

# Word of God

## Illness And Suffering

A selection of godly proclamations received  
through the 'Inner Word' by Bertha Dudde

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### God's work of education.... spiritual inertia.... purpose of sufferings....

B.D. No. 0818  
March 20th 1939

**Y**ou, who still live on earth, are approaching a time which will be unspeakably painful for you and you will have to assert yourselves in the face of all the hardship you are destined to experience. What the creator of heaven and earth allows is only ever a means by which He wants to spare His living creations the spiritual suffering one day, which will have far more painful effects in the beyond and which the human being can avert if he humbly accepts the suffering on earth and emerges from it purified and matured in soul. Man in his short-sightedness, which is the result of faithlessness, cannot comprehend the work of education of the heavenly father. He grumbles and complains and is not

infrequently inclined to deny an eternal deity altogether because the work of Him seems incomprehensible to him. And he does not recognize the love and patience of his creator Who has to choose this path because His loving admonitions and words from above are not listened to, and time has become ever more serious, the human being ever more sluggish in his spiritual work and only ever concerned with fulfilling earthly duties, regardless of how this fulfilment of duty affects the soul. Now the spiritual world must also be extremely active and must in turn give people on earth evidence of its activity in and around it. For man no longer finds the connection to his creator. A tremendous shaking of his principles of life must first force man to think again about his 'self', his origin and his end. In a completely calm time there is only a greater danger of living in spiritual inertia, but where the human being is forced to carry burdens of whatever kind he ultimately asks himself what meaning underlies his whole life and which path he could take in order to be relieved of earthly worries and suffering. And then he will certainly timidly grasp the father's hand which is lovingly offered to him and which first wants to snatch him from the spiritual hardship of the soul. This purpose is the only reason for all the coming time of suffering....

Amen

Translation handled by Doris Boekers

## Love and suffering - way up....

B.D. No. 7223

December 7th 1958

I want to show you the shortest practicable way to shorten your time of development in order to lead it to a successful end for you.... During your earthly life you are given the opportunity to do so, but you must also know all the advantages and disadvantages of your way of life so that you don't take this last path across earth in vain, so that you don't live aimlessly and without a plan and the days are lost to you when you can shape your own destiny for eternity. There is a very short path that leads safely to the aim: the path of love and suffering, which Jesus Christ also took, in Whom I Myself walked the path over the earth. Love and suffering certainly bring about the soul's perfection, and that is why My gospel is only ever the divine teaching of love which I preached on earth and which I will preach again and again to people who listen to Me, who want to hear My word. Your earthly task consists of the transformation of your nature into love alone; and where this transformation is not striven for intensively enough, suffering has to help so that the soul will be purified while still on earth, so that it will pass over into the kingdom of the beyond as unencumbered as possible when its earthly career is completed. Love and suffering.... of the human being Jesus' life on earth was an uninterrupted activity of love.... which was finally replaced by an abundance of bitter suffering and pain which His body and soul took upon themselves out of love for tormented fellow human beings, whose soul's suffering the human being Jesus knew about as a result of the high degree of love He had achieved. And only this high degree of love made it possible that I Myself could embody Myself in this man Jesus, that I, as the eternal love, could fill Him completely and thus carry out in Him the act of salvation for humanity for the purpose of which I lived on earth. Love and suffering were intended to bring salvation to people in their great spiritual adversity, which consisted of the fact that they were bound by My adversary and had no strength to defeat him. Jesus exemplified love to people and proved to them in Himself that love is 'strength', that He was able to accomplish everything with this strength of love and that He was therefore also able to defeat the adversary by virtue of His love.... But love also motivated Him to take upon Himself the guilt of the people who had caused this bondage by the adversary in the first place, that is, to pay the adversary the purchase price for the release of the souls which wanted to be free from Him. And He paid this debt with immeasurable suffering and the most bitter death on the cross. He offered Himself as a sacrifice, He gave His body for the life of the fallen and therefore bound souls and bought them, so to speak, free from their lord, to whom they had become slaves through their own guilt. As the human being Jesus Himself I paid the guilt for all My living creations and also showed all of them the path they had to take in order to leave My adversary's realm and enter My realm.... They had to live a life of love, because without love the adversary retains control over the human being, because love is the first bond with Me and without Me it is impossible

to detach oneself from the adversary. Therefore the human being must follow My commandments of love.... and, if he has to bear suffering and adversity.... patiently accept it always in remembrance of Jesus Christ, the divine redeemer.... Then he takes the path I show him, then he has already mentally united himself with Me, and through loving activity he now strengthens his union with Me, he takes the path of following Jesus Christ, he changes his nature into love and purifies his soul through suffering, and thus he must now also irrevocably reach the aim, the union with Me, for "he who abides in love abides in Me and I in him...." Love alone unites us closely, love alone is the path to Me, which is only shortened by suffering and thus can now certainly already reach perfection in earthly life, which is the purpose and aim of man's earthly progress....

Amen

Translation handled by Doris Boekers

### **'Whoever is loved by God...'**

B.D. No. 5647

April 9th 1953

**W**hoever is loved by God often has to follow stony paths and carry burdens which almost crush him; but always only for his own good, for every burden of the cross can be a blessing for him if he has the right attitude towards Him Who directs his destiny. Whoever is loved by God.... He certainly loves all of His living creations but especially those who no longer have far to go in order to reach the final goal. He knows every human being's disposition and thus He also knows every individual person's attitude towards his God and Father of eternity, and He will often treat him accordingly in order to help him reach the goal. And only in this way should you explain the fact that God-devoted people who clearly fulfil His will have to suffer and often fight a difficult struggle for existence, which at times raises doubt about God's benevolence and love. God knows the purpose of everything, and if only people were convinced of His love and kindness they would also recognise everything as divine providence and not rebel against it, they would know themselves as being seized by God's love and patiently wait for their destiny to change again.

There is truly much suffering on earth, humanity is languishing under its weight, but it does not recognise itself in need of educating and therefore inwardly revolts against it when it should just humbly submit to it, so that all difficulties would be taken away again and God's help would manifest itself so clearly that He could be recognised as a loving Father by everyone who wants to recognise Him. Those who are loved by God are allowed to suffer.... These Words find little credence, for no-one considers that suffering is a truly effective method of upbringing in a world where people only ever strive to please their body, where God's love is not seen in situations of adversity and sorrow. And yet it is His love which manifests itself such that it is beneficial for the soul. For God knows the blessing of suffering and therefore He often uses such means in order to keep people back from the earthly world. He would rather see them suffer than plunge them into the mire of the world and its sin. He knows that disease and pain can result in a change, but that the world can never offer the soul spiritual success, so therefore the world has to be disregarded first, which God indirectly assists people in doing by keeping them back from the world and its dangers through means which seemingly lack God's love but are never harmful for the soul, unless the human being revolts against his destiny and invokes His adversary.

Then he will be helped indeed, but in a different way than the human being thinks.... he will certainly help but never without reward.... And this reward consists of handing the soul over to him. Therefore submit to God's will when you are affected by adversity and suffering, don't grumble and complain, bow down to His orders and lift your eyes up only to Him. And He will take the cross from you, He will make it easy for you as soon as you completely surrender yourselves to His merciful guidance. For you can always know yourselves loved by Him, Who through suffering and adversity only wants to win you for Himself, Who wants to purify your soul and time and again provides it with the opportunity to practise patience and gentleness, so that God's help will then visibly arrive, so that His love will visibly intervene and also heal all wounds when the time is right....

**Helping or fighting.... Different purposes for suffering....**

B.D. No. 3230

August 24th 1944

**I**n the state of freedom of will the being would not have to fear God's adversary if only it would live in love. Then it will have defeated him, because God's adversary is utterly defenceless against love. Hence, the human being would also be able to free himself from temptations and challenges, for they have no influence on him as soon as he acts with love. The latter, however, depends on a person's free will, and therefore the human being himself is the reason for an earthly existence which is either a constant battle or helpful love.... God knows every person's heart and gives the human being what he needs, but He also lets a person go short if he does not require His help, His comfort and His counsel because he inwardly opposes Him and therefore does not exercise love, which demonstrates his God-devoted will.... God and love are one and the same, and therefore a loving human being is also united with God and thus has to be superior to God's adversary. If the human being is willing to actively engage himself in neighbourly love he will not be quite so besieged by the temptations of the world; he effectively has already overcome them which, however, does not rule out that he will have to endure suffering, because suffering is not only intended to lead a person to God whose will is still turned away from God but it shall also purify the person who strives towards God. However, the suffering in these two stages is experienced differently. The former revolts against it because he does not want to bow down to a Power Which restricts his enjoyment of life.... He still desires the world and experiences all suffering as disadvantage, as an inadequate enjoyment of life and thus a constraint he refuses to accept. And it can require a lot of suffering before he has surrendered, and this kind of battle is the adversary's work, who still uses the world and its pleasures to gain the human being for himself, who continues to place all these before his eyes in order to intensify his desire and thereby alienate him from God. But if the human being is actively helpful, then the suffering will merely serve him to become perfect, to achieve maturity of his soul, then God's adversary will have little control over him, then he will turn away from the world and due to his suffering join God ever more closely.

This difference has to be recognised when the disparity of suffering is being considered, when good and bad people are affected by it.... people, who are still completely averted from God and those who seemingly no longer require suffering in order to find Him.... Each time the suffering serves a different purpose, yet the final purpose is the complete union with God. The greatest danger for the human being is his inclination towards the world and his lack of love, for then he will still be wholly enslaved by the one who wants to ruin him. And then he will need strict teaching methods in order to change. Only when his inclination towards the world subsides can love ignite in him, and then the suffering can take on different characteristics, yet it cannot be entirely spared to him as long as the soul is not totally purified. Practising neighbourly love is therefore a decisive factor for his degree of development, it is a decisive factor for the intensity of his suffering, for wherever love is practised, and thus where God is present Himself, the suffering will be more bearable because the human being will be able to receive God's emanation of strength and therefore the suffering will not depress him as much. He need not fight anymore but only bear it and wait for God's help which will remove all suffering from him when the time is right. The human being must be helpful or fight, and namely in accordance with his will and his ability to love.... Being helpful will come easily to him, yet fighting will require great strength if he does not want to succumb to the power which will use whatever it takes to pull him into darkness and which will continue to exert an influence on the human being as long as he lives without love, for then he is still far removed from God. Only love sets him free from this power, only love makes him strong, for the loving human being is united with God and receives his strength from Him in order to defeat the adversary....

