towards him but humbly stand by him with patience and compassion and do everything in your power to help him for love of him. However, if you desire to enter into heartfelt communication with Me your thoughts should **only** apply to **Me**, and nothing of an external nature should disturb or identify this heartfelt bond.... For I want to be prayed to in spirit and in truth and this should happen in private, where no-one is a witness of the communication of heart between Father and child.... And all pretence should fall away from you, for I Am the Eternal Truth and also want to be called upon in all truthfulness....

Amen

Silent prayer.... Public confession....

Let those who worship Me do so in spirit and in truth.... Only what comes from the very bottom of your heart is pleasing to Me and will reach My ear.... Hence, I only look into a person's heart and disregard the words spoken by the mouth if the heart is not involved. If you are able to completely withdraw from the world in order to enter into heartfelt dialogue with Me, then you are already praising Me without words through your willingness to make contact with Me, then you are sending Me in thoughts a silent prayer, true worship, which will be a great blessing for your soul, for the connection with Me lets you gain strength and grace which is experienced by the soul as help for its maturation. This sincere form of prayer is the true prayer which is pleasing to Me, for then you have voluntarily approached Me so closely that the strength of My love can touch you, drawing you ever more affectionately towards Me. If you want to speak to Me then the spoken word is truly unnecessary, for this can easily intend to hide or pretend something, which I certainly recognise but which need not be evident to another person who allows himself to be easily deceived and then will use the same form of prayer himself....

Step into your closet if you want to pray.... Withdraw into complete silence, you will be able to find Me there far easier and communicate with Me like a child with its Father.... And you will tell Me everything without fear and in childlike trust.... And your requests will be granted to you because then your prayers will reach My ear.... For I have promised you this with the Words 'Come unto Me all ye that labour and are heavy laden, and I will give you rest'.... Thus I will keep My promise with anyone who comes to Me, and this more evidently so the more trustingly he approaches Me, the more intimately he unites with Me and entrusts himself to Me in silent conversation. The spoken language is intended for your communication amongst yourselves.... But I don't need words for I know everything, I look into your heart and read your thoughts, and thus you cannot deceive Me no matter how beautiful your words are.... just as no words are needed if you want to exalt and praise Me.... because a silent expression of thankfulness, a humble call upon Me, a life following My will, a faith brought alive through love will truly please Me and include praise and thanks as well.

Yet you shall confess Me to your fellow human beings with your mouth.... Where it concerns your attitude towards the faith you shall confess Me freely and openly and not fear the consequences of your courage of conviction.... For this confession shall in turn be an incentive for your fellow human beings whose faith is still weak, and at the same time it demonstrates that you support the truth, that you don't want to give an outward impression which does not concur with your inner thinking, with your conviction. You shall always be true and put Me and My name above all else if this confession is demanded of you....

But whatever you want to tell Me can be presented to Me by you silently and in secret, for I want to hear the voice of your heart and not just words spoken by the mouth without the involvement of the heart. And such prayers are tremendously powerful if they are sent to Me in unison.... if people come together imploring Me to grant a particular request.... if they all appeal for the same, if they send the same plea to Me, and even if it is just a short call.... I will hear it and grant it if they pray to Me in spirit and in truth....

Amen

Sincerity of prayer strengthens faith....

B.D. No. **3778** May 23rd 1946

Sincerity of prayer increases the receptivity for My Word, and thus you will always receive strength and grace if you pray to Me in spirit and in truth. And regardless of how often the world wants to come between you and Me, it will be unable to sever your connection to Me, just as it will never be able to stop Me from approaching you in the Word as long as you don't forget to call upon Me for help. Yet I expect your prayer to Me as long as your faith is not strong enough that even the worst worldly danger is no longer capable of destroying your awareness of My presence. Only then will you be indelibly united with Me. Weak faith, however, will loosen the bond; it always will have to be established anew through prayer. Yet I assure you that it will never tear apart, for I know My Own and draw them to Me until they are forever inseparably connected to Me. That which is yet to happen to Earth will be so immense that it will necessitate great strength of faith if a person wants to survive it without damage to his soul. And every earthly crisis is a preparation for this time which will come to pass without fail according to My proclamation. I certainly place a heavy burden upon humanity, I let great suffering come upon them, yet I also know their results and only ever consider people's salvation of soul, whom I want to help in their spiritual hardship.