Amen

**T**he love for the world is a creeping disease which will definitely lead to spiritual death. And thus you can appreciate that your Father in heaven will quite often have to resort to painful means in order to rescue you from this death, in order to enable your spiritual recovery, in order to make you relinquish the world and its pleasures and attain eternal life.... It would be misguided compassion were I to shy away from such means only to prevent you from suffering during your earthly life; it would be misguided love which would not be a blessing but only a disaster for your soul. My wisdom, however, looks ahead and My love tries to help you. The fact that you have to relinquish the world in order to attain Me is inevitable, and if you do not sacrifice it voluntarily I will have to take what is dear to your heart. And this is why you so often have to suffer on earth, even if your way of life is not blatantly evil. Yet you are still permeated by wrong love, by love for matter, by the kind of love which first has to be redirected if it is to make you happy. And as long as you don't eliminate this love from your hearts I cannot enter them, for where I stay all earthly longing must have been overcome.

And again I must say: No-one can serve two masters.... I Am not content with shared love, however, My adversary, the prince of the World, will not allow that you do not give him the sole right over your soul either. And thus the human being has no choice but to make a decision.... for Me or for him. But as long as he desires the world his decision is for him, who pulls him down into ruin. He will indeed give you plenty during your earthly life, but after your death you will be utterly poverty-stricken in the beyond, and torment and darkness will be your fate.... My gifts, however, are less enticing on earth for they consist of spiritual possessions which have little attraction for you humans during your earthly life, but after your death they represent an immeasurable wealth which makes you blissfully happy and turns you into children of the kingdom of light forever. I offer incomparably more than My adversary, yet his gifts dazzle you and make you hanker after them. **But remember life after death....** remember the hour of your passing away is not known to you, that it can be very soon and that you then will lose whatever earthly goods you possess. Then you will have to fear the hour of death.... Yet you will yearn for it if you have gathered spiritual treasures, if you renounce earthly goods in order to exchange them for gifts offered by Me. Then you will long for the hour of death, for you know that when you leave the earth it will be the hour of entering eternal life. Earthly life will seem like a fleeting moment to you, and yet it is decisive for the whole of eternity. And therefore you should understand it when I afflict humanity with all kinds of calamities and take everything away that seems desirable to them. It is not cruelty but love and wisdom, which indeed realises and understands why you humans are in danger and wants to rescue you from it.

Anyone who must suffer should know himself loved by Me, but anyone who receives the possessions of life in abundance is already subject to My adversary, for I know his will and do not compel him to change it. Yet even these people will be approached by Me through their fellow human beings who shall touch their hearts so that they will change their nature into love. Then even they will still be redeemed with certainty. But if their hearts are hardened their good living standard will noticeably continue to get better, for the 'master of the world' will give to them in abundance, because they sold their soul for the sake of earthly possessions and their spiritual death will be assured to them....

Amen

Translation handled by Heidi Hanna

## **Love and suffering as means of purification....**

B.D. No. 6701

November 29th 1956

**M**y Gospel teaches you love again and again, for only love purifies the soul from all impurities; love is the fire which cleanses the soul and turns all base notions into the opposite. And love is often accompanied by suffering, as this first dissolves all hard layers which had still offered resistance to love. Hence, love and suffering are the means of the soul's purification, and love and suffering can

change bad habits into virtues, they can disperse pride and arouse true humility in a person's heart, they can train an impatient person to become gentle and patient, they can inspire compassion and let justice emerge.... They can entirely change a person's nature and thus spiritualise the soul while it is still on earth. For this reason you should constantly practise love and patiently shoulder all suffering.... You should bear the cross which was placed upon you and, in so doing, constantly keep suffering at bay from your fellow human beings, pleasing them and also helping them attain maturity of soul by preaching and exemplifying the Gospel of love to them. The human being must consciously work at improving his soul; he must try to release himself from all vices and cravings, and the strength to do so will arise from the love which he practices on his fellow human being. If suffering is imposed on him, he should likewise regard this suffering as a means towards reaching perfection, because it helps where love is still too weak.... The soul should be able to leave its body in a crystal clear state so that, permeated by light, it can enter the kingdom of the beyond .... However, you humans still need to dissolve more layers which prevent the soul from being permeated by this light.... You must still work on yourselves in order to develop the virtues which should adorn a soul; you must attain humility, gentleness, peacefulness, compassion, righteousness and patience, and that necessitates conscious work at improving yourselves, which is therefore often accompanied by all kinds of suffering. And so you should also recognise the blessing of suffering, which has a redemptive purpose, which should not always be regarded as punishment for sins but is often merely an effective means to attain maturity of soul.... You should **discard** all you bad habits and vices and that often necessitates a battle which, however, is much easier for you in the form of physical suffering than in a state of physical well-being, since the latter is more likely to increase these evils than to reduce them. I did not thoughtlessly say the Words 'If any man will come after Me, let him.... take up his cross....' I certainly died on the cross for your guilt of sin, I took all suffering upon Me.... and thereby made it possible for you to release yourselves, to gain strength.... For the sake of the act of Salvation you can be forgiven of all your sins and, once you acknowledge Me and My act of Salvation and avail yourselves of the blessings of the act of Salvation by appealing to Me for redemption and forgiveness of your guilt, this will ensure your entry into the kingdom of light .... Nevertheless, you cannot be spared a certain amount psychological work, for this will determine the **degree of light** in which you depart from earth. And the willingness to endure suffering is the conscious or unconscious participation in My path to the cross, and anyone who takes the path to Golgotha by My side is truly doing his soul a great service, for it can take the path into the kingdom of light like Me and, in radiant brilliance, it will be with Me in paradise, for the change from an imperfect being into the divine being it was in the beginning, had still occurred on earth and, in a manner of speaking, it has already participated in Christ's act of Salvation on earth because it had humbly carried the cross.... Therefore you should bless the suffering which accompanies your path across earth, and let the love in you evolve fully, then your earthly path will not be in vain, it will let you reach the most beautiful goal: the complete union with Me, your God and Father of eternity....

Amen

Translation handled by Heidi Hanna

## Love and suffering purify the soul....

B.D. No. 7732

October 28th 1960

**A**nd you will truly follow Me if you bear your cross with patience and submission to My will. I certainly carried all of humanity's sins on My shoulders when I walked the path to the cross and thereby relieved you from the immense burden of sin you would have had to carry on account of your sins.... I knew that it was too heavy for you, that you would never have freed yourselves from this huge weight. And thus I carried it on your behalf.... But you must know that you still have a low degree of maturity of soul as long as you have not fanned your love into brightest radiance. And this is what you humans are lacking, even if you strive to live your life according to My will. For this reason I give you the opportunity to raise your soul's maturity through afflictions, which are the right kind of purification means for the soul, so that it becomes increasingly brighter and translucent and able to

enter the kingdom of the beyond in a purified state when its hour has come. Love and suffering purify the soul.... I say this time and again, and thus I also tell you that you need the suffering, because the love in you has not yet reached the degree which lets the soul become so crystal clear that My love can permeate it without meeting with any resistance. Your life will not last long anymore, and one day you will be grateful to Me that I helped you to spiritualise your soul through afflictions, through adversities and suffering, through all kinds of ailments.... Just do not rebel against your destiny, accept everything from My hand and always remember that I want to help you attain perfection as far as it is still possible on earth. You can still cast off many impurities from your soul and thereby enable it to blissfully pass over into an abundance of radiant light, because the soul will have been prepared such that it can absorb this abundance of light without having to fade away. Although you can all certainly be redeemed from your guilt of sin because of the forgiveness which, for the sake of Jesus Christ, is assured to you if you appeal to Me Myself in Jesus for it.... but the degree of light which subsequently will make you happy can vary and thus the bliss you enjoy will also differ.... depending on the soul's transparency and perfection, depending on the work you have done on earth to improve your soul. So if you are negligent despite your good will My love will help you by repeatedly creating opportunities for you to raise your soul's maturity.... by burdening you with a small cross which you should carry with patience and submission.... so that you occasionally suffer in order to promote your psychological task, to dissolve the impurities and to let your soul emerge from the suffering so bright and pure that it has also become receptive for high degrees of light and in truth can enter the kingdom of light and bliss. For life is short and one day you will thank Me for the path I made you travel on earth when the soul has gained the maturity which allows for a high degree of illumination of light and which will make you inconceivably happy.... Therefore take your cross upon yourselves and follow Me.... for sooner or later your path will end and then you will be overjoyed....

Amen

Translation handled by Heidi Hanna

## Depressions.... suffering is the father's love....

B.D. No. 0828

March 25th 1939

**A**n indescribable longing will awaken in you if you strive for perfection and think of the delights of heaven. And this desire will contribute towards removing the soul's fetters, for the desire for the world and earthly pleasures will decrease to the same extent, the desire for earthly possessions will dwindle and only that which signifies happiness for the soul will be desired. And if you are in this state all depression will also disappear, for all worldly things will no longer affect you, the soul will become free and disregard the body, and then nothing will be able to weigh it down which causes it pain in a less perfect state. And so accept this comfort and only work undaunted on yourself, then you will also overcome such hours where the pressure of earth still weighs too heavily on you. The father in heaven knows about the hardships of His children, and yet they cannot stay away completely; they should spur on what is tired and purify what is not yet clean. Keeping this in mind, every day will bring you its blessings, and you will come ever closer to the state of liberation. So often the soul lets itself drift, it sways to and fro and is not yet firm in itself, and then it needs such depressions to strengthen it and to stir up the desire for its creator. When it has overcome such moods, then it will again be light and clear within itself, and it lives with double concern for its liberation.