However, if you are profoundly faithful you will be calm and peaceful, and even the greatest adversity will neither frighten nor weaken you. Aim to achieve this faith, always and forever try to establish a connection with Me, don't pay too much attention to the world and its requirements but immerse yourselves ever more deeply in My Word, accept strength directly from Me through My Word, let yourselves be nourished and refreshed by Me so that you will be awash with strength and feel no more anxiety, so that you will live in awareness of My presence and commend yourselves to My love and grace without worry. I know of all your problems, I know of your souls' despondency, the anxiety of your hearts, and evaluate everything according to how far your will applies to Me. And correspondingly I will direct all happenings such that they will benefit your souls. Never disregard the sincerity of prayer, always look for Me in every adversity and danger, and I will hear your call and help you. For you ought to become My Own with every fibre of your heart, you ought to seek the most intimate unity with Me so that you faith will gain such strength that you will no longer fear whatever will come your way....

Amen

Simple form of prayer....

B.D. No. **3734** April 3rd 1946

The simple form of prayer is pleasing to Me.... Anyone who talks to Me in elaborate words and sentences will not be able to generate the depth of feeling which alone finds its way to My heart. But when a prayer comes from the heart it is like a simple expression of innermost feelings and its simplicity will not fail to have an effect because I will hear that call every time and comply with it. I ask for a child's trusting prayer to its Father, which holds nothing back and is unpretentious and thus pleases the Father; whereas all stilted speech originates more from intellectual thought than from the heart and restricts the relationship of the child towards its Father. A devout prayer is a silent dialogue with Me in all humbleness and love, in trust of My constant assistance, of an affectionate answer.... Such a prayer finds My favour.... But I take no notice of formal prayers because they do not arise from your hearts and therefore cannot be experienced like a personal prayer. And it is not the length of a prayer which increases its effectiveness but only its sincerity....

You should indeed pray incessantly, however this Word should not be taken to mean that you should linger in the practise of long formal prayers, which are not of the slightest value before Me, rather you should think of Me constantly and communicate with Me. This will give Me pleasure and you can derive endless grace from it, because your permanent unity of thought with Me makes you receptive to My grace: when you start your day's work with Me, when you consult Me in everything you do and thus allow Me to stay near to you due to your own request which you prove in your thoughts every time you unite with Me in prayer. Your heart has to be involved if I Myself want to work on and within you. But you will not be able to achieve an effect with an empty prayer, even if you spend much time on it, because then I cannot hear the voice of My child, which alone receives from the Father what it requires and requests. And when you feel like My children your prayer will be childlike and simple too, you will not need formal prayers because they will not give you the comfort and strength, they will appear as empty talk to you. Because the right relationship with Me also urges you to use the right words, like a child speaks to its Father, and then your prayer is indeed pleasing to Me....

'Forgive us our trespasses....'

Forgive each other as I forgive you.... You humans still let enmity reign far too often, you are still unable to love your enemies and forgive their sin, you are still angry with them and don't wish them well, even if you wish them no evil you don't exercise patience and are quick-tempered if you are being offended.... and are therefore still far from living as followers of Jesus.... Love has not yet become powerful enough in you as to leave no further room for hostile thoughts.... You don't see the brother in your neighbour otherwise you would forgive him and not take the offence quite so seriously. And yet I Am supposed to forgive you your trespasses.... after all, you act just as hostile towards Me otherwise you would be without guilt.... My love for you is greater than great, and your sincere prayer for forgiveness of your sin will release you from it. And yet, if you want to achieve My forgiveness, I require you to fulfil the condition that you, too, will forgive those who trespass against you.... I expect this because you should, after all, firmly resolve not to sin again.... and in order to make this resolve you must also love your neighbour who has sinned against you....

You should love your neighbour as yourself.... You should not hold any sin against him, for every hostile thought is unsuitable to awaken reciprocated love, whereas the love you give to your enemy will also awaken positive feelings in him.... Every unpleasant thought towards a person is picked up by evil forces and transferred onto the latter, and this cannot have any good results because evil only ever begets evil and therefore only evil will be returned, which rapidly increases the strength of evil and thus has a negative effect. You, however, should meet evil with kindness in order to weaken and change evil into good.... You should transmit positive thoughts and wish even to your enemies only good because thereby you disperse evil forces, because good thoughts have a redeeming effect, thus they pacify resentment and hatred, awaken positive feelings in turn and are even capable of changing an enemy into a friend, because strength of love always has a positive effect. Therefore you shall only find My forgiveness if you have also forgiven your debtors, for how can I possibly show you clemency if you still judge harshly and have enemies because you maintain the enmity yourselves? If My love forgives you your trespasses then your love should also make allowances.... Think kindly of your enemies, forgive those who have offended you, and always let the love in you be the judge, and this will surely want to forgive, for wherever love exists no feelings of hatred and vengeance can prevail, where love exists that is where I Am Myself and I truly don't judge unkindly, I forgive you your trespasses as you forgive those who trespass against you....

Amen

Intercession for people distanced from God....

B.D. No. **2172** December 2nd 1941

People who deem themselves too superior to call upon God for help are furthest away from God.... they are neither able to believe in a helpful and omnipotent Power nor look at prayer as a bridge which leads to the divine Deity.... who therefore will not establish a connection either and are thus totally on their own if they are faced by difficulties which earthly help cannot resolve. For if a person cannot find the path to God in this adversity he demonstrates that he still remains in blatant opposition to God, that earthly life has not yet gained him higher development, that he therefore is still in a very poor state if he has to give up his earthly life. He has not yet made a conscious effort in order to attain a higher level. And since he does not appeal for it in prayer he also lacks the strength to do so. And yet, even these people ought to sense the blessing of prayer, for they will be able to discover a perceptible softening of their nature as soon as a fellow human being prays on their behalf. Intercession can achieve very much and most of humanity could be redeemed by now if one would appeal to God for love and grace on behalf of the other. Then the wilful rejection would not be so immense anymore, for God grants every prayer which reveals unselfish neighbourly love if the gift of realisation for a fellow human being is being appealed for. God's infinite love is instantly willing to fulfil such a prayer because it testifies to love for another person. However, the distance to God is only reduced through love, and if the being itself fails it can still be helped on earth and shown the right path through intercession.

The further away a person is from the eternal Deity the more inconceivable the thought of help is to him. And therefore he will not turn to God in prayer either. But since a change of thinking can only be achieved though heartfelt prayer, a person should not miss any opportunity to sincerely pray for his fellow human being who is still of weak faith. The power of prayer is tremendous and a person can achieve anything with a devout prayer, and it especially affects spiritual states, that is, the person will relinquish his resistance regarding all spiritual matters, he will become reflective and think about what he previously adamantly rejected and will then arrive at a different result than before. A person who prays on behalf of his fellow human being for spiritual enlightenment has extraordinary influence over the latter which demonstrates itself by the fact that he is willing to listen to what is imparted to him, even if at first he was opposed to it, that he thinks about it and, if he later remembers it, that he will gladly and happily accept it. And thereby the distance to God will be diminished. Heartfelt prayer results in immense strength and must therefore take effect on his fellow human being as soon as this prayer is applied to him. This is why people who are distant from God are not hopelessly lost, for as soon as someone can be found who recognises their great spiritual hardship and would like to release them from it he has an effective means at his disposal.... the intimate intercession with God, which is very beneficially felt by the previously incorrigible person so that he cannot ignore this love. And he will be guided onto the right path and still attain realisation, if only after a very long time; but he is not hopelessly left at the mercy of the enemy, instead the beings struggling for good will remain victorious and help redeem the person from the state of being far away from God....