It sometimes remains incomprehensible to people how God's fatherly love often expresses itself in a way that touches people painfully, they cannot find an explanation for it because they are unable to judge what unspeakable misery their fate would be if only beautiful and joyful things always awaited them on earth and that this misery would be far more painful than the earth's suffering. The father's infinite love is only ever willing to give and has never wanted people to suffer.... as long as they do not violate divine order, every suffering would stay away from them and they would only ever feel God's kindness and love. But if their own will impels them to violate divine order and thus they would have to endure unspeakable suffering in the beyond, because God has to be a just judge after all and cannot deny people's sense of justice out of love for them, He will try to convince people of their

wrong thoughts and actions while they are still on earth.... He will try to influence them favourably and make them compliant with divine will, and this in every way.... through His word, which makes His will known.... through admonitions and constant references to the suffering and misfortune of fellow human beings and precisely through suffering which affects the human being himself.... but which can only be called minimal compared to the suffering which awaits the incorrigible human being in the beyond. Man on earth is not receptive to the exceedingly great love of the Lord.... The love of the world has taken such hold of him that he, blinded by its splendour and shine, does not recognize the warm, mild light of divine love.... for the adversary fights with violent means. He seeks to awaken the love of splendour and magnificence in the human being, and if the human heart succumbs to this love it will no longer feel the breath of divine love. And if the Father in Heaven still wants to bring Himself to people's remembrance, He can only do so through suffering.... for it is in suffering that people are most likely to find their way back to Him, and suffering can then become an unexpected blessing, where otherwise the love of the divine saviour on earth is not respected....

Amen

Translation handled by Doris Boekers

### Reason for deformed births....

B.D. No. 8273

September 15th 1962

**A**nd everyone shall be blessed who hands himself over to Me and appeals for My support. I will not close Myself to any plea which applies to the salvation of your souls. And whatever you desire to know you shall learn: You humans have to go through the school of the spirit for which I designated the creation work Earth, and every human being will be able to fully mature on it, for it offers opportunities for all levels of development. The souls, however.... the once fallen original spirits.... developed so differently during their earthly progress in the state of compulsion, that they also require different situations in life. Admittedly, they must have attained a certain degree of maturity in order to be allowed to embody themselves as a human being, yet the closer they came to this last incarnation the more flexible became the constraints of their external shells, and the spiritual substances bound in the forms were able to make use of this relaxation but also to ignore it....

And such is the soul's nature at the start of its path as a human being. These different states of soul also require different earthly paths which can result in total freedom from the form. Even still heavily burdened souls are still able to do this successfully if they voluntarily accept a particularly difficult earthly life. And the soul can decide for itself whether it wants to take this path, since it is shown to the soul before its embodiment....

This is **one** explanation why people suffer physical afflictions, whose arduous fate often makes you question the reason for their condition.... But there are also incarnated souls who voluntarily accept an especially difficult earthly progress even though they don't need it themselves, who want to go to earth from the beyond and ask for My permission in order to thereby help other souls. Hence they don't have to fulfil a mission but they **are** merely the burden **themselves**, who offer their fellow human beings the opportunity to practise love, patience, compassion, gentleness, peacefulness and righteousness.... who thereby heighten their own state of maturity but have already reached a certain state of maturity in the kingdom of the beyond that allows a new incarnation on earth because their request is motivated by a strong will of love and helpfulness.... But then you cannot say that these human beings are in a state of atonement, for immature souls will not be allowed to incarnate again in order to improve their maturity. And you should never forget that no soul is forced to live on earth but voluntarily accepts a fate which it knows in advance. The 'atonement' of a sin on earth is a misguided opinion because only Jesus Christ is able to redeem this guilt and thus the human being finds forgiveness solely through Him, for all of humanity's sins have been 'atoned' for by Him.... And this forgiveness by Jesus Christ must first take place before a soul will be able to voluntarily incarnate itself on earth again for the sake of a mission or in order to render help.... For an enlightened soul is aware of people's heartless state on earth, especially in the last days, and it is also willing to actively

help so that people will ignite love within themselves, so that they will exercise compassion, so that they will be able to develop all virtues when they live in the vicinity of a deformed or unhappy person. For I repeatedly emphasise that return incarnations to earth certainly happen but that they all have their specific reasons, yet a still immature soul will never return to earth as a result of My will in order to make up for what it had neglected to do on earth....

Only voluntary sacrifices of atonement can persuade Me to give My permission, but these always have to be preceded by their own salvation through Jesus Christ. The fact that such a soul will also have the opportunity to attain a high degree of maturity on this earth is understandable, because every voluntary sacrifice will be acknowledged and blessed by Me....

Amen

Translation handled by Heidi Hanna

## Blessing of sickness.... sudden recall grace....

B.D. No. 6989

December 9th 1957

**I**t is an essential factor in earthly life that you are aware of the task you have to accomplish as a human being. You should always be told that life itself is by no means important, that it is therefore not a matter of the body carrying out all its functions and being in good health, but that it is merely a matter of the soul inhabiting the body and that all bodily abilities should be used for the soul's benefit, that it finds its way out of its pitiful state and reaches the aim which is set for the spiritual. The soul can even mature far more quickly in a sick body, providing the human being takes his earthly task seriously. And if the human being only ever regards his body as the vessel which the soul needs for its further development, and if he therefore only tries to maintain this vessel, to care for it and make it resistant, then he will also live his life consciously, and then he need not fear that his body will fail **before** the soul has reached its possible maturity.... On the other hand, it is different with people who have no sense of responsibility towards their soul.... They can be in unusually good physical health and unexpectedly lose their life because they don't think about their soul and therefore have no further development to report, so that existence on this earth is completely without meaning and purpose and the soul is therefore deprived of its outer shell so that it still has the opportunity to ascend in the kingdom of the beyond. The health of the body is such a great gift of grace that it should also be utilized, but not in an earthly material sense but for the salvation of the soul.... But a sick body is likewise a grace for the human being who does not close himself off to God's influx of grace.... for it is, as it were, a barrier set by God against the world.... Overcoming the world is made easy for the human being and great help is given to the soul. Yet the human being must consciously submit to God's will and also regard his body's decrepitude as a gift of grace, because ultimately it is not the **physical** life but the life of the **soul** which is the purpose of the human being's life on earth. And therefore only the soul of **this** human being who knows about his actual task and wants to fulfil it will mature.... For God will help him in every way to progress his soul, and this often also includes states of adversity or physical suffering which, however, must then be regarded as a means of purification but not as a punishment or an obstacle to reaching the aim. And the hour is predetermined for every person when he departs from this earth.... because God has known about every individual person's will since eternity and He also knows what a soul can still achieve on earth and in which way it is more at risk.... so that a sudden recall in the midst of life must also still be regarded as grace. Anyone who only regards earthly life as an end in itself will also not be able to understand that a God and creator allows human lives to be destroyed whose natural hour of death is not yet to be expected.... But He knows about every human being's willingness to acquire life for the soul. And He also knows what is advantageous for each individual soul. The human being only needs to have the knowledge and faith in his earthly task, then his soul's greatest adversity will be remedied, for then the human being will also endeavour to help it to live. But the world is the soul's greatest enemy.... And it is a special grace of God when He tries to protect the soul from the world, when He creates obstacles for the human being to pay homage to it.... So then we can also speak of a 'blessing of sickness', which is such an obstacle for many a person who wants to live according to God's will and is often still weak to resist

the temptations which threaten him on the part of the world. For God is love, and love always helps the weak so that it will not be endangered.... But people often misjudge God's love, yet anyone who strives towards Him can also know that he is safe in His love.... he can trust Him that everything God lets come over a person is good....

Amen

Translation handled by Doris Boekers

## **Childship to God... Tremendous suffering on Earth...**

B.D. No. 3352

December 1st 1944

**I**n order to gain childship on earth the human being must shape himself into love and thereby enable himself to already establish union with God on earth, so that he will enter the spheres of light in a completely mature state when he passes away from earth. Hence his soul must have become so purified through kind-hearted activity that God Himself can take abode in it and his spirit unites with the Father-spirit. In that case the human being will have fulfilled his task on earth completely and achieved his goal and, as a being of light, will have found entry into the spiritual realm, where it will subsequently create and work. However, this degree of maturity necessitates a complete renunciation of material possessions.... This fusion with the eternal Deity is impossible as long as a person still clings to matter, since his heart is not entirely cleansed from cravings and therefore not yet prepared for the acceptance of the divine spirit. Then the human being will have to accept much suffering in order to accomplish the soul's final refinement, and therefore much suffering will be imposed upon extremely benevolent and devout people so that the soul's refinement can take place. Where people are burdened by particularly harsh suffering and nevertheless profound faith is displayed, the soul might have chosen a particularly difficult life for itself in order to attain the final goal on earth, the childship to God. This goal must be aspired to and reached on earth and will always necessitate the most arduous living conditions, because the soul must enter the kingdom of the beyond completely pure and unadulterated and this calls for a particularly effective process of purification. Suffering is always the means of help in order to attain the spiritual goal.... It shall lead towards God if the soul is still disinclined towards God, or it shall purify and crystallise the soul, so that it can come close to God as the purest being in order to be able to enter into the most blissful union with Him. Suffering and love must always work together towards deifying a person on earth; consequently, a loving human being should not fear suffering but humbly take it upon himself bearing in mind the high goal he can reach on earth, for he has chosen his earthly path himself in realisation that it will help him attain highest maturity if his will does not offer resistance.

Nevertheless, the delights of the childship to God make up for all suffering in earthly life a thousand fold. And the time on earth is short, it is like a moment in the span of eternity... And as soon as a person is profoundly faithful he also can always receive the strength from God to endure everything that is imposed upon him, for then he will send his heartfelt prayer to God and God Himself will give him strength and make him a conqueror of life on earth.... God Himself will fetch His child if it has passed its test of earthly life and departs from earth as a pure being.... But his life on earth will always be characterised by love and suffering, because without it the soul will not be totally purified for admitting God into the human being's heart. This heartfelt bond with God must already take place on earth, otherwise the soul will not stand firm against the temptations of the world nor would it achieve total purification through suffering because it would lack the strength to bear the latter without complaining, and all grumbling or resisting still indicates a lack of complete submission to God's will. However, the soul must become as one with God.... It must have the most intimate bond with Him, it must want the suffering itself and also gratefully accept it as a gift from God in realisation that it pulls down the last barriers between God and itself and that only an overcoming of them will result in the highest bliss.... to become a child of God with all rights and duties.... This is every person's goal on earth but only a few attain it. Only a few are in such intimate contact with God through love that even in suffering they recognise His greater than great Fatherly love which would provide them with the most blissful fate in eternity.... Their fate on earth is not an enviable one, yet in the kingdom of the

beyond they occupy the highest level.... They are in God's immediate vicinity and therefore indescribably happy, for they can act independently according to their will, which is also always God's will.... They can create and shape and, time and again, contribute towards the redemption of that which, still being distant from God, requires the most varied creations in order to advance their development. And this is the most blissful fate which fully compensates and makes up for the suffering of earthly life and should therefore be all people's goal on earth....

Amen

Translation handled by Heidi Hanna

### **Cup of suffering.... God's love....**

B.D. No. 3733

April 2nd 1946

**T**he cup of suffering has to be emptied completely if you want your soul to heal, so that it will be able to enter the spiritual kingdom as a recipient of light after your physical death. You don't know the blessing your soul can achieve through suffering, you don't know how it will change within a short time by dissolving the darkest shell, which otherwise would have taken much longer to achieve. Your life span is limited, it will not last much longer, but souls are still far from perfect and yet I want to help them achieve a certain degree of maturity, so that they need not expect a new banishment into matter, for I take pity on the latter and would like to save every single soul from this fate. Your will to achieve maturity of soul is very feeble, and thus you would still need a long time to attain this degree of maturity. But this time is no longer at your disposal, and so I use means of purification which are undeniably very painful but which can be exceedingly beneficial if only you humbly and acceptingly concede to My will, if you do not grumble and complain but allow Me Myself to work on you in ways which promise good results.

I know that you are suffering but I also know how you will rejoice when your earthly time of trial is over and you have passed through it, just as you will thank Me for having used every means to save you from an endless time of new captivity in hard matter. What I spare you now you will have to endure in the kingdom of the beyond, if you have the grace to leave earthly life before the last days. But if you live until the end then you run the danger of descending even lower if you are unable to detach yourselves from earthly possessions beforehand, if you have not yet reached the conclusion that only spiritual life is valuable and that earthly life is merely the means to an end.... the means to achieve maturity of soul.... Abandon everything you own in order to attain maturity of soul, then you can confidently await your end, then you will have reached your objective on earth, you will have overcome matter and will be ready for the spiritual kingdom. Part from earthly possessions voluntarily in order to receive spiritual wealth in abundance, because they will make you far happier than any earthly possession could ever do. Finish the cup and know that My love belongs to you or I would not let you suffer so, because the suffering is for you, who acknowledge Me, a fire of purification, since I want your souls to enter My kingdom in a crystal clear state, since I want the light and strength of My love to be able to flow through you without meeting the slightest resistance. And do not lose faith in My love.... A sufferer should know himself loved by Me, because by means of suffering I draw him close to Me where he will truly find peace and happiness one day....

Amen

Translation handled by Heidi Hanna

### **Helping to bear the suffering of others.... work of redemption....**

B.D. No. 0992

July 3rd 1939

**Y**ou participate in the lord's work of redemption if you willingly take the suffering of your fellow human beings on your shoulders, help them carry it and, in view of Jesus' suffering on the cross, humbly bear everything the lord sends you. Only through suffering can humanity be redeemed, for suffering must be overcome and diminished through active love, and only active love can accomplish the work of redemption. And love again would have no field of activity if suffering on earth did not

demand alleviation and could not be controlled by love that has become an act. And humanity so often turns away so as not to have the suffering of its fellow human being before its eyes, thereby hardening its hearts and is so infinitely far removed from being redemptively active on earth. There is not one among men who does not need loving help, and the need of the time gives everyone more than enough opportunity to lend a helping hand and assist their neighbour in every kind of need. Whose heart is willing to help, he will also feel where his help is needed, he will recognize the other person's plight and immediately step in; and he will receive support from the spiritual side, which is also responsible for the care of earthly beings. For the work of these is also only constantly aimed at saving erring souls in the beyond as well as on earth. Their heart, which beats with love for all these souls, recognizes the beings' plight and immediately steps in to help, both in a spiritual as well as in an earthly respect. For the two go hand in hand. All earthly help results in unspeakable blessings, for it is a labour of love and thus the human being participates in the divine saviour's act of salvation, even if he is still unaware of it. And thus the human being should endeavour to help and alleviate wherever he sees his fellow human being in need, for what he neglects to do on earth he will have to make up for in the beyond, yet on earth it will bear immeasurable fruit....

Amen

Translation handled by Doris Boekers

### Can man suffer vicariously?....

B.D. No. 8852

September 13th 1964

**T**he power of intercession is enormous.... You can avert much suffering from fellowman; you can supply them with the power, which those lack, who let them remain in complete powerlessness, until you send a power current to them through your intercession, that you therefore help them, and that not directly, but through Me, because I recognize your love, which you feel in such intercession for the neighbour. This influx of power however does not force their will, which is free, but the resistance decreases by itself, and the soul feels the power beneficently. Therefore you can always only ask Me for supply of power for those men, who are not able to this request themselves. And because your love is determining, I gladly fulfil the request for you, because you desire nothing for yourselves; you seek no own advantage, but worry about the salvation of the neighbour's soul. But you now must make a difference between a prayer **for these men** and your devotion to **Me Myself**, by you giving **Me** all your love. And this degree of love can grow in you and finally also extend to your fellow human beings that you embrace all with your love, because this is not otherwise possible when you are filled with love. And I want to reach this degree that you are completely absorbed in love for Me and your neighbour, so that you want to take the suffering upon yourselves, that you want to take the punishment upon yourselves which those have deserved.... But this would contradict My justice, since everyone is responsible for himself and also everyone has to atone for what he has caused. Admittedly, this contradicts Jesus Christ's act of salvation, Who, as a truly blameless human being, burdened Himself with all of humanity's sins out of love for it, Who therefore atoned for a guilt of sin in a representative manner, which was so great that only an angelic spirit, in Whom I Myself could embody Myself, could make this atonement, that I therefore redeemed the guilt Myself through My death on the cross. But this act was unique, and it will also remain so.... But a **man's** guilt can be redeemed through Jesus' work of redemption when he acknowledges Him, and then it belongs to the burden of sin, which man carries under the cross.... But this is every man's free matter of will and cannot be forced. Therefore it also has to be carried off still on earth or in the hereafter when man opposes the work of redemption. Intercession can be made for such people that they recognize their guilt and find their way to Jesus.... and this intercession has a great effect of strength. Then man comes of his own accord to the right recognition of his guilt, and he will make amends for it to the best of his ability or else call upon the one Who secures forgiveness for him. But it is impossible that the guilt can be remitted to him on the basis of the love of a man who wants to atone for it. This would not be justice, although love is prepared for it, because only one can cancel it, and this one wants to be called. (9/13/1964) But the love of a man, who is prepared to make atonement for his fellowman, is looked

upon exceedingly favourably by Me. This is a love, which is completely free of I-love, which not only demands nothing for itself, but is prepared to take suffering upon itself, which therefore means a great plus for the soul, which also has an effect as power for fellowman, because it cannot remain without a spiritual success, both for him himself as well as for the soul, which comes into possession of a favour, which as it were must touch it with as strong will for improvement. It will itself recognize its defective state and also be willing to make a debt of atonement, but it will still have to bear it off itself.... It cannot be taken from it for the sake of justice.... You must always bear in mind that you cannot be spared the way to Jesus Christ, that in Him I demand My acknowledgment, \*(added by a foreign hand: that I then also forgive every sin, that I have redeemed every atonement to be made by you through My blood on the cross.... that therefore every person himself must also take the path to Me\*) that therefore every person **himself** must also take the path to Me, that therefore a guilt redeemed 'out of love for you' would release the human being from it, especially since many beings of light are embodied on earth whose love is so strong that they would gladly take upon themselves the suffering of others.... But your love has a favourable effect on those whom you would like to protect from the atonement for their guilt. And that is why no loving stirring of your hearts can remain without effect, because love is a power, which will always send out its rays.... because no loving thought vanishes and remains without effect. But every excess of love benefits man himself, because his body spiritualizes itself at the same time with his soul, and this spiritualization, which also causes great bodily suffering, you are all to strive for, to once help an original spirit, whose particles form your body, to mature faster....

Amen

Translation handled by Doris Boekers

### **Bearing the cross in patience and surrender....**

B.D. No. 1806

February 11th 1941

**U**nlimited possibilities open up to the human being as long as he is willing to shape himself according to God's will, that is, as long as he consciously works on his soul. From the hour of realizing that his purpose on earth is the higher education of his soul, his earthly course is an endless series of opportunities where he can attain this spiritual maturity through self-conquest and active neighbourly love. And so his earthly life will bring trials from the very beginning in which he should prove himself.... Nor will it pass him by without a fight, but it is precisely in the struggle that his will will be strengthened and his strength increased. So life will appear to him to consist of opposition and hardship much sooner than he will be able to indulge in unclouded joy of life. These are the first cliffs on which his little ship of life must not be wrecked; he must steer it round all cliffs with a sure hand and with faithful trust in God, only then will he prove himself and utilize the opportunities for higher spiritual development. Jesus Christ Himself made it a task for people with the words: Whoever wants to follow Me must willingly take up his cross.... He does not say that He wants to take away their cross, that He wants to relieve them; on the contrary, He announces to them that following Jesus consists of bearing the cross that He imposes on people. The unspeakable suffering that Jesus Christ took upon Himself was the atonement for mankind's great guilt of sin. He bore His cross without grumbling or complaining. What He endured for mankind thus cancelled their guilt, as it were. Whoever wants to follow Jesus must therefore also atone for sinful humanity, i.e. bear the suffering that humanity has brought upon itself through sin. Love for one's fellow human being should now move the person to bear suffering for his sin, i.e. to reduce the guilt of sin through suffering and thereby be active on earth in a redeeming way. And the loving person will also always be willing to do so, for his soul knows about the downtrodden situation of those who are entangled in great guilt of sin and wants to help them. And therefore every loving person will not rebel against divine will if the latter imposes a cross on him and his earthly life no longer passes by in quiet peacefulness. He knows that an existence without a fight would not be suitable for the soul's higher development and thus he will not rebel either, even if the cross seems unbearable to him. And therefore the human being should not be despondent if his life appears to be more difficult than that of his fellow human being, yet God

does not impose a heavier fate on the human being than he can endure, and it is the strength from God which makes this cross easier for him.... It is the supply of strength which man can consciously ask for, but which **must** also be asked for.... But then every cross, no matter how heavy it seems, is no longer as heavy a burden as before. But taking up the cross of Christ means submitting to everything that God sends upon man without grumbling or resistance. For the slightest resistance cancels out the working of divine power, and the human being must struggle hard so that he can remain victorious in the battle of life and already be able to be redemptively active on earth.... He only ever has to recognize God's love in all suffering, in the cross imposed on him, which wants to let the human being attain spiritual perfection and is the quickest and surest way to take up the cross in all patience and submission to God's will and to follow the divine lord and saviour....