Amen

Prayers for souls in the beyond which had not acquired love onB.D. No. 2165earth....November 24th 1941

An unredeemed soul's path of suffering is impossible to describe to people, and yet they should know that it must endure an inconceivably hopeless state because this knowledge is intended to impel people into helpfully supporting such souls, hence they are constantly admonished not to forget these souls. They will thank those people a thousand fold who ease their agony by praying for them. Souls in the beyond which leave people behind on earth with whom they were lovingly connected have an advantage compared to those which did not acquire love for themselves on earth. Loving thoughts and devout wishes follow the former, or such souls receive strength through heartfelt prayer, which can substantially improve their situation. Every loving thought is soothingly experienced by the souls and awakens love again, which then will manifest itself towards equally suffering souls. However, souls which lived without love on earth must starve and suffer unspeakably. They are quickly forgotten or they are only thought of unkindly, and this has appalling consequences on their state in the beyond. Every kind thought of people on earth for the souls in the beyond alleviates their torments, every bad thought increases them and the souls themselves are unable to defend themselves or enforce people's love for them.

Now the soul is perceptively affected by love or heartlessness which either ease or impede its struggle towards ascent. Souls which entirely lack people's love on earth have to completely depend on themselves in utterly dark surroundings and suffer indescribable hardship. These souls should be particularly considered on earth in prayer so that they, too, feel the blessing of intercession, so that they feel the strength of love within themselves and thus an inner change takes place. For as soon as a loving thought fleetingly touches such lonely souls they notice it and turn towards the place of origin of this thought, they come close to the person who mercifully thought of them and observe him and his characteristics, his actions and his train of thought. They will never harass a person who is good to them either, although they themselves are rarely capable of good feelings. Yet they dwell on the reason

why their state of suffering eases when they are close to these people and they sense noticeable relief through the prayer on behalf of the struggling souls in darkness. And they learn to recognise that love is the only means for improving their situation. And once the soul has gained this realisation then it will also become gentle and helpful towards other souls and they will have escaped the bitterest hardship. People on earth would be able to redeem infinitely many souls from their hardship if they tried to imagine the helplessness of these souls. For if they feel a spark of love within themselves their great suffering should move them and arouse their will to help these souls. People should include these poor souls which lack the strength to help themselves in their prayer, they should call upon God for grace and mercy for these souls, they shall give them their love and never think heartlessly of a deceased person so as not to increase his pain. For then the soul will be in great danger of becoming completely hard and every good inclination in it dying.... But the souls should be redeemed and people on earth can contribute an awful lot towards achieving it....

Amen

Fatherly Words.... Faithful prayer and intercession....

B.D. No. **1862** March 24th 1941

will grant the prayer of anyone who confides in Me with complete confidence.... A life without struggle does not achieve maturity for the soul, the human being has to fight, and he can only be spared the battle if he puts his whole life into My hands of His own accord, if he entrusts himself to Me and faithfully relies on My help. Then he is the way I want My human children to be.... he acknowledges Me as His Father Whose omnipotence and love are so great that He will not let His child remain in adversity. And he never walks alone but always calls Me by his side.... he is not anxious and doubting but full of confidence, he is not frightened but he has faith.... And I do not disappoint his faith.... Anyone who believes in Me like that will not ask in vain, I will help him and grant his expectations, and thereby his faith will become ever more profound and unshakable.... he will feel at peace for he fear nothing anymore, he knows himself to never be alone and forsaken.... The prayer's strength will sense whom the prayer is intended for.... It will result in spiritual clarity and strength of faith, people will sense that they receive strength and turn their spiritual vision upwards.... I Myself will send a flash of realisation into the hearts of those for whom My children faithfully pray. Whatever they request will be granted to them, and My love watches over those who are weak and in need of help so that they will not fall or go astray. For those who pray for their loved ones on earth and plead on behalf of their soul's salvation transfer the strength of prayer to them, and thus these can receive grace, for intercession is an act of neighbourly love, intercession is the most effective means to help them.... Then My spirit will seek to unite with them and will lead them towards realisation.... What a person cannot achieve of his own strength can be achieved by a faithful prayer which is sent up to Me on his behalf. And I will take special care of these souls, I will not leave them in ignorance, I will overshadow them with My grace, with My spirit, for a human child's love will not beseech Me in vain for My assistance. And thus be unconcerned, everyone takes the path he has to take in order to attain perfection.... as it happens it is good for his soul's higher development. And if you faithfully put your trust in Me I will guide you through all adversities towards your eternal home....