Amen

Translation handled by Doris Boekers

### **Afflictions of the body.... suffering for the soul....**

B.D. No. 5995

July 7th 1954

**T**he body will pass away but the soul will leave it in order to enter eternity in radiant abundance of light if it has used its earthly life correctly. Therefore do not grieve when the body is afflicted with infirmities, for this body then carries a burden for the soul so that it can swing up in freedom into bright heights.... Do not grieve but rejoice, for it is a plus for the soul at the end of earthly life.... It is **the** path you once voluntarily agreed to take, even if you knew nothing about it in earthly life, yet the soul recognized its opportunity to mature and took upon itself the fate which seems difficult for you to bear. But if your body can no longer cope with its burden, if you feel too weak to carry the cross imposed on you, then look up to Him and ask Him to take your burden onto His shoulder, and He will help you carry the cross.... He will give you strength and support you, He will always be ready for you if you call upon Him for help. You, who have to suffer on earth, experience God's love to a special degree, even if you don't understand it, even if it seems incomprehensible to you that His love has burdened you with a cross. Yet only the body suffers and passes away, but the soul is spared unspeakable suffering, and God's love and care is meant for this **soul** which He wants to protect from a fate which is far more painful than the suffering the body had to bear during its earthly life. And as soon as you surrender to God's will, as soon as you patiently carry your cross, the soul's shells will dissolve, it will become receptive to light, it will become free and need not fear death either.... it will welcome it as an entrance into the kingdom of light, it will lay down its body with joy and be grateful that **it** suffered for it.... For now the soul will live in light and freedom and eternal bliss.

Amen

Translation handled by Doris Boekers

### **Self-love in the afterlife prolongs the state of suffering.... willingness to help....**

B.D. No. 2914

October 8th 1943

**I**n the spiritual kingdom the activity of love has the same effect as on earth.... in an increased supply of strength, thus also in spiritual progress, for all activity of love paves the path to God, and closeness to God is the ultimate goal of all beings. Hence love is likewise preached in the spiritual kingdom, that is, the beings of light draw the unredeemed souls' attention to the fact that only love will bring them liberation, and they also provide them with every opportunity to develop themselves in love. No soul can develop itself upwards other than on the path of love, yet this is far more difficult in the spiritual kingdom than on earth as long as the soul is still ignorant, thus not yet enlightened. For then it only touches its own fate, it does not see the hardship of other souls because it is still very much in self-love, which is to blame for its ignorant state. And this self-love prevents it from selfless loving activity, for then the soul regards itself as the center, it feels unhappy, and unjustly so, for its self-love conceals its own faults, whereas it recognizes all faults of other souls and feels elevated above them. And so it cannot feel any love for its suffering environment. It is hard and unfeeling and

takes no interest in the other souls, and as long as it does so it will also feel its hardship bitterly, which will only diminish if love is kindled in it and stimulates it into loving activity. And it often takes an infinitely long time until the soul softens and is willing to help of its own accord. And yet it cannot be stimulated into loving activity other than through instruction from the beings of light, for it has to decide of its own free will to be helpful, it has to put aside its selfish love, disregard its own hardship and try to alleviate the suffering of fellow-suffering souls, then its hitherto powerless state will change, the soul will feel the influx of strength and become increasingly more capable of helping and working with love. Its state will now become increasingly freer and it will realize that it is becoming increasingly lighter around it, it will be able to see things which make it happy, its knowledge will increase and its will to reach God will become ever stronger.... And thus her activity of love also becomes eager, for she recognizes the power and strength of love, she recognizes her goal and strives towards it.... she seeks to come close to God and to redeem herself through love....

amen

Translation handled by Doris Boekers

## **The souls' great hardship in the beyond....**

B.D. No. 5767

September 11th 1953

**S**ouls which lack light suffer incredibly great hardship in the beyond. To describe this condition to you humans on earth would be truly sufficient to drive you to live your own life differently, but that would be the end of your freedom of will; driven by fear of the same destiny you would inevitably make an effort to behave differently, thus indeed comply with what is expected of you but not of your own accord, motivated by free will. Yet you shall know about the soul's fate, it shall be imparted to you, and then it is still up to you to believe it and to draw your own conclusions from it....

On entering the kingdom of the beyond these souls have lost everything they loved on earth, they own nothing, for they can only take across what they had spiritually acquired, and this is what they are mainly lacking. Since they lived a godless way of life they are engulfed by utter darkness and are totally powerless, yet they are not insensitive, for their environment causes them torment and terror, and these torments and terrors will also be experienced by a soul which had fearlessly and powerfully implemented on earth what had subsequently plunged it into darkness.... These indescribable sufferings will then either awaken the soul's desire to escape this condition or increase its evil instincts so that it will also look for satisfaction in this realm, which means that it will completely submit itself to the forces of darkness. Yet even the souls which had not left their earthly life in such sinfulness, but whose life had been devoid of love and indifferent towards all spiritual notions, are in a very difficult situation, for they, too, are extremely tormented by darkness, although this will, from time to time, give way to twilight if the soul is not yet entirely hardened, so that it will ask for light, for only the desire will enable the soul to attain the light.

But all souls are lacking the strength to want what is right.... and according to the law of eternity they cannot be given help if they don't desire it themselves. God's act of compassion is certainly not over once the soul has left the earthly body, but what it failed to use on earth even though it had owned it in abundance, it first has to acquire in the beyond, and it is too weak to do so.... Just always imagine them as extremely weakened, helpless beings which suffer indescribably and depend on help in order to be released from their suffering.... you would be overcome by pity for these beings if you were able to see their hardship. And you all know souls in the beyond of whom you don't know in what state they entered the spiritual kingdom.... you all have lost people through death who had been close to you.... At least remember the souls who had been dear to you and help them, for even the smallest work of redemption on these souls will result in further redemptions, and you will have contributed much towards it.

You can only help them through loving thoughts and prayers, through intercession on behalf of these souls which, admittedly, will not release them from their torment but it will give them strength on account of which the soul will be able to change its will and strive towards the light. It cannot be

released from its painful situation against its will, but in order to want what is right it needs your intercession, a prayer given with love, as soon as it enters your thoughts. For you should know that the soul is asking for your help as soon as it enters your thoughts, that you are constantly surrounded by souls hoping for your help, and that you should not resentfully suppress thoughts of the deceased if you don't want to add to their agony.... The fate of these souls remains hidden from you so as not to impair your free will; you and the deceased souls occupy two worlds which are separated by a dividing line; you cannot look into their world and yet it exists and you are able to send much love from your world into theirs, the effect of which expresses itself in a way and to an extent that countless souls will be able to escape their situation. Often remember these poor souls and don't ignore them in their adversity, for you will be richly rewarded for what you do for them out of merciful love, in as much as that you will receive spiritual help on earth from all souls which have come out of darkness into the light....

Amen

Translation handled by Heidi Hanna

### **Request of the suffering souls for prayer....**

B.D. No. 2138

November 2nd 1941

**R**emember the souls who dwell in darkness and help them through silent prayer. You all have souls in the beyond who need your help and ask for it as soon as they come to your mind.... You are all able to help them through your intercession. These souls are in a situation where they cannot help themselves because they lack strength, and therefore they turn to you for help, that you may take care of them and reduce their hardship through heartfelt prayer. You are entitled to this strength, you can give it to these unfortunate beings and they implore you to do so. God's love and grace always leaves a possibility open where help can be offered to the suffering souls in the beyond, since the souls themselves are unable to free themselves from their agonizing situation.... He only makes this liberation dependent on the love of man. The more intimately the thoughts follow a deceased person into the beyond, the easier it will be for him to liberate the soul from its inactive state in the beyond, for every loving thought means an allocation of strength for the soul which it uses for diligent activity. And therefore the soul predominantly stays where it knows people who were fond of it, for it hopes to receive help from them, since only love can offer them this help. As soon as a soul remembers a person on earth, this is a silent request for their intercession. But how many people heed their request?.... How quickly people turn their thoughts away again, towards earthly life, and leave the struggling souls in their great need. And yet people should contribute to the redemption of all spiritual beings, they should try to imagine the suffering of those unredeemed souls full of mercy and never let a soul pray in vain, for it can no longer be helped other than through intercession. Countless souls are close to earth and predominantly close to people from whom they expect help. For their part they seek the opportunity to force themselves into people's minds and only fear that they will ignore them and leave them helplessly in the same situation. For every soul languishing in spiritual darkness in the beyond is helpless, thus it can only be offered help if light is imparted to it, if the divine gospel is proclaimed to it, for the knowledge of it signifies light, the knowledge of it brings relief to the soul since it will immediately pass this knowledge on and thus likewise serve with love. Yet in order to be able to serve the compassionate souls with love it has to possess spiritual knowledge itself which it wants to impart. But their state of darkness is completely unsuitable for passing on spiritual knowledge, and therefore the soul asks for light, they ask for knowledge, and you humans on earth can impart this to them and rescue them from their great adversity by sincerely appealing to God for grace and strength for these suffering souls.... And if the heart's love sends such a prayer of supplication upwards, God will answer the prayer and likewise give the souls in the beyond the opportunity to lovingly occupy themselves, and then the soul's spiritual ascent will begin, for it will receive strength through the earthly person's love and use this strength in accordance with divine will....

Amen

Translation handled by Doris Boekers

**Y**ou must never doubt My love, no matter what may happen in the world or in your environment.... I know why I allow it, even if it is not My will but the will of people themselves is active and causes suffering to their fellow human beings. I know what helps the individual person to mature again, and therefore I Myself must often intervene and try to influence you through harsh blows of fate so that you come to your senses when you are in danger of losing yourselves to My adversary. But don't believe that I will unkindly and unjustifiably let suffering come upon you, for only My love determines Me to intervene in the most diverse ways. The danger that you could be lost again for an infinitely long time is too great, and I don't want to indifferently leave you to your fate, and therefore I still use all means to avert this danger from you. This is why the events which make you doubt My love will increase in the last days, disasters and misfortunes of various kinds, severe strokes of fate and hardship and misery will occur ever more frequently, and people will ask themselves how a God of love can allow such things to happen.... Yet believe Me, I have to use these means because I cannot curtail your free will and because these events **can** push your will in the right direction.... Believe Me that I also pay attention to every call you send up to Me in this adversity and grant you help in order to prove Myself to you, and then you will also learn to recognize My infinite love for you which does not want to destroy but only to save. If all of you humans knew about the correlations which justify your earthly existence as a human being then you would certainly also live in such a way that you would not need to suffer any severe strokes of fate; yet even if you are enlightened by My messengers you will not believe them, and you will continue to live irresponsibly into the day and be in greatest danger of getting lost again for an infinitely long time. What it means to have to cover the earthly path through all works of creation once again is beyond your comprehension, but you would be horrified and live a different way of life for fear of it, yet I cannot give you the recollection of the path of development which you have already covered for your own sake.... Yet time and again I let you be warned and admonished by My messengers, and if only you would believe them you would banish this danger yourselves and adopt a different way of life. And therefore time and again you will be startled out of the sleep of death you are still in, for you shall awaken and My wake-up calls will sound ever louder.... Yet My love for you will not diminish even if you are no longer able to recognize it yourselves. But one day you will know that everything that happens should only serve your best, but that I cannot force your free will and that you therefore can also let all painful events pass you by without having gained any success for your soul. Time and again I call out to you humans: Believe in My infinite love which applies to you for all eternity and believe that I only want your bliss, that I want to awaken you to a life which lasts forever and signifies light and strength and freedom. And if you are able to believe in My love then you will also humbly accept everything from My hand, and I Myself will also be able to help you out of all adversity again as soon as it has only contributed to your change, so that you entrust yourselves to Me and appeal to Me for help.... For as soon as you acknowledge Me as your God and creator, the great danger of being banished again into matter will be over, and then you will not be lost but can continue to mature on earth or in the kingdom of the beyond....

Amen

Translation handled by Doris Boekers

**Increased level of suffering and hardship....**

B.D. No. 2835

August 3rd 1943

**T**he world will still have to go through boundless misery because the time is coming to an end which is given to people for their final redemption. They still have to endure much suffering and fight unspeakably, for it is a struggle with the forces of the underworld from whose influence they are to free themselves. This liberation can only be possible with the support of good forces, with the help of God, Who therefore has to be called upon because His strength and help cannot be given to people unsolicited as long as they do not acknowledge God and His working of love. However, humanity is

very stubborn and cannot find the path to God on its own, therefore suffering and adversity approach them to such an extent that they are, as it were, forced onto the path which leads to God.... that they have to turn to Him in prayer because they have no other earthly way out. And yet the majority of people pass Him by and thus increase the extent of their suffering and hardship. And God's mercy now resorts to the last resort in order to win over the few who have not yet made up their minds.... He allows a calamity to befall the earth which was not caused by human will, although human will, because it is turned away from God, is the indirect cause of the event.... He determines the elements of nature to extraordinary activity.... He expresses Himself in such a way that people are now once again forced to take a stand towards God, that they can now easily establish the right relationship with Him if their souls are not completely hardened. divine will determines the time, and His power expresses itself when a low point has been reached on earth which necessitates divine intervention. The hard trials beforehand are likewise an opportunity to establish the right relationship with God, and blessed is he who does so, even if he loses his earthly life as a result. He is then protected from complete darkness as soon as he enters the spiritual kingdom. Earthly suffering is not as agonizing as a state of complete darkness in the beyond. But the suffering on earth takes on forms which would have to shake the entire human race in its thinking, for it is faced with changes in living conditions which seem unbearable to it.... Yet even then the eternal deity will still not be recognized, indeed, the great suffering will still contribute towards denying Him completely. But these people are already so far away from God that there is no salvation for them in this period of redemption. They have to cover the path on earth once more and start it again in the most solid matter, which is unimaginably agonizing.... yet their will itself determines and entails the consequences, for if the human will is not yet broken in a time of greatest hardship and earthly tribulations, if it does not yet submit itself to the eternal deity, then God's merciful love has to resort to other means in order to still change this will.... He has to bind it again in such a way that it longs for freedom.... And this is a new period of redemption which will soon begin and thus signifies the end of the old earth, which is imminent....

amen

Translation handled by Doris Boekers

## Are dissolved particles capable of suffering?....

B.D. No. 8511

May 28th 1963

**E**very being will forfeit its self-awareness again if it totally fails as a human being and can no longer escape the fate of a renewed banishment.... And this is the most dreadful thing that can happen, for although having been dissolved into countless minute particles it is no longer able to feel like a whole entity, as you humans assume, it nevertheless experiences inconceivable agonies, because the spiritual being, which was once created as a free entity and already had partially regained its freedom again as a human being.... is now constrained and experiences this constriction as dreadful torment. For My once emanated strength had been self-aware beings, they had been able to live to the highest degree, thus they had not just been dead shells.... yet they became like that when they apostatised from Me.... When the spiritual substances became hard the actual life had escaped from it, that is, My strength, which gives **life** to everything in the first place, no longer permeated these shells.... And the dissolved minute particles will also remain without life as long as they cannot be illuminated by My strength of love.... The fact that these lifeless tiny particles can nevertheless be sensitive is incomprehensible to you humans.... In that case, however, they would never react when My strength of love tries to capture and enclose them so that the fallen spiritual substances can be reshaped into matter.... For even its resistance is a reaction which demonstrates that the spiritual substance feels a certain amount of pain and tries to put up a fight.... And the whole of Creation is in this state of torment, for it is subject to a law of which I Myself Am the Originator.... It is not free and has to subordinate itself to My law of eternity.... which is extremely painful for the spiritual substance which once was created as a free being.... However, would it not feel this agony, it would never ever be possible to change this lifeless state again.... You humans will never be able to understand this, but you should believe it, otherwise you would not need to fear a descent into the abyss and you would be

completely indifferent as to what will happen to you after the death of your body. On earth you have your self-awareness again and are free up to a certain degree and yet not entirely happy as long as you have not found unity with Me by completely handing yourselves over to Me....

Nevertheless, as long as you are alive you can still attain the latter... If, however, you lose your self-awareness again then you will also lose all freedom, your activity will be determined by My will once more leaving you unable to use any will of your own, you will be bound within deepest darkness without knowledge of your existence, because you will be dissolved and only perform those functions which your God and Creator has decided you should do.... And if you, in a mature state of soul, are one day able to view this long period of time in the state of compulsion, then you will also know about the inconceivable agonies your soul had to endure in the countless forms, and you will also understand why My love is constantly admonishing and warning you in order to spare you this appalling fate. For you cannot vanish again into nothingness, and because you are immortal... albeit dissolved.... then that which remains will never be insensitive either.... You humans should only ever content yourselves with the information I convey to you as truth.... I want to rectify misguided assumptions like the one that the dissolved spiritual substances lack sensory perception, that its state is therefore synonymous with 'non-existence'. Then the process of development would not be a maturing until the state when it receives its self-awareness again as a human being, for all spiritual beings only redeem themselves by way of suffering and being of service, both before their incarnation as a human being as well as during their human existence.... It should not be forgotten that the being had burdened itself with tremendous guilt due to its past apostasy and that it will increase this guilt again if it does not make use of the last time of grace as a human being and descends again into the abyss. And although a complete redemption through the being is not possible, it will nevertheless have to make

Amends and suffer for as long as it is not released from this guilt through Jesus Christ's act of Salvation.... To accept Jesus' work of grace and compassion is the human being's task in his earthly life, and therefore he could easily ascend.... If he fails and rejects all help from above, if he descends again into the abyss, then it will also be understandable that his path of suffering will start again when the soul is dissolved again and the path through the creations starts all over.... And neither will the suffering come to an end until the immense guilt is, sooner or later, redeemed through Jesus Christ, when the human being's will is ready to take the path to the cross and to appeal to Him for forgiveness of his guilt.... And this great blessing is at the disposal of you humans on earth.... If you don't use it and pay no attention to it then your suffering will not come to an end, for you are very distant from Me, your God and Creator, and that always signifies lack of freedom, light and strength and consequently you will not be happy either....

Amen

Translation handled by Heidi Hanna

## Suffering - means of grace....

B.D. No. 3422

January 30th 1945

**P**eople do not recognize the gracious end time as such, for they do not know about the blessing of suffering, they do not know that suffering is also a grace through which the soul can still be saved, which is distant from God and eternally cannot reach the aim if it does not reduce its distance from God through loving activity. And loving activity can be the result of great suffering.... God gives people the opportunity to practice love, for suffering takes on the form that the fellow human being is stimulated to be active in love as soon as he is not completely hardened. What a person would not do of his own accord in a time of orderly circumstances, he can nevertheless do out of inner impulse in the face of overwhelming need.... He can take care of his fellow human being and helpfully assist him, the flame of neighbourly love can be kindled in him, and then his soul will have gained the greatest advantage from the earthly adversity. God is constantly intent on leading the souls to greater maturity or to put them into a state where their soul's cover is detached so that they can at least enter the

kingdom of the beyond in a state of recognition before the end of days or join the small congregation of their own accord which perseveres until the end in faith in Jesus Christ, the divine redeemer....