Amen

Calling upon the beings of light.... Prior connection with theB.D. No. 5675Father....May 13th 1953

Make contact with all the virtuous forces in the spiritual kingdom by appealing for their protection, for their care and help in spiritual as well as in earthly adversity. They are devoted to you in love and always want to help you, yet they are also bound to observe the laws of eternal order so that they may not help you until you call upon them yourselves, because your own will determines the influence of good or evil forces.... Thus you may turn to the spiritual world of light, however, by doing so you must not forget.... Me Myself.... I want to be King in your hearts, it is My

will that you establish the connection with Me Myself, that you ask Me Myself to send you My helpers, that I give My blessings, that nothing shall happen without My will. Your connection with Me is the goal of your earthly life and if you exclude Me by exclusively handing yourselves over to the beings of light you will hardly reach your goal, for then you will be missing one thing: childlike trust towards the Father, which will also let you find the direct path to the Father.... I try to gain your love, the love of a child for its Father.... And you lack this love if you don't call upon Me in every adversity of body and soul, for if you love Me your heart will impel you to Me.

This is why the straight path to Me is also evidence of your love and faith, and all My angels, My messengers of light and helpers, rejoice if you offer Me this love and then they will work on My instructions on your behalf and within you. And if you also mentally entrust yourselves to their care the influx of strength, which then will constantly flow into you, will never be ineffective. You can confidently put your trust in them, yet the connection with Me must always come first, for I want to hear your call before I instruct My forces to provide help for you. They all merely comply with their Lord's will, which is also their own will, and in order to receive their Lord's instruction to be helpfully active He also wants to be called upon by those who require help. However, when the love of a child calls for the Father, the Father will mobilise all the forces of heaven in order to give His child what it requires.... For love achieves anything, and I want to receive this love from My child....

Amen

Granting prayers.... Faith....

B.D. No. **6569** June 11th 1956

The strength of your prayer will also guarantee your requests to be granted. For I Am true to My Word: Ask, and it shall be given to you; knock, and it shall be opened unto you....' You should always remember that My Word is truth, that I do not give you a promise without fulfilling it. You should also bear in mind that it is always possible for Me to grant your prayers, and that My love for you gladly complies with your wishes.... but that you may only rely on the granting of your prayers if you firmly believe, if you don't let any doubt arise in My love or My power. But the slightest doubt prevents Me from proving My love and power to you, in that case you are, as yet, not united with Me closely enough, you don't see the Father in Me as yet but only ever the distant God Who will not push Himself to the fore as long as your childlike love does not draw Me, your Father, to you.... which, however, a firm faith will do. For this reason so many of My earthly children's prayers remain unheard, and this increases their doubts in the power of prayer even more. And yet, only the missing strength of faith is to blame that you often wait for the granting of your prayer in vain.... Come to Me like children to your Father and speak to Him with true humility and childlike love, and then tell Me your wishes in firm trust that I will hear you, understand your problem and avert it from you.... And you can rest assured that I will not ignore you but I will comply with your prayers....

For I want to draw you ever more firmly towards Me and therefore will not disappoint someone with a firm faith either. And a true child will certainly only appeal for things which will not damage the soul; a true child leaves it up to Me and I direct its thoughts so that it realises and rejects every desire which hampers its spiritual development. The right relationship of a child with its Father also guarantees you enlightened thinking, an enlightened spirit.... It is My will that you should entrust yourselves to Me in every adversity of body and soul, and I will help you, as I have promised, as soon as you believe in Me with a **living faith**. However, I cannot **give** you a living faith, you have to acquire it yourselves through **love**.... And thus you know why so many prayers remain unheard: insufficient love is the explanation for a weak faith, because no person may ever expect the complete evidence of My love from Me who has insufficient love himself and therefore also prevents My activity of love.... My Word is truth, but My promises also require compliance with the conditions.... Then every promise will come true for you. Therefore strive to strengthen your faith, let it come alive through kind-hearted activity.... Then you will also have strength of faith and My love and might will manifest itself to you....

Prayer for grace and strength....

hen you approach Me from the bottom of your heart with a request for strength and grace you will certainly receive it, even if it is not instantly recognisable as help, since grace and strength affect the soul more than the body. The human being as such can still be subject to affliction but it will not touch the soul as much, so that the human being remains calm and collected due to his soul's strength, and yet the physical affliction still needs to be overcome. Thus I do not always remove it from the person but I will give him the strength to bear what I inflict on him. He will not experience something as severely as someone without faith who does not desire and request My gift of strength. Not the misfortune itself constitutes its severity but the state of the human being who, being weak, is doubly affected by every hardship. But My grace and strength is always at your disposal and, providing you make use of it, even the most difficult earthly life will be bearable for you and always of benefit for your soul, because as a result of My strength and grace its shell will be gradually dissolved.... For as soon as the human being joins Me, as soon as he makes contact with Me by praying for strength and grace, I will be able to reveal Myself to him by giving him strength, and depending how much I can develop his soul, his earthly ambition will be reduced accordingly.... The strength of My grace urges the soul towards the spirit within itself and away from material possession. My grace and strength has the effect that a person becomes inwardly strong, that he disassociates himself from the external world and tries to make contact with the spirit in himself, and thus he achieves spiritual progress when he tries to alleviate worldly hardship with My support, with My supply of grace and strength. But such a request will never remain unfulfilled, a person who approaches Me with this appeal will never fail to benefit. And he will also always notice how much stronger he is after a heart-felt prayer to Me, albeit worldly hardship is not yet resolved.

On the one hand this is intended to make the person aware of his weakness and lack of strength and to encourage him to approach the One Who can remedy it, but on the other hand it should also strengthen his faith when he receives such obvious help after his heart-felt appeal to Me. A soul which strives towards Me will always derive spiritual benefit from the body's distress, because it will always take flight to Me and every heart-felt prayer will provide it with strength and grace, which will then take effect in accordance with its state of maturity.... visibly and noticeably for the body too or just perceptible for the soul, depending on how suitable it is deemed by My wisdom and love. But I will never leave anyone without strength who requests it from Me.... For I will fulfil every appeal for spiritual wealth and, providing it is beneficial to you, also for earthly help. And thus you will be able to feel Me even during utmost adversity, you need not be discouraged and despondent providing you entrust yourselves to My love and grace, providing you want to accept My strength and confirm this in sincere conversation with Me. I know of all your difficulties, your weaknesses and doubts, but I want you to hand them over to Me in prayer so that you know when they are removed by My love, by My supply of strength and grace.... so that you will learn to recognise Me in everything that affects you. I speak to you through hardship just as I reveal Myself to you through help.... And if you stay in close contact with Me you will not fear any hardship, no matter how harsh it appears to be, because all strength and grace is at your disposal due to My love. I will take care of you until the end of your life, physically and spiritually and, providing you believe this without doubt, you will lose all fear of every severe hardship facing you, because you will always be able to overcome it with My grace and My strength....