If man reaches this aim through suffering, then suffering is the last salvation for him, it is a grace that is still granted to him shortly before the end. For without suffering he remains in a state of remoteness from God because love is not active in him. The means God uses to help people's souls must be particularly sharp shortly before the end if they are not to remain without effect. And people in their spiritual blindness only see the sharpness of those means but not their blessing. But once they have been put into a bright state through the working of love, once they have joined the flock of Christ's fighters, then they look back with gratitude on the days of their physical hardship, they recognize the purpose and the blessing of the sufferings and also God's love, which is always mindful of the maturing of imperfect souls. The time until the end is no longer long, but people are so far behind in their spiritual development that they need a significantly longer time to catch up with it.... Consequently, they have to go through a school in which they can mature faster if they pass every test of life, if they make use of every opportunity. They have to pass a purification fire, the wrapping of their souls has to be melted through suffering and love, then it is possible that they will still perfect themselves in this short time so that in the end they will belong to those who argue for Jesus Christ. And then eternal bliss is assured for them. And the sooner a person of his own free will practices the love to which his fellow human being's suffering should impel him, the easier the latter will seem to be bearable to him, for if the actual purpose is achieved through suffering, thus the sooner the person has made use of grace, the sooner this can also be taken away from him. The blessings of the last days will only be truly recognized in the spiritual kingdom, for the human being as such does not have an overview on earth, he does not recognize the great spiritual adversity, he does not know the danger he is in if he fails and what a tremendous concept it is to have to live through another period of development. This realization will only be granted to him in the spiritual kingdom, and then he will be grateful for every help he received in the form of suffering on earth.... Only then will he realize the measure of grace God has granted people on earth and that without suffering it was never possible to reach the aim. But as long as he lives on earth he is offered the opportunity for the higher development of his soul, and for as long as he lives he also has graces at his disposal. And suffering is one of the greatest blessings, after all, it is the most effective means to educate the human being into loving activity. And therefore God uses this means before the end has come in order to still win souls for His kingdom, in order to help them so that they will not be eternally lost....

Amen

Translation handled by Doris Boekers

## **Hard struggle and suffering before the end.... safest help God's word....**

B.D. No. 4459

October 13th 1948

**Y**ou children of My love still have to hold out for a short time until you are released from the form. It is a difficult battle you still have to endure, yet it will not be too difficult for you because I am constantly close to you and grant you support at all times. Yet for your own sake you still have to go through suffering so that you will be purified and no longer need to fear the last judgment. Yet again and again I give you the assurance that you will only stay on this earth for a short time, that every day is still a gift in which you can gain much if you surrender to everything difficult that comes upon you. It will pass by.... and one day you will look up to Me full of gratitude, Who, through suffering, has placed you in the degree of being allowed to look at Me, Who, through suffering, helps your soul to mature more quickly, because time is only short until the end. You are all My children, I certainly see your suffering but I also know about the necessity of it, and thus the suffering is only love for you again, and you should always gratefully accept it from My hand, for nothing comes upon you which I don't know or deem good and beneficial for you. Yet you are never abandoned by Me, even if it seems as if I don't hear your prayer.... Every call from the heart reaches My ear, and I am always ready to help, only it is not always immediately recognizable to you.... The gift of grace from above.... My word.... will always be a safe aid for you if you think you are weak or completely

despondent.... Turn to Me in prayer and then accept the answer by receiving My word, and peace will come over you and My strength will flow over you so that you will be able to bear everything I send upon you. You don't need to suffer, for My word is full compensation for everything you lack, which makes you miserable. Every suffering and every worry disappears if you read My word and let it penetrate your hearts. For I Myself am My word, and can you really feel suffering when I am near you? Prove your faith and heed My advice, let Me speak to you and nothing will touch you, no suffering will oppress you as soon as you make contact with Me....

Amen

Translation handled by Doris Boekers

### **The divine cross-bearer Jesus Christ....**

B.D. No. 7321

March 30th 1959

**C**arry all your burdens and worries under the cross.... As soon as you entrust yourselves to the divine bearer of the cross you will be tangibly relieved of your burden, for He will help you carry it, or He will take the burden from you and throw it into the great burden of sin for which He died on the cross. All you humans make far too little use of this great privilege, you often torment yourselves for a long time and yet you cannot lighten the burden yourselves; but neither do you take the path to Him Who has always promised you His help, Who loves you all and does not want you to suffer. And He has said to you: "Come to Me, all you who are weary and burdened, and I will give you rest...." Again and again you should remember His words and thus go to Him, entrust yourselves to Him in your adversity and then humbly wait for His help, for He will help you because He has promised it to you and because His promises will truly come true. He certainly knows about all your hardship but He demands that you come to Him, that you thereby testify to your faith in His love and power.... He demands your trusting devotion to Him, He Himself wants you to burden Him with your burdens, He wants to carry them for you in order to release you from them, for He can do this as soon as you acknowledge Him as the redeemer Jesus Christ, Who is one with the father, or also: as soon as you acknowledge Jesus Christ as your God and father of eternity, Who walked across the earth for you in the man Jesus in order to redeem you. And every burden is still a sign of guilt, of imperfection, which therefore shall drive you under His cross, because thereby you testify to your faith in Him and then He can rightly release you from the one who oppresses and afflicts you.... Every burden is bearable for you if you are strengthened by Him, the divine bearer of the cross, or if He helps you to carry it. For a small cross is imposed on all of you so that you can follow Jesus. And you must also take this small cross upon yourselves humbly, for it will strengthen your power of resistance and you will become strong fighters against the enemy of your souls, strong fighters for the lord too, by Whose side you will truly not fight unsuccessfully. But He will also not allow the cross to weigh you down, that it rests too heavily on your shoulders, He will always be ready with His strong arms to support you or to take the cross on His shoulders, because His love carefully watches over you so that you don't become the victim of the one who wants to bring you down. Therefore always remember Jesus' words: "Come unto Me, all ye that labour and are heavy laden.... I will give you rest...." You need not despair hopelessly, you need only always turn to Jesus Christ and entrust yourselves unreservedly to Him, and He will hear you.... He will draw you to Himself in fatherly love, and body and soul will be strengthened by His love and mercy, which only ever seeks to make you happy....

Amen

Translation handled by Doris Boekers

### **Saviour and Physician....**

B.D. No. 5279

December 24th 1951

**I**brought you Salvation from utmost adversity when I descended to earth.... The Saviour was truly born to you, the Physician of your souls, Who wanted to help you recover from a serious illness, Who knew your ailment as well as how to cure it.... I came as Saviour, for humanity suffered great

hardship. But even today it experiences the same difficulties; people are struck by a disease which will lead to death if nothing is done to stop it, if the Saviour is not made use of again, Who alone can help them attain life. Yet people don't recognise their ailment, they don't call for the Physician, they are incapable of living and don't have faith while they still live their physical life, which is the only one they deem desirable.... The adversity is far greater now than it was when I came into the world, for people know Me and forgot about Me, people know about a Physician Who is able to cure them but they don't call on him, people don't call upon a Saviour and yet they stand on the brink of the abyss....

The night is dark and people don't see the light shining for them. Their thoughts certainly drift back to this time because it is tradition to think of Me just once, Who laid as a Babe in a manger. Yet they don't consider the significance of My arrival, because this requires a serious will and the realisation of spiritual hardship. I want to be a Physician and true Saviour again to anyone who calls upon Me in his heart; anyone who carries his sins to Me shall be forgiven by Me, to anyone who offers Me a loving heart I will bestow My blessing, with light and strength to recognise Me and to understand My act of Salvation, so that he can make use of it and so that I did not die on the cross in vain for him.... I came into the world.... Time and again I come to My children if only they accepted Me, if only they prepared the manger for Me in their hearts, if love enabled their heart to accept Me.... Like a true Physician and Saviour I would take effect in those who come to Me ailing and burdened by guilt, I want to release them from sickness and suffering, from darkness and sin, as soon as they merely consider Me and My mission on earth, as soon as they only believe in Me as the Redeemer of the world, Who took a tabernacle as His abode because He came to the poor, sick and weak who needed help in their adversity. Again I want to help and heal where I Am faithfully called upon as Saviour before the time is fulfilled, because it approaches its completion. Yet anyone who allows himself to be healed by Me need not fear the end for he will live in eternity....

Amen

Translation handled by Heidi Hanna

## The right physician and the right medicine....

B.D. No. 6844

June 3rd 1957

**T**ime and again you humans will receive what helps your soul's recovery, but it will only ever be offered to you, you will not be forced to accept it. And therefore many souls will remain ill and weak because they ignore what I constantly offer them in My Love: My Word, which is the best medicine for the critically ill soul. Your soul is already ailing when it begins its earthly life and shall take the path across earth in order to achieve complete recovery. But it can also leave earth again in the same state of weakness, in that case, however, it will still have to struggle for an infinitely long time until it achieves what it could easily have achieved on earth.... complete well-being, a state immersed in light and abundant strength, which makes it indescribably happy.

I Myself lived on earth as a human being in order to give you an example as to how to live a correct way of life on earth.... I knew all the weaknesses and shortcomings of a human being and have shown you how you can reach your goal despite your weakness and imperfection.... I instructed you, hence I spoke to you Myself, I offered you on earth the medicine by which you can be healed. Admittedly, I returned again into My kingdom but time after time My Word is made accessible to you, for I Myself speak through the mouth of My servants, My disciples, who speak on My instructions.... I Myself descend to you humans in My Word, I Am present with you in My Word, because I took pity on you when I saw your ailing and weak souls, because I know that you need a physician Who can heal you because He knows your condition and keeps the right medicine ready. Yet only rarely do you turn to this physician and thus remain in your weakness and cannot recover. And even if I speak to you, you don't listen and the short time of your life on earth is passing by without having made any spiritual progress.

And so I have to speak louder.... As a conscientious physician I must also undertake painful interventions in order to save your souls from certain death.... Remember this when you experience

things which appear cruel to you, which you are unable to reconcile with the 'love of a God'.... Remember that I do not force you to listen to Me but, if you refuse, I will speak to you such that you will have to hear Me.... Remember that even the most painful intervention is only based on My love for you. But if you give Me the opportunity to speak to you just once by thinking about the One, the Almighty, Who controls everyone's fate, then great danger will already have been averted from you. Then you will have entrusted yourselves to the Physician and Helper to some extent, and then He can also administer the right medicine by speaking to you and giving you instructions which, if you follow them, will surely save you from death.

I only want that you spend thoughts on Me, for only then will I be able to gain access to you, because then you will voluntarily open the door of your heart to Me through which I can enter and give you what you urgently need. And because I don't use any coercion I use other means which can direct your thoughts to Me. All distressing events, all kinds of misfortunes and even natural disasters are such means used for My living creations who hardly ever think of Me and their actual task during their earthly life, I pity them, for their ailing souls will still have much sorrow to bear if they do not strive for recovery while they are still living on earth. For I Am a God of love Who wants to see all His living creations be happy but Who also always respects His creatures' free will and thus leaves the shaping of its future fate to the soul itself....