Amen

rue prayer requires true humility, only then will it be pleasing to Me, for humility towards Me is also proof of love for Me, because love will never want to dominate but only ever be of help.... Anyone who therefore appeals to Me with a feeling of love in his heart will also be able to humbly approach Me and I will respond to his love and grant Him My grace.... However, anyone lacking true humility merely sends a fearful call to Me, Whom he certainly acknowledges in his heart but Whom he does not love because he has not become love himself and, because he does not love his neighbour, cannot receive love and grace from Me either. This is also often the reason why prayers remain unanswered, for I request humility of heart since it is the evidence of love for Me. Humility of heart excludes every arrogant thought, it excludes heartless actions, for love and humility go together and are not in opposition to each other. This is why a humble heart is well-pleasing to Me and which I will provide with grace and love in abundance. Profound humility, however, does not show itself in a person's external demeanour, for this is at all times abhorred by Me.... Humility towards Me only manifests itself in prayer and humility towards another person in helpful neighbourly love. External gestures, however, often feign humility while the heart does not feel it. I, however, look at the soul's motivation.... I won't let Myself be deceived by appearances, and therefore the sign of My grace will only rarely be found where an outward appearance of humility is given, where fellow human beings are intended to recognise such in gestures, in attitudes or humbly sounding words....

I only pay attention to the humility of heart and these are the people I consider, although outwardly they assert themselves and don't display any kind of subservience. But anyone who actively engages himself in helpful neighbourly love will not elevate himself, he will always remain a servant of the Lord, for he complies with My commandment, he lives up to what his Lord requested of him, he subordinates himself to My will without having been forced to do so. And if he thus prays to Me his request will likewise be that of a servant to his Lord or that of a child to its Father, to Whom it subordinates itself in love and profoundly humbly entrusts its worries to Him.... it will not demand but request, which is a sign of humility, the acknowledgement of the One Who should grant its prayer.... and its request will not remain unheard.... Pray correctly and your wishes shall always be granted.... request but don't demand.... remain deeply humble in your heart so that My grace can flow into you and know that I will never require an external gesture, that external gestures are never pleasing to Me because they easily become a cover for those who are not profoundly truthful, who want to deceive and whose hearts feel different than it seems. Therefore take no notice of them or copy them, but be of loving service to your neighbour and you will be graced by true humility of heart which will find My pleasure and which I will be able to reward with grace in abundance....

Amen

The right prayer.... 'Father, Your will be done....'

B.D. No. **4372** July 11th 1948

No prayer rising up to Me in complete trust of My help is in vain. For this trust testifies to faith in My love and My might. And through such prayer a person has also established the right relationship with Me.... he approaches Me like a child to its father. A father, however, will never deny himself to his child unless the child appeals to him for something completely unwholesome in which case the father will protect it but also instruct it accordingly so that the child's trust will not be disappointed. This instruction happens in a way that second thoughts will arise in a person as to whether his prayer was appropriate, that he doubts his right to make such a request, and then a true child will always add to its request 'Father, Your will be done....' And I will grant what is good for him and satisfy his wish in a different way, for My love wants to give and please if I Am called upon in the right way. This is why you should always try to increase your strength of faith, for then the fulfilment of every wish will be granted to you. Greater strength of faith will always be accompanied by ever more activity of love, more activity of love assures you increased knowledge, and thus a person who is

knowledgeable and lives in truth will not appeal for something which is harmful to him and therefore always find fulfilment because he believes. You should know that you cannot but think correctly if you gained the right faith through love and, in this state, send a prayer up to Me. Remember My promise 'Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you....' And thus you may at all times present your wishes to Me as true children and I will never disappoint your faith....

Amen

Only prayer protects from the adversary's activity....

B.D. No. **8955** March 15th 1965

The closer it gets to the end the more violent becomes My adversary's activity, and you all will feel it, for no day will pass by without causing you unrest or tasting his treachery in other ways. And nothing else helps but your prayer.... your connection with the One Who is his Lord too, Who defeated him through His death on the cross. A heartfelt prayer will re-establish the inner peace which he wants to deprive you of. For his power will be defeated when you turn to Me, no matter how much he strives to agitate you. The battles against him become increasingly fiercer for he will not let up pushing you, and time and again I have to tell you that only prayer will protect you from his activity. For then you demonstrate that you are looking for Me and want to be released from him, and then I can use My power against him, I can prevent him from continuing his harassments since then your own will gives Me the right to deal with him.

But in the last days his rage will become ever stronger, and yet he will not succeed with My Own, with those who desire Me with all their heart and call upon Me for My protection. And whom else would I rather protect than My Own, who always want to be in contact with Me and have offered their services to Me? You should just believe that I also have power over him, that you have not been defencelessly left at his mercy and that you will have the strength to repel his every intrusion. And you should draw this strength from My Word, you should always engross yourselves in this Word and then you will be surrounded by light which he, however, avoids and so you will be released from him.

And don't allow yourselves to be held captive by the world, for then he can enter secretly and entice you with its goods.... Then he will also have a certain amount of power over you which you won't recognise since he is able to deceive you. However, in that case I cannot help you, for you hand yourselves over to him and forget about Me, and then you will have to struggle for your inner bond with Me, only then will you realise what it means to have detached yourselves from Me, for once he owns something he holds on to it. But I won't let anyone fall who seriously desires Me, he will just have to struggle considerably in order to get back to the same level he had previously been on....

Make sure that the adversary will not gain power over you and call on Me in your ordeal, for I Am always willing to help you if your call comes from your heart. Just don't let the world get the better of you, for then you will be served by the one who is lord over this world, and all I can do is wait until you find the way back to Me....

Amen

Taking refuge in the Father....

B.D. No. **5804** November 13th 1953

A nyone who takes refuge in Me will not go wrong, for I will always help him even if the help is not as obvious as he would like it to be. Anyone who takes refuge in Me comes to the right place, because I alone can and want to help where human help seems to be impossible. Anyone who takes refuge in Me will feel as though he is My child and can also fully confidently expect of Me the understanding of the Father. He will not call upon Me in vain. Earthly adversities and problems shall impel the person to Me if he does not enter into frequent communication with Me of his own accord. Then I will have to send him worries and afflictions so that he will remember Me and turn to where help will come from. Yet blessed are those who seek contact with their Father of their own accord.... blessed are those who often look for Me in thought and expect Me to talk to them, who turn the direction of their thoughts towards heaven.... blessed are those who do not need earthly adversities and worries in order to come to Me.... blessed are those who cannot exist without Me, who always and forever speak to Me like children to their Father, who therefore already identify themselves as part of Me and try to contact Me.... because I can draw close and reveal Myself to them.... I can give Myself away, that is, bestow blessings without measure, because they are always willing to use them and thereby come closer to Me.... But how often do people fail to find the path to Me even in adversities and worries because they lack faith in the One Who can and wants to help them....

Being powerless and without strength their misery goes on and on, if only they could still be won over for Me.... or they will receive strength from below, from My adversary, to whom they are more inclined than to Me, because they commit themselves to the world and its commodities and therefore also to the one who is lord of this material world. And then they will be lost for infinitely long periods of time.... Then their distance from Me will increase ever more, and every gift of grace through which I want to help them attain realisation will be rejected by them. Therefore, wherever you humans see adversity and suffering that is where My care is recognisable, that is where I still struggle for every soul, that is where My adversary has not yet attained control and therefore there is still hope that the hardship will let them find their path to Me. And every person suffering hardship should be referred to this One and advised to appeal to Him.... he should trustingly take refuge in Me and I will reveal Myself and show him that I Am also Lord over life and death.... People in serious difficulties occasionally also accept an instruction and grasp the life line, they turn to the One Who is recommended to them as Saviour and as Helper.... And I will truly help them in order to then strengthen their extraordinarily weak faith; I will manifest Myself where I usually keep Myself concealed because I Am not being called upon.... I will truly not keep any of My living creations in distress if it comes to Me in prayer....

Amen