Amen

Translation handled by Heidi Hanna

### **God's strength can also grant physical recovery....**

B.D. No. 7980

August 31th 1961

**Y**ou are truly offered something precious when I talk to you directly, and you will always be able to draw strength by just consciously opening yourselves to My emanation of love if you want to receive the ray of strength from Me, if you desire to be filled with strength from Me.... if you want your hunger and thirst to be stilled by the nourishment you receive from Me Myself. However, you are as yet unable to recognise the real value of My gifts of grace.... even though you willingly listen to Me, even though you belong to those who want to be nourished and have their thirst quenched by Me. Were you able to assess My greater than great love for you which constantly wants to make you happy and grant you gifts, you would also know that I only offer you gifts which have an extremely helpful effect on you.... you would know that I only offer you what will help you to attain perfection, to fully mature your souls, and you would only ever want that My gifts of love for you will not be limited. You would consciously open yourselves at any time in order to receive My gifts of grace, and you would become aware of an abundance of strength constantly flowing to you if only you have the will to receive it. You merely require profound faith in order to also become physically healthy through the strength of My Word....

But you do not possess this strong faith as yet and thus you must only ever strive to raise your degree of love.... When you are entirely permeated by love then you will only have space in your heart for My strength of love, then everything else will be pushed away and you will be so close to Me that you will feel My presence which will also let you become aware of the flow of strength.... And then your body and soul will recover.... Open yourselves again and again to the strength of love from Me.... keep turning your thoughts to Me and establish the connection with Me which facilitates an influx of My strength of love in you.... and know that you receive the evidence of My presence when I can speak to you. And don't undo this bond again but let it become increasingly more tender and, truly, you will feel it yourselves and no longer need to fear that you will lack strength.... Just believe, and I will not let your faith be destroyed.... open your heart and accept Me in it, and My presence will make you aware of the strength that pours into you, you will hear My Word and recognise it as an incredible gift of grace.... You will distinctly feel the strength of My Word, you will psychologically mature, and this raised state of maturity will also express itself in an increasingly stronger faith, and a strong faith

can achieve anything, it can also help the body to get healthy because nothing is impossible for someone who believes in Me, in My love and in My might....

Amen

Translation handled by Heidi Hanna

### **Patiently bearing the cross.... 'Lord, Your will be done...'**

B.D. No. 0648

October 31th 1938

**L**ook within yourself and recognise your failings and appeal to the Lord for His help, then you will grow in strength and succeed in enduring all tests of life gently and with patience. After all, the Lord's will only sends these to you for your own advancement.... A person will rarely submit to the suffering imposed on him without grumbling, and yet precisely this is a willing submission to God's will, when the human being gladly and gratefully accepts all suffering from the Father's hand and so only ever acknowledges that whatever happens will be right for his soul's salvation. When the pain increases, the Saviour is placing a small cross upon you which, for His sake, you should carry patiently. Such days will make the soul infinitely happy, for whatever is tolerantly carried by the body is removed from the soul and it will enter an increasingly more liberated state. The body's suffering is the soul's greatest help, and if the human being bears it gladly, the soul will be grateful for it and, in turn, will use every opportunity to help the body through inner suggestions which benefit the human being's earthly work. All suffering will only have an ennobling effect if it does not cause bitterness in the person against the One Who inflicts this suffering upon him, and thus it will only ever benefit the person's soul. And if the temptation is great to revolt against God's will, then remember the Lord's suffering on the cross.... How unspeakably painful was His death, and how humbly did the Saviour accept all suffering upon His shoulders out of love for the sinful human race. If you bear this in mind, then you will also gladly carry your small cross, for the Lord will not impose anything upon you that you are incapable of carrying. And the right love for the Saviour will sweeten your every suffering.... One day the significance of suffering will dawn on you and your soul will rejoice, if you were willing on earth and gained many merits through the bearing of suffering, which has an extraordinary effect in the spiritual world. Your lifetime on earth certainly burdens you with much which seems insurmountable to you at first, and thus you quarrel with God and want to object to His most sacred will; nevertheless, God's love will soon teach you otherwise.... it will let you realise that it is only in your best interest when He allows you to suffer, and your earthly existence will be richly rewarded if you have realised it. Therefore, always pray from the bottom of your heart 'Lord, Your will be done....' and your suffering will turn into joy.... and you will gratefully accept the reward which, one day in eternity, will compensate you for all the suffering on earth....

Amen

Translation handled by Heidi Hanna

### **Faith and trust in God's help.... end of suffering....**

B.D. No. 1944

June 8th 1941

**W**hatever earthly life may bring you, never forget Him Who is your father from eternity, Who loves you dearly, you who are His children and Who therefore wants to help you attain eternal bliss. How incomparably blissful the thought must be for you that you are always cared for by this love.... that God's eye watches over you and that His arm protects you from all hostile force. And if you are full of faith and entrust all your sufferings to Him, He will also take them from you and lead you through every danger, for His love does not want you to suffer. But if you do not reach your goal by other means, He will use the last resort, suffering, to help you. For a life of happiness and joy on earth means spiritual decline for you. But whatever comes, faith in His help will banish every disaster that tries to approach you from outside. You can face every trial fearlessly if you are a believer, and the adversary cannot test himself on a deeply believing person. Consequently, suffering is no longer necessary for him and so it will be taken away from him if he prays earnestly for it. And God knows

about all people's hardship, God knows about every individual soul's maturity, He knows about their earthly suffering and He will send active help when it is necessary. You just have to constantly try to establish contact with Him, you have to seek contact with Him in prayer, then you will also feel the power of prayer. You will be granted inner peace and then you will confidently hand over your earthly suffering to the father in heaven and all suffering will be transformed into joy, for your faith alone has helped you. The father knows all the sorrows of His children. But He also wants the children to approach Him for help, He wants them to flee to Him in all adversity in order to then be able to give all His love to these children so that they will recognize Him, so that they will long for Him, and then He will give His help in abundance to those who believe in Him, who love Him and confidently expect His help in faith in His infinite love....

Amen

Translation handled by Doris Boekers

## Blessing of suffering....

B.D. No. 3472

April 28th 1945

**A**nd anyone who submits to My will will find the most loving and faithful father in Me, for I will no longer leave him in the soul's distress. And if the soul is no longer in distress then the body will no longer need to suffer so either, although its substances can still spiritualize themselves through suffering and this signifies a faster upward development for the spiritual, which is still bound in the human being's external form. You humans don't know how much I would like to shorten the path which leads to Me and which has your final liberation as its aim.... You had to live on earth for an unspeakably long time before your embodiment as a human being, and this last period of development is only short and yet can result in your complete liberation if your will is directed correctly. And I want to help you to reach your aim on earth, that you turn your gaze to Me and walk the path together with Me until the end of your life, for then you will not be able to go astray.... But you often turn your gaze sideways and let yourselves be tempted by the attractions of the world.... Your will still strives for earthly goods which you desire, and you are in danger of falling into My adversary's sphere. And therefore I often have to nudge you to wake up and pay attention to the path again, so that you don't forget Me and call out to Me in times of need, so that your will will be directed towards Me again.... Yet as long as you don't stray from the path, as long as you raise your eyes to Me and strive to fulfil My will, I am tangibly close to you and watch over your every step, I guide you by the hand and lead you over all obstacles on the path which you, however, have to overcome because this promotes your ascent. But then nothing should frighten you, nothing should make you despondent or tired, for as long as you have Me as your companion through your will, which is turned towards Me, you will never be without strength. Again and again I will strengthen you, and even if you travel the path with difficulty you will nevertheless gain the greatest advantage for body and soul, for they will become more and more spiritualized and your end will be a blissful one.... And one day you will look back and recognize the blessing of the suffering you had to endure. For I truly only want the best for you, yet I cannot give you the bliss of eternal life as long as you are immature in spirit, as long as you cannot yet face Me completely cleaned and purified, for only My nearness is bliss for you, and this presupposes purity and sincerity, and I want to help you achieve this as long as you are still on earth, for My love for you is exceedingly great, it wants to shorten your suffering so that it will not be granted to you in the beyond, where you will suffer twice because then you will be powerless....

I take little pleasure in you having to suffer on earth, and My love would also like to spare you this suffering, yet then it would only be your disadvantage, for you could never ever attain eternal bliss, you could never ever be active in strength and freedom, and your fate would forever be that of prisoners.... powerless and bound in sin and eternally distant from Me. But My love for you is greater than My compassion, and because My wisdom recognizes suffering as the only means to win you back, to release you from bondage, you have to go through a hard school on earth and for a short time accept a fate which certainly seems difficult and unbearable to you and yet is only evidence of My love for you. But you yourselves have the power to reduce your suffering.... You yourselves can make

it bearable for you if you make an effort to fulfil My will, if you live in love.... For love is strength, I Myself am love, and if you practice love you will also be permeated by strength, and you need no longer fear that suffering will push you to the ground, for now you will overcome it together with Me, and I will truly not leave you without help if you have become My children through loving activity. Remain in love, then you will also remain united with Me, take part in your fellow human beings' adversity and put your own adversity aside, then you will reduce the suffering yourselves, you will not feel it, and earthly life will always be bearable, for then you will purify yourselves through love and not need the suffering so much to mature your soul.... As soon as you learn to recognize suffering as evidence of My love, as soon as you regard it as a means through which I try to change your will in order to make you blissfully happy, it will no longer affect you so painfully, you will bear it patiently and no longer rebel against fate, which seems hard to you but which can already shape you on earth into beings of light if you thereby find Me. But know that you are able to reduce it yourselves through love.... And thus use the time until the end.... Do everything to practice love and shape your heart so that I can take abode in it and thereby you will be filled with strength to overcome all opposition. For where My love can work there is no weakness, no despondency, no discouragement and no worry.... where I can work there is peace of mind, hope and strength and a constant feeling of security, for I lead My own by the hand, I protect them from the power of evil. And they feel My protection, they give themselves to Me with complete faith and let Me rule.... And I incline towards My children in a fatherly way and take care of them until the end of their lives.... until they enter the spiritual kingdom, where they will be unspeakably blissful in My presence for all eternity....

Amen

Translation handled by Doris Boekers